

THE Splash

LIBERTY LAKE'S COMMUNITY NEWSMAGAZINE
JUNE 2014

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Page 36

GREAT JOB AND
GOOD LUCK,
GRADUATES!
P. 29-32



NEW BUILDING
CONTINUES
GROWTH OF TECH
CAMPUS **P. 39**



REMEMBERING
THE MAN WHO
PASTORED A
COMMUNITY **P. 47**



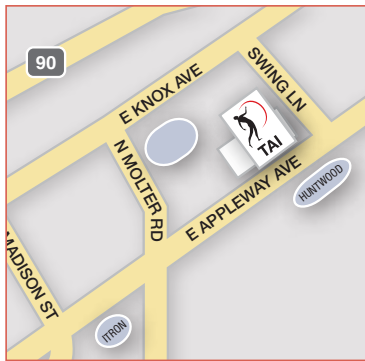
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Municipal maven

One of Liberty Lake's originals finding career niche in city management

By Craig Howard
SPLASH CONTRIBUTOR

When it came to balancing numbers and priorities in Spokane County's newest jurisdiction, Arlene Fisher was the right person at the right time.

Fisher was one of the original cogs in Liberty Lake's governance wheel following incorporation in August 2001 along with a group that included Mayor Steve Peterson, City Administrator Lewis Griffin, Police Chief Brian Asmus and Community Development Director Doug Smith. Fisher served as finance director and city clerk — and later director of finance and administration — through 2007, establishing a reputation as a savvy money manager as well as a catalyst of people and ideas.

Fisher arrived in Liberty Lake with a background that featured experience in the public sector, including time spent as the CFO of the U.S. Federal Court in



A Cup of Joe

Newsmaker Q&A

Spokane. She earned both bachelor's and master's degrees in public administration from Eastern Washington University. Her community involvement has spanned groups such as Rotary, Spokane Valley Meals on Wheels, Leadership Spokane and Holy Names Music Center.



FISHER

Fisher transitioned west to Cheney at the start of 2008, taking the reins as city administrator. On the West Plains, Fisher was integral to the

city's formation of a solid waste department and sewage treatment plant while

See MAVEN, page 4

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MAVEN

Continued from page 2

leading a successful effort to establish a utility tax fund for street and sidewalk preservation. Citizens approved the funding initiative at a margin of over 75 percent.

Fisher's leadership tenure in Cheney also included revamping the city's building, planning and code departments as well as procuring a \$500,000 grant for a new 50-acre park. She was at the forefront of a campaign to rebuild the community center and led the charge to hire a new police chief and bring police and fire communications in line with the latest technology.

Last August, the Washington City/County Management Association presented Fisher with the prestigious Award for Excellence at its annual conference. The honor recognizes a city administrator for innovation and success in a jurisdiction of over 5,000 residents.

Fisher made another geographic and career transition this March when she was named city manager in Mountlake Terrace, a suburb of Seattle with a population of 24,550. She was selected from a field of more than 50 applicants and now oversees a municipality with 168 employees, 10 departments and four utilities.

Fisher and her husband, Rich Maurer, have four grown children and three grandchildren.

The Splash caught up with Fisher recently to chat about her memories of being on the ground floor of Liberty Lake, the challenges of city administration and her new life west of the mountains.

Q. What do you remember about the early years of Liberty Lake?

A. The endless council meetings. One night, in particular, we were developing the city's

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NEWS

"Mission and Vision Statement" and it was 11:45 p.m., and I looked over at Charmaine Peterson (wife of Mayor Steve Peterson) and she was curled in a chair sleeping. I will never forget how committed everyone was to make sure we did everything right, and we wanted to be the model city. We achieved that goal.

I think my favorite or worst day was when Mayor Peterson bounced into my cubby and I was busy putting ordinances together, hiring staff, working on city policies and putting a financial system together and the mayor said, "Arlene, I want to build a library." I remember looking at him wondering if he'd hit his head somewhere along the way and couldn't see how busy I was just getting the urgent matters done. Then, he hands me a book titled, "Do it Right the First Time," and he said, "Here's our first book for the new library." I replied, "Not today, Mr. Mayor."

Today, you have your library, and I still have the book.

Q: We saw you last fall at the ribbon cutting for the Harvard Road roundabout. What are some of your impressions of Liberty Lake these days?

A: I drive through Liberty Lake when I'm visiting our Newman Lake home, and the pride is still in my heart. It's a city built with a common purpose of serving its residents. I still miss some of the great employees I used to work with. Liberty Lake is beautiful, well-run and a true gem in the Northwest. It's a top-notch, beautiful city.

Q: You went from being a director of finance and administration in Liberty Lake to the city manager in Cheney. What was that transition like?

A: Challenging and exciting all at once. Cheney is a full-service city with all utilities, including an electric utility. Cheney, as you know, is a college town and that's unique, but the experience I learned from that was invaluable. Having worked in both Liberty Lake and Cheney has prepared me for my current city challenge. Both Liberty Lake and Cheney were so opposite in many respects. Liberty Lake was only seven years old when I left. Cheney was over 125 years old when I started there. Each city had their own set of challenges and successes.

Q: Tell us about your latest career move. It's taken you across the mountains or to "the coast," as many of us east of the Cascades like to call it.

A: I joined the city of Mountlake Terrace on March 3. Rich and I moved on Thursday, Feb. 27, and I started work on Monday, March 3. Mountlake Terrace is in Snohomish County and about 12 miles north of Seattle on the I-5 corridor. The city's population is approximately 24,000. Although Mountlake Terrace is a bedroom community, it's also home to Premera Blue Cross and Swedish Medical

Center, both with over 5,000 employees.

Q: What sort of city is Mountlake Terrace? How does it compare to other jurisdictions you've worked for?

A: Mountlake Terrace is a full-service city, meaning we have all utilities, police, library, a very large parks and recreation program with an aquatic center and we contract for our fire services. Edmonds School District provides the educational services. The city has 168 employees and we are a strong-mayor form of government — hence the city manager position. By comparison, it's the largest city I've managed and it's also an urban city with a very diverse population. That said, the residents want much of the same as any community — a safe place to live, a feeling of security, beautiful parks, recreation programs to serve all ages from birth to seniors, walkable destinations, diverse outdoor activities and, of course, dog and family activities and lots of dog parks. They want multi-mode transportation like transit and light rail and miles and miles of bike lanes. Even with all the differences, one element remains the same — they want a community they can be proud of and a place to call home. My passion is to ensure that happens.

Q: For those who may not know, what are some of the primary responsibilities of a city manager?

A: It's similar to what my former Mayor Peterson does — "the buck stops with him." In my position, the "buck stops with me." In my position, I have the authority to hire and fire employees. While one might think that's easy, it's quite the contrary. It's a tremendous amount of responsibility. Overall, I'm responsible for all aspects of running a city and, most importantly, carrying out the mayor and City Council goals.

Irrespective on how big or small a city may be, one thing remains the same — everyone expects and deserves cost-effective and efficient government, whereby the finances are managed prudently and maintaining the city's financial sustainability is priority one.

Q: What do you enjoy most about being a municipal administrator?

A: I've always said, at the municipal level, you have an opportunity to affect positive change, and that's what I love about it.

Q: Finally, what sort of legacy do you think you and the inaugural leaders of Liberty Lake left on the city?

A: The legacy left was building Liberty Lake's foundation and, from that, the city has endless opportunities and potential for generations to come. Looking back, I was truly blessed to work with some of the most dedicated people I've ever known. At end of the day or end of a meeting, it was always about what's good for our community.

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NEWS

Police Report

The following incidents and arrests were among those reported by the Liberty Lake Police Department from April 21 to May 19. The report is listed in chronological order.

Incidents and arrests

• **Golf cart accident** — At 6 p.m. April 21, LLPD was dispatched to an accident at the 24000 block of East Maxwell Avenue. A complainant reported four juvenile subjects were driving a golf cart on the sidewalk and had run into a utility box. Upon contact, it was reported by the driver of the golf cart that she was waving at some friends and wasn't paying attention when she ran into the utility box. The parent was called and arrived on scene, at which point the officer advised him of the ordinances pertaining to the use of golf carts.

• **Assault** — A 19-year-old Liberty Lake man was arrested at 11:09 p.m. April 21 at the 22000 block of E. Country Vista Drive for assault. He reportedly made contact with an ex-girlfriend whom he was trying to work things out with. During the contact, a witness reported that he pushed the girl. An officer made contact with the man and cited him for assault.

• **Assault** — A 52-year-old Liberty Lake man was arrested at 8:08 p.m. April 26 for assault. A complainant called to report that the man was intoxicated and had become irate when a girl walked between his recliner and the television. He proceeded to push the girl down on the couch and threatened to throw a plate of food at her. When officers made contact with the man, he was observed to be very impaired and slurring his speech. He was arrested for assault and booked into the Spokane County Jail.

• **Alleged abuse** — At 11 a.m. May 4, LLPD received a report of child abuse at the 23000 block of East Sinto. The complainant reported he suspected his babysitter was being abusive to his child and had audio recorded an incident as proof. LLPD was awaiting this evidence at the time of report.

• **Argument** — At 3:28 p.m. May 4,

LLPD responded to the 20000 block of East Meyers Avenue in regards to a domestic violence argument. The complainant reported he and his wife had had a "rough six months," losing four family members. He reported his wife was highly intoxicated, and he was trying to prevent her from leaving. When an officer arrived, the subject was found on the roof of the house. The officer made his way out a window and onto the roof, where he escorted the subject back inside the home before transporting her to an area hospital.

• **Fraud** — At 8:35 a.m. May 5, LLPD responded to the 1500 block of North Colonial Court for a fraud. The complainant reported she met a man via "Flirt-O-Matic" in September 2013 and had begun an intimate relationship with him through messages. The subject told the complainant he resided in San Diego and was an electrical engineer. He said he was a widower and was traveling to Cambodia for work. The subject asked the complainant to mail packages for him in his absence to which she agreed as she trusted him. The complainant reported she mailed approximately five packages containing BlackBerry phones to Africa for the subject. The complainant reported her bank recently contacted her and advised someone had tried to deposit \$4,500 into her bank account. They also advised she was the victim of a "sweetheart scam." The complainant proceeded to contact law enforcement. This case was referred to the detective.

• **Traffic accident** — At 12:24 p.m. May 6, LLPD responded to a traffic accident at the 25000 block of East Hawkstone Loop. The complainant reported a commercial vehicle carrying lumber was involved in an accident and was upside down on the roadway. The driver of the vehicle was transported to an area hospital for back and neck pain. The lumber was removed from the roadway and Washington State Patrol inspected the 26,000-pound vehicle when it was back upright.

• **Assault** — A 25-year-old Liberty Lake woman was arrested at 3:45 a.m. May 8 at the 22000 block of East Country Vista Drive for domestic violence assault. Officers arrived after it was reported yelling could be heard inside the apartment. Upon contact, an officer observed a male subject to have a significant scratch running down the length of his face. The female involved was identified and arrested for domestic violence assault before being booked into Spokane County Jail.

• **Assault** — A 52-year-old Liberty Lake woman was arrested at 2:50 a.m. May 10 at the 21000 block of East Country Vista Drive for domestic violence assault. She was found to have "upper cut" her boyfriend three times after an argument over an ex-girlfriend. Both subjects involved were highly intoxicated upon contact. She was booked into the Spokane County Jail.

• **Theft** — At 7:37 a.m. May 12, LLPD responded to East Stonecrest and North Wilmington streets for a theft. The complainant reported that upon arriving to work, he observed his tool box with an estimated \$2,700 in tools had been stolen. The incident was placed under investigation.

• **Report of rape** — At 12:49 p.m. May 12, LLPD responded to the 21000 block of East Country Vista Drive when a complainant reported her son had come home from a visit at his father's and told his brother that a child in the father's residence has molested him multiple times. The matter was placed under investigation.

• **Assault** — A 46-year-old Spokane man was arrested at 11:24 a.m. May 13 at North Madson Road for assault. A complainant from the hotel reported receiving a call at the front desk and hearing a woman screaming in the background. An officer arrived at the location and observed a male walking toward East Appleway Avenue. The male was identified by witnesses to be involved. Upon officer contact, the man was questioned and reported he had

Calls for service

Reported by the Liberty Lake Police Department April 21 to May 19

Agency assist	1
Alarm	2
Assault	3
Attempt to locate	1
Child abuse or neglect	1
Citizen assist	1
Disorderly conduct	3
Domestic violence	2
DUI	4
Fraud	1
Fugitive	3
Harassment	1
Lost or found property	1
Not classified	1
Obstructing justice	1
Property theft	4
Statutory rape (no force)	1
Suspicious person/circumstance	4
Traffic accident	4
Traffic offense	11
Trespassing	2
Welfare check	5

Citations

Reported by the Liberty Lake Police Department April 21 to May 19

Assault	5
Driving without license/ID	2
DUI	3
DWLS	11
Expired registration	7
Failure to stop at red light	1
Following too close	1
Ignition interlocks	2
Illegal use of studded tires	2
Liability insurance	1
Obstructing law enforcement	1
Speeding	6

thrown food into the toilet of the hotel room, and that's it. An officer spoke to the victim who reported she had scratched the

See POLICE, page 7

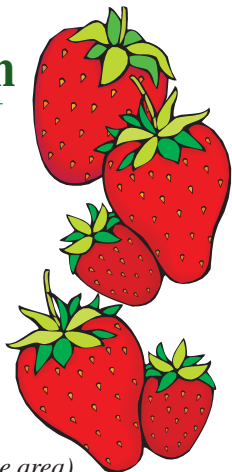
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NEWS

POLICE

Continued from page 6

man while he was holding her down on the bed and pushing her. The victim reported she had come to the room with breakfast and the man became irate and started arguing with her about something. He then threw the food in the toilet and assaulted her. Witnesses reported hearing the victim screaming from inside the room. The man was arrested for assault and transported to the Spokane County Jail.

• **Obstruction** — A 76-year-old Valley, Wash., man was arrested at 2:22 p.m. May 13 for obstructing. During a traffic stop, an officer observed the passenger in the vehicle the man was driving to be scared. The officer requested the driver step out of the vehicle and asked where he was coming from. The man reported he and his passenger had just left the casino. It was reported to the officer by the passenger that the man takes her to the casino and buys her drinks and pays for her gambling if she has sex with him. The female subject reported she was scared as the man is forceful and asked that officers not leave her with him. After an officer questioned the man regarding this information, and he persisted in lying to the officer about who the passenger was and what her name was, he was cited for obstructing a law enforcement officer. The passenger was taken to an area hospital at her request.

• **Theft** — At 7:19 p.m. May 16, LLPD responded to the 1200 block of North Liberty Lake Road for a theft. The complainant reported two juvenile males entered the store and stole a total of \$25.71 in alcohol. As one of the juveniles was known to management from previous incidents, his parents were contacted. The matter was referred to the detective.

• **Runaway** — At 3:28 p.m. May 18, LLPD responded to North Liberty Lake Road and East Settler Drive for a welfare check. The complainant reported her child had run away from home and was currently on the side of a nearby hill. Officers made contact with the youth and took him home.

• **Repeated theft** — At 9:32 a.m. May 18, LLPD responded to the 1200 block of North Liberty Lake Road for a theft. The complainant reported that a known male had come into the store the previous night and proceeded to put \$210.91 of alcohol, along with some perishable items, into a basket before running out the back of the store through an emergency exit. At 9:55 p.m. that same day, LLPD responded to the store again when the same suspect was reportedly back in the store and in the liquor aisle. When management approached him, the male ran out the back of the building with three unknown bottles of alcohol. The incident was placed under investigation.



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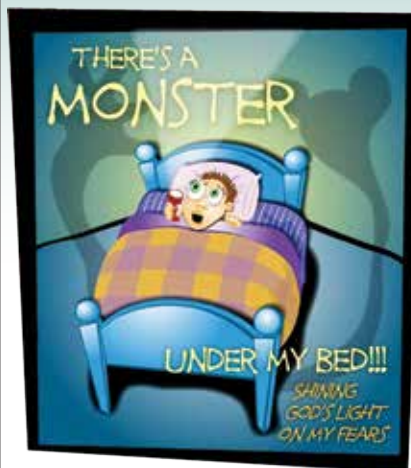
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NEWS

Town Square Park receives long-awaited green light

By Craig Howard
SPLASH CONTRIBUTOR

After years of debate and discussion, the scruffy field in the heart of Liberty Lake will finally be transformed into a destination point.

City Council approved the long-anticipated Town Square Park project by a vote of 5-1 during its May 20 meeting at a price tag of just under \$730,000, well below the budget of \$785,000 approved last year. Construction is expected to start in early July

and be completed in around three months.

“The motion carries; we’re building a park,” said Mayor Steve Peterson after the council vote.

The lone dissenting vote was cast by Council Member Odin Langford, who expressed concern with the inclusion of an entry arch, priced at just under \$24,000. Langford and fellow Council Member Keith Kopelson were outvoted by their colleagues 4-2 in an earlier vote to remove the expenditure from the proposal.

under budget.

- City Administrator Katy Allen announced that structural repairs to the roof at the Liberty Lake Library were completed at a cost of around \$20,000. She commended Baker Construction for their professionalism and responsiveness in addressing the project.

- In related news, council unanimously approved Ordinance 209C, establishing a Building and Equipment Contingency Fund to address issues such as the roof repairs. The program will draw from monies in the general fund and begin with a balance of \$125,000.

- A municipal open house was held at City Hall on May 15.

On the Docket (June)

- Council is expected to award contracts for parking lot lighting and a shade structure at Pavillion Park.

- The Liberty Lake Police Department will present its annual report at the June 3 council meeting.

- Council will hear Spokane Conservation District Project updates from Walt Edelen, water resources manager.

- A closed record public hearing will take place on the Courtyard at River District preliminary plat at the June 3 meeting.

- Council will address a resolution authorizing and adopting a six-year Transportation Improvement Program for 2014-2020 on June 3.

- The Liberty Lake Municipal Library Board of Trustees will present the library’s annual report at the June 17 council meeting.

- A workshop on a pair of funding mechanisms in the River District — Tax Increment Financing (TIF) and Local Infrastructure Financing Tool (LIFT) will take place at the June 17 meeting. Finance Director R.J. Stevenson will conduct the discussion.

- Police Chief Brian Asmus and City Attorney Sean Boutz will present an overview of marijuana regulation options at the June 17 meeting.

Another topic of debate included the addition of a parking area near the Greenstone building just to the west of the park site on Meadowwood Lane. City Administrator Katy Allen indicated on May 20 that Greenstone was willing to cover the costs of nearly \$23,000 to pave 17 new spaces. Langford questioned why the council was learning of the agreement so late in the process.

Allen responded by saying the development company had been planning to add parking and the potential collaboration emerged during design discussions involving the park. She added that the parking will be considered public and not be limited to Greenstone employees or visitors.

“We’ve done our best to keep everyone informed, and I apologize if it seems like this is last minute,” Allen said. “Greenstone was going to address it themselves, and the city added to the project to get the price.”

Peterson said Greenstone’s participation was based on the company “looking at this as a benefit to the community.”

The Town Square Park concept was designated as one of three primary City Council priorities at its retreat last July. In September, Allen presented the governing board with what she called “an historical perspective” on the land and the variety of visions that have surrounded it. When the city’s comprehensive plan was approved in 2003, the document prioritized the need for “a public presence in the central business district.”

The city purchased the 6.4 acres along Meadowwood Lane for \$1.75 million in 2005. Talk of transforming the property into the site of a community center and library complex faded quickly after a \$9.8 million capital bond was resoundingly defeated at the ballot in April 2008.

In March 2012, the city hosted an open house to discuss design options for the property, with the anticipated cost hovering around \$850,000. When a state grant fell through later that year, discussions quieted again.

During the design phase, Town Square Park has been compared to other centrally located greenspaces like McEuen Park in Coeur d’Alene and Riverfront Park in downtown Spokane. Proponents of a civic site also pointed to the value of developing the acreage that serves as a backdrop to the Liberty Lake Farmers Market for nearly half of the year.

The city will fund the project primarily through \$580,000 from the real estate excise tax as well as \$81,000 from the Spokane Transit Authority as part of an agreement to add parking at the nearby Park-and-Ride. The balance of the cost will be covered through the Greenstone contribution and \$25,000 from aquifer protection/stormwater funds.

“I think this will be a great asset to our

community,” Council Member Dan Dunne said.

Olander steps down

The Liberty Lake City Council added the task of appointing a new colleague to its ranks last month.

Lori Olander, who was appointed in June 2012 to replace Susan Schuler, announced early in the council meeting on May 6 that she would be resigning from the governing board, effective immediately. Citing the demands of her work schedule, Olander apologized for erratic attendance in the early part of the year.

“I take this very seriously and want to do a good job,” Olander said. “I can’t do that when I’m not showing up for meetings.”

Olander added that she would be donating two months of her salary as a council member — \$800 — to the city for the acquisition of a bike rack.

Olander earned just over 56 percent of the vote to defeat challenger Debbi Haskins in the general election for council position 1 last November. She has been an outspoken critic of the utility tax and lobbied for the idea of community sports fields. City Administrator Katy Allen acknowledged Olander’s role in the successful campaign for the Liberty Lake Ball Fields — now under construction.

“We appreciate your dedication and service to the community,” Mayor Peterson told Olander after her announcement. “You brought insights and debate to council.”

The process of selecting Olander’s replacement will follow the same protocol as previous appointments. Prospective appointees must be residents of Liberty Lake and apply with the city. A special meeting of the City Council has been scheduled for June 10 to interview applicants with the decision on Olander’s successor expected that night. The deadline for applications is 4 p.m. June 2. Only one application had been received as of the May 20 meeting. Candidates can pick up applications at City Hall or download the document from the city’s website.

Allen noted that an appointment in early June would allow the newest addition around the dais to attend the Association of Washington Cities annual conference, set for June 17-20, in Spokane.

City to take on sign code

The May 6 meeting also included a preliminary discussion of the city’s sign code, a document that has drawn criticism from representatives of the business community for its conservative tone since it was implemented a dozen years ago. Allen said the city is looking at readdressing the code based on “concerns from businesses and citizens.”

“Questions come up almost weekly about

See COUNCIL, page 10

IN THE BOOKS, ON THE DOCKET

A look back and ahead
at news from City Council

By Craig Howard
SPLASH CONTRIBUTOR

In the Books (May)

- The City Council voted May 20 to cancel its regular meeting originally scheduled for July 1.

- Larry Larson, project engineer with the Washington State Department of Transportation, reported that a repaving project on Interstate 90 from Barker Road to the state line would commence July 7. The work will take place at night and run through August.

- City Engineer Andrew Staples introduced the six-year Transportation Improvement Program required of cities by state law. The city has set aside \$19.3 million for capital projects from 2015 to 2020 and \$2.9 million for preservation work.

- Steve Skipworth, commissioner with the Liberty Lake Sewer and Water District, encouraged citizens to be “good stewards of water” as the warm weather descends. LLSWD provides free consultation related to efficient water use, such as advice on the installation of timer-operated sprinkler systems.

- Finance Director R.J. Stevenson told council that the city has gone from five voting precincts to eight. The decision was made by the Spokane County Elections Office as a way to better track ballot results.

- Stevenson reported that sales tax for 2014 is up 10 percent from last year and added that revenue from the Trailhead at Liberty Lake golf course totaled \$47,106 so far this spring, despite soggy weather.

- In other news from Trailhead, repairs to the banquet facility and restrooms on the lower floor have been completed along with improvements to the driving range. Both projects came in



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NEWS

Enlisting *hope*

GriefShare a source of strength for those impacted by loss

By Craig Howard
SPLASH CONTRIBUTOR

When Shane Brickner lost his brother unexpectedly in early 2007, he found himself drifting in a fog of anger and confusion.

Greg Smelcer died that January after being hit in the face during an altercation at a bar. Smelcer fell backwards after the contact, hitting his head and causing bleeding on the brain. He was rushed into surgery but passed away that night. He was only 36 years old.

"I hit rock bottom," Brickner recalls. "I didn't know how to deal with it. I stopped caring and just sort of shut down emotionally."

The isolation had a ripple effect on all of Brickner's relationships. He and his wife nearly separated. Clutching for hope, Brickner reached out to his church, inquiring if a support group was available for those coping with loss.

It wasn't, but Brickner learned about an established nationwide program called GriefShare, organized to provide support and encouragement for people dealing with the death of loved ones. Brickner went through training with GriefShare and launched a local group at One Church in Spokane Valley.

It was around then that the mist began to lift.

"You're surrounded by people who understand what you're going through," Brickner said. "This group not only teaches you to deal with your current loss but helps you deal with loss in the future. By not dealing with it, this can affect your personal life and work. Dealing with grief is like physical therapy. It may hurt at the time but you are stronger for it in the end."

The latest incarnation of GriefShare convenes each Monday evening at Valley Real Life, a church in east Spokane Valley. Sessions start at 6:30 p.m. and run for about 90 minutes. Participants can start at any point during the 13-week course, which includes a video segment at the beginning of each class, followed by a group discussion. Attendees can participate in the conversation or simply listen.

Dave Miller, who lost his father a year ago and joined the group in March, said Brick-



SPLASH PHOTO BY CRAIG HOWARD

Marilee Lynd and Shane Brickner serve as co-facilitators of GriefShare, a support group for those who have suffered the death of a loved one. Brickner started the local chapter of GriefShare after losing his brother in 2007. More recently, he is dealing with the death of friend and colleague Sgt. Clint Gibson of the Liberty Lake Police Department.

ner brings a valuable degree of empathy to each conversation.

"Shane's experiences make it more meaningful," Miller said. "He's been through it. He's not just a facilitator."

Like others in the group, Miller talks about dealing with grief as an ongoing process. Many describe the experience as "taking two steps forward and one step back." Brickner emphasizes that everyone handles sorrow in their own way.

"Grief is a journey," he said. "Go at your own pace."

Brickner started down the path again recently following the death of his friend, Clint Gibson, on April 25. The funeral service for the longtime Liberty Lake police sergeant was held at Valley Real Life on May 2. Brickner served alongside Gibson on the LLPD force as a volunteer officer and shared a number of hobbies and interests with his friend.

"I feel like I lost a brother," Brickner said. "The first emotion I went through was disbelief. I keep thinking I will wake up tomorrow and see him."

Sifting through sorrow is part of the healing passage, Brickner said. A recent GriefShare video described how denial of the impact is "like ignoring the symptoms of a disease." In contrast, facing the grief constructively acts as treatment, restoring hope and awareness of the good that remains.

Frank Romero joined GriefShare after reading a story about the program in a local publication. He has utilized some of the lessons from the program to help a neighbor dealing with a recent loss.

"When I'm here, I get healing from everyone around me," said Romero, whose wife passed away four years ago. "I suffered for quite a while before I had a place to go. Little by little, it's really helped."

Marilee Lynd serves as co-facilitator of

FOR MORE ...

GriefShare meets at Valley Real Life Church, 1831 S. Barker Road in Spokane Valley, each Monday at 6:30 p.m. To learn more, visit www.griefshare.org or contact Shane Brickner at 993-8276 or at shane.brickner@hotmail.com.

the group along with Brickner. She discovered GriefShare after losing her 10-week-old granddaughter in 2009.

"This group understands what it's like to face that pain," Lynd said. "It helps you move forward. You're not the same person when you come back the next time."

Those in the group can call Brickner or Lynd outside of the group sessions to talk. A workbook is provided to assist with note taking and journaling throughout the 13 weeks. Faith-based principles emerge throughout the curriculum, but Brickner says, "you can take the key concepts whether you're religious or not." A GriefShare daily devotional is available by email.

"I do try to emphasize I tried it on my own but was stronger with God," he said. "Some people are angry with God after a loss. I say that's better than nothing. It means you don't understand this and you're reaching out for answers."

As he copes with the void left by Gibson, Brickner said he is thankful for the refuge and reinforcement he finds at the start of each week.

"We are like a second family," Brickner said. "I like that people have a safe place to face their emotions head on. When my brother died, I knew I could let it destroy my life or turn it into something positive. Finding out a way to help others has helped me heal."

COUNCIL

Continued from page 8

signage," Allen said. "We would like to simplify the sign code and address some of the new technology out there."

Allen said the city has had conversations with the local firm of Studio Cascade about consulting work that would include an inventory and assessment of the existing code as well as discussions with community stakeholders. The process would involve a public workshop and the city ultimately emerging with "a preferred direction."

"We've talked about establishing a form-based code instead of a prescriptive code," Allen said. "We want to make sure it works for the community and the businesses."

Mayor Pro Tem Cris Kaminskas agreed that taking steps to simplify the code made sense but warned against sacrificing aesthetic standards that have become a trademark of Liberty Lake.

"I don't want to end up looking like Sprague or Division," Kaminskas said.

In response to a concern from Council Member Shane Brickner about the idea of bringing on an outside consulting company to evaluate the code, Allen said Studio Cascade would "give us objectivity and smart sense that we don't have on staff."

"There are a lot of legal implications, current trends and smart policy surrounding signage," Allen said. "We want to make this code better. I see it as an expense that is an investment."

Allen will present an overview of Studio Cascade's proposed survey on signage at the June 3 meeting.

Solid waste update

Allen said at the May 20 meeting that the city will have a better idea on the future of solid waste disposal after May 27, when the request for proposals from private companies is due. Spokane County, which took over the regional solid waste program from the city of Spokane, had set May 31 as its deadline for area jurisdictions to provide an answer on a proposed interlocal agreement.

Liberty Lake has issued an RFP for price comparisons along with the city of Spokane Valley, Airway Heights, Deer Park and Millwood.

Allen said she would let the county know Liberty Lake would likely have an answer by the next council meeting on June 3.

"It's getting pretty complicated as we head down the stretch," Allen said. "I think the county is concerned that cities aren't signing on and cities are concerned because they don't have a price. We want to put our best foot forward and do what's best for our citizens."

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NEWS

Green space and pedestrian safety highlight 2014 construction

By Eli Francovich
SPLASH CONTRIBUTOR

The slate of 2014 construction projects in the city of Liberty Lake range from parks to pedestrian crossings.

One of the major projects is already well under way: the Liberty Lake Fields. City Engineer Andrew Staples said the fields, located next to Liberty Lake Elementary School between Boone and Country Vista, will feature a pair of new baseball diamonds and 48 new parking spots. Construction started in April and is projected to cost approximately \$750,000. Staples said it will be completed sometime before the end of fall.

Closer to the commercial portion of Liberty Lake lies the Town Square Park project, which borders the traditional Liberty Lake Farmers Market area along Meadowwood Lane. Officially approved May 20 by the Liberty Lake City Council, the park will provide more public green space for Liberty Lake residents, while also helping with parking issues.

“So while during the daytime it will be facilitating additional parking for STA users, it will also be a new facility for the Farmers Market,” Staples said, adding that the bathrooms planned for the park will help as “the adjacent businesses won’t have to worry about the public coming in and using the restroom.”

(For more on the Town Square Park project, see the City Council story elsewhere in this issue.)

In addition to the new green space, Staples said the city is working on installing three to five more flashing pedestrian crosswalks at strategic locations in the city. Two such crossings are already in place and feature flashing lights, activated by a pedestrian pushing a button. The whole system is solar powered and costs around \$13,000



SPLASH PHOTO BY TAMMY KIMBERLEY

Among a list of projects large and small being constructed in the city of Liberty Lake this year, this reading garden was recently completed at the Liberty Lake Municipal Library. A June 15 event has been scheduled to celebrate the new feature.

to install.

“There are a few pedestrian crossings we feel would be much safer if they had extra indication,” Staples said. “We are just trying to enhance the safety of our pedestrian crossing. It’s something our citizens value greatly. We have a fantastic trail system with lots of walkways.”

The two installed have already proven useful, he said.

There will also be upgrades to the Rocky Hill Park storage facility. This project, Staples said, won’t affect the average citizen. Instead, it’s just improving the existing barn to outfit it for equipment storage.

There will also be new shade structures installed at Pavilion Park, and a reading garden at the library is finished and awaiting its formal dedication in June. Following a precautionary closure of the library in

April because of roof deficiencies, the city recently finished re-roofing both the police department and the library.

Following a busy 2013 highlighted by the construction of a new roundabout and resurfacing of significant portions of Mission and Valleyway avenues, 2014 is quiet by comparison on the street front. Staples said thanks in part to grant funding, 2015 is being targeted as a year for improvements to one of the city’s most traditionally traveled thoroughfares: Appleway Avenue. The improvement will focus mostly on visibility and pedestrian access, he said.

“We will be putting in some islands, while still allowing access to the businesses,” Staples said. “We will be putting in some safe pedestrian crossings. We will be installing street lighting down the medians. Right now, it’s very dark, and it’s very wide.”



Construction safety tips

With construction season in full swing, including work at the Liberty Lake Ball Fields site, here are a few reminders for staying safe this season:

- Any area that is marked with caution tape or other barrier is considered off limits to the public for safety reasons. Oftentimes, work will look complete — such as newly installed playground equipment — but concrete work or other items may not be strong enough for use and could be unsafe.

- When construction activity is taking place, always pay attention to your surroundings. This may mean refraining from texting and other distracting items while near a construction zone. Workers are trained to watch for pedestrians, but safety is also a personal responsibility.

- Listen for backup alarms, horns, voices and other audible queues. All of these could be trying to keep you safe from potential hazards.

- If you are uncertain whether it is safe to enter something that looks like a construction zone, it is better to avoid a potential hazard than to chance potential injury. Occasionally barriers are taken down by those not involved in the construction work, and it can appear safe to enter a site when it really is not.

- Stay well away from any open ditch. These are typically marked with safety tape or other barricades for good reason. Soils surrounding a ditch can come loose and collapse.

- Pay attention to and obey construction traffic signs and flaggers. Both are doing their best to keep you safe.

- If you do see something that appears unsafe or questionable, please call City Hall during business hours at 755-6700 and the on-duty police officer’s phone at 218-4899 after hours. As always, if there is an emergency, call 911.

— Source: Andrew Staples, city engineer for Liberty Lake

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NEWS

CVSD pursues former Yoke's

Decision part of larger facilities blueprint

By Treva Lind
SPLASH CONTRIBUTOR

As part of a broad facilities planning process under way, the Central Valley School District is exploring the purchase and renovation of the former Yoke's along Sprague, both to save money and offer some solutions, Superintendent Ben Small said.

On March 3, the district's school board gave approval to starting a 120-day sales agreement process to evaluate the nearly 6-acre property at 16 N. Progress — and potentially buy it for \$2.375 million with loan funding or nonvoter bonds. Small expects a final board decision after analysis by early July.

If finalized, the 63,169-square-foot building could be a future home for two programs: the Central Valley Early Learning Center currently in the old U-High at 10304 E. Ninth, and Barker High School, now in the former Blake Elementary at 13313 E. Broadway.

Renovations for the Early Learning Center at the old Yoke's could start this summer, pending final approval, with a target to move the center there as early as December, Small said. Under plans to move Barker High to the site later, Summit School would then move to the vacated Barker space on Broadway, perhaps by fall 2016.

These moves create space for temporary



SPLASH PHOTO BY TREVA LIND

A long-time grocery store site at Sprague and Progress in Spokane Valley is being evaluated as a potential cog in the wheel of the Central Valley School District facilities plan.

student housing in the former Keystone Elementary currently housing Summit, and in the old U-High, for students displaced by any future renovations at other schools. The district is considering a package of proposed projects under a capital facilities bond package requiring voter approval in February 2015.

“With our capital facilities planning, we've been working about four years straight on getting a solution to our facilities issues,” Small said, adding that recent online “virtual town hall meetings” called ThoughtStream drew 2,000 participants in a facilities conversation platform.

The district is gathering widespread input to help shape a package of capital projects being considered for the February 2015 construction bond ballot measure. The school board is scheduled this month to vote on what to place in that bond package for voters to consider.

In its capital facilities forum information, the district said student enrollment is growing, requiring more portable classrooms and busing issues. Many of its 23 schools are

more than 30 years old, costly to maintain, outdated and have security concerns, its report said. Over the past decade, enrollment in Central Valley schools has increased from 11,338 to 12,837. Following a pause during the Great Recession, enrollment is growing with 400-plus new students over the past two years.

As a more immediate step, the district is considering a few short-term funding options to buy the Yoke's and initially renovate areas for the Early Learning Center, Small said. They include: a traditional bank loan, a state treasurer's capital asset lending program or non-voted bonds paid back over time from the learning center's sources of revenue, which include federal funding to offer early childhood programs.

The cost to remodel part of the former Yoke's for housing Barker High School, which has about 200 students, likely would need to be funded as one of the projects within the construction bond measure needing voter approval, Small said. “We don't have the funds to modernize Barker without the bond passing, so we do have to make an investment there,” he said.

“We have three programs in what I'd call less-than-ideal conditions,” he added. That includes the Early Learning Center with its preschool, Early Childhood Education and Assistance Program (ECEAP) and special education programs that are housed in an aging high school structure. It serves about 360 young children. Barker, as a high school, is inappropriately housed in an elementary school facility, Small said.

Meanwhile, the former Keystone Elementary building that has Summit School and the home-school partnership program SVLA, aren't in an ideal setting either, he said.

“The Yoke's building provides a permanent home for the Early Learning Center, built and designed and constructed for their needs,” Small said.

The subsequent moving of Barker and Summit would free up the Keystone site to house students temporarily, likely staggered for proposed modernization projects at different times for Chester and Ponderosa elementary schools, he said. The old U-High site could be used temporarily to house Evergreen Middle School students during Evergreen's proposed remodeling.

“It saves us temporary facilities' costs,” he said. “We estimated we will have \$6 million savings instead of using portables for temporary housing, maximizing the use of taxpayer resources by avoiding the expense of purchasing and installing dozens of portables.”

Keystone is another example of an aging building, however, he said. A major water leak closed the school on May 9. “We have many buildings like that that have been maintained very well but they're past their building life,” Small said. “Yoke's is key to moving Summit to a home they could expand and grow in and is an appropriate environment for them.”

Small said that because of building deterioration, the old U-High's future will need to be evaluated by the district, after its temporary use during proposed construction at other schools. Valley Christian School leases space at the old U-High that isn't used by the Early Learning Center, he said.

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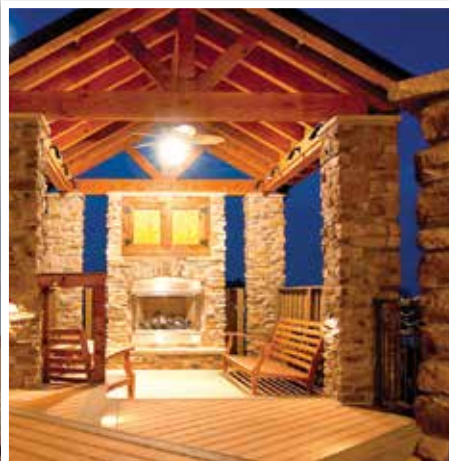
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Calendar of Events

COMMUNITY EVENTS

June 6 | Yard Sale Guide registration deadline For those planning to participate in the June 14 yard sale, be sure to register by this date in order to be included in 10,000 copies of the official guide. Cost is \$10 if registering online, and all registration fees go toward the Kiwanis Club of Liberty Lake to support the event and community. For more: www.libertylakesplash.com/yardsales

June 6 | Engaging Fatherhood Conference & Resource Fair 8:30 a.m. to 4 p.m., Family of Faith Community Church, 1504 W. Grace, Spokane. Liberty Lake resident Susie Leonard Weller will be providing the keynote address on "Fathering is Different From Mothering... and Both are Needed for Whole-Minded Parenting" at this free event for fathers and mothers. She will also be leading a workshop titled "Why Does My Child (or I) Act Like That?" For more: www.facebook.com/Spokanedads or 363-4838

June 9 | Relay for Life meeting 5:30 p.m., Liberty Lake Community Theatre, 22910 E. Appleway. Team captains are invited to meet at 5:30 p.m.; the planning committee will meet at 6 p.m. to plan for the July 18-19 event. For more: www.facebook.com/libertylakerelay

June 12 | Words and Wine Book Club 4 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. For more: 232-2510

June 14 | Liberty Lake Community Yard Sales 8 a.m. to 4 p.m. Organized by the Liberty Lake Kiwanis, the sale typically involves hundreds of homes. For more: www.libertylakesplash.com/yardsales

June 14 | Summer Reading Program signup begins 10 a.m. to 4 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. All ages are invited to register for the summer reading program with a science theme. For more: 232-2510

June 14 | Library book sale 8 a.m. to 3 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. Held by the Friends of the Liberty Lake Municipal Library, the sale will feature a wide selection of both children's and adult books. For more: 232-2510

June 15 | Father's Day

June 15 | Library reading garden dedication 3 p.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. All are invited to celebrate the official opening of the Reading Garden which will include music and food. Those 16 and older who sign up for the library's summer reading program will be entered in a drawing for a Kindle and new books (must be present to win). For more: 232-2510

June 18 | Fizzy Balloons 10:30 a.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. Can a chemical reaction blow up a balloon? Ages 4 and up are welcome to come find out. For more: 232-2510

June 21 | First day of summer

June 21-22 | Farmers Market Pies & Rides Festival 9 a.m. to 3 p.m., Field to the east of 1421 N. Meadowwood Lane. This event will include a classic car show behind the building that used to house Barlows Restaurant. For more: www.libertylakefarmersmarket.com

June 25 | Volcanoes! 10:30 a.m., Liberty Lake Municipal Library, 23123 E. Mission Ave. Have fun learning about explosions during this annual event. Ages 4 and up welcome. For more: 232-2510

Recurring

Friends of the Liberty Lake Municipal Library 4 p.m. the last Tuesday of every month, Library, 23123 E. Mission Ave.

Kiwanis Club of Liberty Lake 6:45 a.m. Wednesdays, Liberty Lake City Hall, 22510 E. Country Vista Drive. For more: www.libertylakekiwanis.org

Liberty Lake Centennial Rotary Club Noon Thursdays, Meadowwood Technology Campus Liberty Room, 2100 N. Molter Road.

Liberty Lake Farmers Market 9 a.m. to 1 p.m., Liberty Square parking lot, 1421 N. Meadowwood Lane. The market runs Saturday mornings through Oct. 11. For more: www.libertylakefarmersmarket.com

Liberty Lake Lions Club Noon on the second and fourth Wednesdays of each month, Barlow's Restaurant, 1428 N. Liberty Lake Road. For more: 869-7657

Liberty Lake Municipal Library 23123 E. Mission Avenue. 4 p.m. Mondays, Lego club; 10:30 a.m. Tuesdays and Wednesdays, toddler/preschool story time; 10:15 a.m. Fridays, baby lapsit story time; 11 a.m. Friday, toddler/preschool story time and songs; 1 p.m. Fridays, story time and crafts for preschoolers; 10:30 a.m. Saturdays, Knitting Club; 10:30 a.m. Saturdays, computer classes; 2 p.m. Saturdays, kids craft. For more: 232-2510

Liberty Lake Toastmasters 5:45 to 7 p.m. Wednesdays, Liberty Lake Sewer and Water District building, 22510 E. Mission Ave. For more: 208-765-8657

Senior Lunch programs 11 a.m. to 1 p.m. Monday through Friday, Talon Hills Senior Complex, 24950 E. Hawkstone Loop. Seniors age 60 and older invited; recommended donation \$3.50.

Spokane Valley Writer's Group 6 p.m. the first and third Thursdays of every month, Liberty Lake Municipal Library, 23123 E. Mission Ave. This supportive critique group welcomes adult writers. For more: 570-4440

MUSIC & THE ARTS

May 30-31 | "Noises Off" 7:30 p.m., CVHS Performing Arts Center, 821 S. Sullivan Ave., Spokane Valley. Presented by the Central Valley Theatre department, follow an acting troupe as they stumble from bumbling dress rehearsal to disastrous closing night. Tickets are \$10 and can be reserved at cvtheatre.com. For more: 228-5218.

June 1-2 | Auditions for "Goldilocks and The Three Pigs" 3 p.m. (Sun.) and 6:30 p.m. (Mon.), Liberty Lake Community Theatre, 22910 E. Appleway Ave. Ages five and older as well as adults are welcome to audition for LLCT's summer children's production. No experience or preparation needed. For more: www.libertylaketheatre.com

June 4, 11 | Auditions for Comedy Improv Troupe 7 p.m., Liberty Lake Community Theatre, 22910 E. Appleway Ave. Ages 18 and older are invited to audition for LLCT's new comedy improv troupe. Experience welcome but not required. For more: www.libertylaketheatre.com or 342-2055

June 13-15 | Cowboy Supper Shows Rockin' B Ranch, 3912 Spokane Bridge Road. The 20th anniversary commemorative performances will begin this weekend and also be held July 11-13, Aug. 8-10, Sept. 12-14 and Oct. 10-12. For more: www.rockinbranch.com or 891-9016

Recurring

Liberty Lake Art Society Third Wednesday of the month, various times and locations. Create, learn and explore new art avenues, as well as display, sell and network your art. No jurying board, no bylaws, no pressure. Work on projects to benefit Liberty Lake and surround communities. Dues are \$10 per year, and you do not need to be a local resident to join. For more: 255-9600

Line Dancing 6 p.m. Saturdays, Lakeside Church, 23129 E. Mission Ave. For experienced line dancers. For more: 210-9779

CIVIC & BUSINESS

June 8 | John L. Scott Open House Event 1 to 4 p.m. The more homes you visit, the more chances you have to win prizes such as a \$100 Lowe's gift card. For more: 924-4200

June 13 | Women Executives of Liberty Lake (WELL) 11:45 a.m. to 2 p.m., Liberty Lake Portal, Mica Peak room, 23403 E. Mission Ave. Women who do business in and around Liberty Lake are invited to attend the summer networking social. For more: www.womenexecutivesoflibertylake.com

June 20 | Business Connections Lunch 11:30 a.m. to 1:30 p.m., Mirabeau Park Hotel, 110 N. Sullivan. Program: Digital Marketing/Social Media. Cost is \$28 for members and guests; \$45 for non-members. For more: www.spokanevalleychamber.org

June 21 | SCRAPS Grand Opening 9:45 a.m. to 2 p.m., 6815 E. Trent, Spokane Valley. The public is invited to celebrate the opening of the new regional animal facility with tours, door prizes, cake and giveaways. For more: www.spokanecounty.org/scraps

Recurring

Central Valley School board meeting 6:30 p.m. on the second and fourth Mondays of each month, CVSD administration building, 19307 E. Cataldo, Spokane Valley.

Liberty Lake City Council 7 p.m. on the first and third Tuesdays of each month, City Hall, 22710 E. Country Vista Drive.

Liberty Lake Library Foundation meeting Noon the first Wednesday of each month, 23123 E. Mission Ave.

Liberty Lake Merchants Association 11:30 a.m. Tuesdays, Liberty Lake Portal, 23403 E. Mission Ave., Suite 120. Open to business professionals interested in promoting business

Community Briefs

Yard sale registration deadline approaching

The 21st annual Liberty Lake Community Yard Sales will happen 8 a.m. to 4 p.m. June 14. The event is being organized by the Liberty Lake Kiwanis Club, with registration support for the official guide coming from The Splash.

The deadline to register to be included in the official event map and guide is June 6. Registration for Liberty Lake homes is \$10 online or \$15 with the mail-in form (included in this issue). In addition, vendors from outside Liberty Lake can sign up for a spot in Pavillion Park for \$50. Fees collected for the event go toward the event's expenses as well as support Liberty Lake Kiwanis efforts in the community.

For information about registration, email yardsales@libertylakesplash.com. For general yard sale questions, call Liberty Lake Kiwanis volunteer Cyndee Furukawa at 509-315-5471

Theater seeks sponsors

The Liberty Lake Community Theatre is soliciting corporate sponsors for their second annual Gala Fundraiser on Sept. 27.

Those interested in being part of this community-wide event are asked to contact the theater at 342-2055 or info@libertylaketheatre.com.

in the Liberty Lake and Spokane Valley areas. For more: 323-8953

Liberty Lake Municipal Library board meeting 10:30 a.m. the first Thursday of each month, 23123 E. Mission Ave.

Liberty Lake Planning Commission 4 p.m. on the second Wednesday of each month, City Hall, 22710 E. Country Vista Drive.

Liberty Lake SCOPE 6:30 p.m. on the first Wednesday of each month, City Hall, 22710 E. Country Vista Drive

Liberty Lake Sewer and Water District board meeting 4 p.m. on the second Monday of each month, 22510 E. Mission Ave.

HEALTH & RECREATION

May 31 | Liberty Lake Kiwanis Foundation Golf Scramble 1 p.m., Meadowwood Golf Course. Registration is \$100 per golfer, which includes green fees, golf cart, free range balls and choice of chicken or steak dinner. The funds raised at this tenth annual event benefit local kids by providing scholarships. For more: www.libertylakekiwanis.org or 294-8500

May 31 | Dads & Dudes Night 6 to 9 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Dads, sons, uncles and grandpas of all ages are invited for a night of fun and games at the HUB. Cost is \$10 for a dad and dude if preregistered; \$3 for each additional dude. For more: hubsportscenter.org

COMMUNITY

Education Briefs



Harris accepts residency

Stuart Harris graduated from Pacific Northwest University of Health Sciences, College of Osteopathic Medicine on May 10 and has accepted an internal medicine residency at Community Memorial Hospital in Ventura, Calif.

The former Liberty Lake resident also recently returned from a month in the Philippines doing a medical mission with Reach International Health Care and Training.



WOLF

MSU awards Wolf

Rebecca Wolf, 21, graduated with honors from Montana State Univ. on May 3. She was named "Outstanding Senior" by the College of Education, Health, and Human Development.

Rebecca is the daughter of Betty and Gary Wolf of Liberty Lake.

Troyer sisters awarded college diplomas

Kelly Marie Troyer and Amber N. Troyer recently met graduation requirements from their respective colleges. Kelly graduated with a bachelor of science in nursing from Regis University (Denver, Colo.) on May 4, while Amber is scheduled to graduate June 14 with a bachelor of science in biology at Eastern Washington University.

Mark and Kim Troyer of Liberty Lake are the proud parents.

LL Kiwanis announces scholarship recipients

The Liberty Lake Kiwanis Foundation recently announced the winners of their 2014 scholarships. A total of \$12,000 was awarded to 15 high school students from the following schools:

Barker: Chanoa Marx, Casey Meade, Megan Jennen, MiKayla Ruddell

Central Valley: Katy Dolan, Haley Feider, Hailee Herbst, DongGyun Kim, Kelsey McCune, Mara Orentstein, Joshua Ross, Curtis Schmitz

Gonzaga: Aubrey Spear

University: Tucker Foote, Taylor Smith

West Valley: Olga Gorbenko

See EDUCATION, page 45



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11am-8pm Monday thru Friday near the East Entrance of The PORTAL.

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at the Central Entrance of the PORTAL
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Friday from 10:30 to 1:30.

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Liberty Lake **PORTAL**

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LIBERTY LAKE COMMUNITY YARD SALES

— 21ST ANNUAL —



SATURDAY, JUNE 14TH, 2014
8 A.M. – 4 P.M.

Registration must be received by June 6 in order to be included "on the map" in the 10,000 copies of the official guide that will be distributed to Liberty Lake and beyond June 11-14. Choose from the three options below to take part in this 21st annual event. Registration fees go to the Kiwanis Club of Liberty Lake to support the event and community.



REGISTER A YARD SALE AT YOUR HOME

Liberty Lake addresses only

Two ways to register:

1 Online: \$10

Submit your registration and secure credit card payment at www.libertylakesplash.com/yardsales to receive a discounted registration and special reasonably priced add-on options (color, borders, bold title) to help your yard sale stand out from the rest. Online ads can also exceed the 20-word maximum for 15 cents a word.

2 Mail-in form: \$15

Complete the registration form below and submit it along with your fee. Remember, registration **must be received by June 6** to be included in the official guide and map.

No phone or in-person registration is available. For questions about registration, contact The Splash at 242-7752 or yardsales@libertylakesplash.com.

REGISTERED HOMES RECEIVE:

Community guide: Listing information organized alongside your neighborhood's corresponding map in the official 2014 Liberty Lake Community Yard Sales Guide. 10,000 copies will be distributed by mail to everyone in Liberty Lake on June 12, at distribution points throughout the region and at strategic community outposts on the day of the event.

A supported event: The sales will be advertised and publicized through region-wide outlets, and the Kiwanis Club is working with local authorities and strategic vendors (portable restrooms, etc.) to ensure a safe and well-supported event.

Directional signage: Signs will be posted to help guide shoppers into the neighborhoods, including the River District.

Charity pick-ups: A truck from ARC of Spokane will be going up and down Liberty Lake streets Monday and Tuesday, June 16-17, to pick up unsold items residents wish to donate

to charity. No large items please.

Satisfaction: In the past, some homes have chosen to hold sales on the day of the event without registering. By submitting an official registration, you showcase your community pride by helping organizers properly support the strategic needs of the event as well as giving back to the Liberty Lake community. After expenses, all proceeds from the event will be reinvested by the Kiwanis Club into the community. To summarize: charity event ... makes Liberty Lake shine ... brings you swarms of shoppers — that's worth \$10.

REGISTER A YARD SALE AT PAVILLION PARK

Want to hold a sale, but not at your home? Or maybe you don't live in Liberty Lake and are looking for an outlet to take part.

12-foot by 12-foot sections are available to be utilized at Pavillion Park. Registration is \$50, \$35 of which is refunded after you clean up your sale on the day of the event. This option includes a listing in

the official guide. Register by using either of the two options listed under "Register a sale at your home" at left, but instead of listing your address, indicate the Pavillion Park option and pay \$50 to secure your spot. Spaces will be assigned to registered sellers on a first-come, first-served basis beginning at 6:30 a.m. June 14.

REGISTER AS A COMMERCIAL VENDOR AT PAVILLION PARK

Commercial vendors will once again be invited to set up along Settler Drive in beautiful Pavillion Park. The cost for a commercial vendor site at Pavillion Park is \$50. To reserve your space, use either of the two options listed under "Register a sale at your home" at left, but instead of listing your address, indicate the Pavillion Park option and pay \$50 to secure your spot. Spaces will be assigned to registered sellers on a first-come, first-served basis beginning at 6:30 a.m. June 14.



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Name _____ Email address (optional) _____

Liberty Lake street address _____

OR Pavillion Park space:

Personal yard sale in the park Commercial vendor Phone (required) _____

Description (Not to exceed 20 words) _____

Payments should be made to Kiwanis Club of Liberty Lake. Mail them to The Splash, P.O. Box 363, Liberty Lake, WA 99019 along with the completed registration form.

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A special section just for kids

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Sparking an interest in science

Story and photos by Tammy Kimberley
SPLASH STAFF WRITER

How do antlers get their shape? Which household items have the most bacteria? How strong are jungle vines?

Dozens of Greenacres Elementary School students set out to discover the answers to these and other scientific questions during the school's science fair. Sponsored by the GES Parent Teacher Association, there were 65 projects on display in the school gymnasium May 8 ready to be judged.

The science fair was not a required school project. Rather, students had the option of researching something scientific on their own time either by themselves or with a partner.

Rachel Barney, a 9-year-old who someday wants to be an orthopedist, said she loves science and really enjoys figuring out how the human body and things in nature work. She and her mom thought it would be interesting to learn about measuring earthquakes, so they researched that for the science fair.

"A lot of countries have seismographs so they can be alerted or alert other countries of an earthquake," Rachel said. "I didn't even know what a seismograph was before doing this project."

Rachel, who had never entered a science fair before, said she was really happy when she learned she won first place among the fourth grade projects.

Jennifer Bray, PTA member and science fair committee chair, organized the



At right, Isabella Murphy explained her "Rocks Rock!" to judges at the Greenacres Elementary science fair. Places were awarded to winners of each grade level (see above right), and students from the school had the opportunity to look at all the projects on display in the gymnasium.



event and coordinated judges to evaluate the many projects. She believes the science fair, which is put on every other year by the PTA, adds to the student experience at GES.

"It gives students the opportunity to explore a science topic of their own choosing," she said.

Students in first through fifth grades had the opportunity to enter the science fair. Part of the criteria to enter stated that the student must take the lead in the research, design and creation of the project. Participants were also judged based on poster organization, how well they understood and explained their projects, and their verbal

presentations.

Projects ranged from coloring carnations and the formation of crystals to explanations of why oceans don't freeze and how 9-volt batteries could cause fires. First, second and third place ribbons were awarded in each grade level, and all students who entered were given participation ribbons.

Projects dealing with sports and science were also popular at the fair. Cody Cayce, along with his partner Jaycee Lawhead, won second place among first grade students for investigating what type of baseball bat — metal or wooden — hits farther.

"I learned that inside a metal bat is a force

GREENACRES ELEMENTARY SCHOOL 2014 Science Fair Winners

FIRST GRADE

- 1st place:** Jackson Severs
- 2nd place:** Cody Cayce and Jaycee Lawhead
- 3rd place (tie):** Henley Porter; Emerson Thompson

SECOND GRADE

- 1st place:** Xochitl Diaz
- 2nd place:** Landen Quesnell and Johnny MacCall
- 3rd place:** Cadance King-Booth

THIRD GRADE

- 1st place:** Isabella Murphy
- 2nd place:** Camryn Paske
- 3rd place:** Talia Emmerson and Aliyah Spence

FOURTH GRADE

- 1st place:** Rachel Barney
- 2nd place (tie):** Tayshawn Colvin; Nicholas Sauder
- 3rd place:** Robbie Reyes

FIFTH GRADE

- 1st place (tie):** Nathan Shaber and Paulson Ray; Megan Sachtjen and Jessica Zarecor
- 2nd place:** Brayden Shypitka
- 3rd place:** Brooklyn Davis and Kayla Chem

that vibrates and makes the ball go farther," Cody, 8, said.

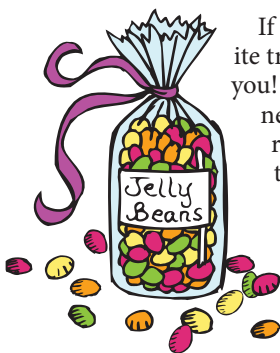
Good friends Paulson Ray and Nathan Shaber created a volcano and experimented with how different materials mixed together affected the height of the explosion. The fifth grade boys said they were shocked to hear they tied for first prize among fifth grade projects.

"We worked on the project at my house and then practiced for our presentation," Nathan, 10, said. "We were a little nervous (to present), but it was fun to just do it together."

COMMUNITY

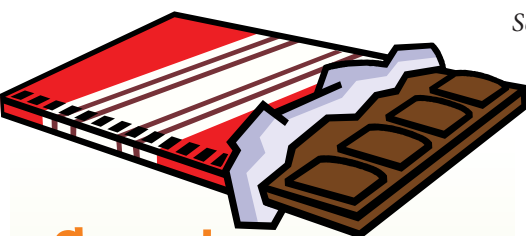
What's behind that name?

If you've ever wondered how your favorite treats got their names, this quiz is just for you! Simply write the name of the candy bar next to the description you believe is correct. And be sure to check your answers at the bottom of the page.



- Butterfinger Lifesavers Milk Duds
- Pez Ring Pop Sixlets Smarties
- Snickers Sugar Daddy Twix

- _____ 1) Originally called Papa Sucker until its name was changed in 1932
- _____ 2) Named after a favorite horse that the Mars family owned
- _____ 3) The original flavor of this candy was peppermint and was used as breath mints
- _____ 4) The intended shape of this candy was to be perfectly round, but it became impossible to do thus leading to its name
- _____ 5) Named in 1912 after a floatation device
- _____ 6) These candies were once believed to be sold six pieces to a package
- _____ 7) Based on the fact that the candy makes your face pucker (or hurt) due to its sour flavor
- _____ 8) Typically packaged in pairs, it was once known to the rest of the world as the Raider bar
- _____ 9) Named via a public contest and is in reference to klutzes, especially in sports
- _____ 10) Invented by a dad who wanted his daughter to stop sucking her thumb



Source: www.buzzfeed.com/justinabarca/how-delicious-candies-got-their-names

Sweet summer days

Need a reason to feed your sweet tooth? If you failed to celebrate National Jelly Bean Day (April 22) or National Chocolate Chip Cookie Day (May 15), check out this list of upcoming candy holidays you won't want to miss.

JUNE

- 11 — National Cotton Candy Day
- 16 — Fudge Day

JULY

- 7 — Chocolate Day
- 15 — Gummi Worm Day
- 20 — National Lollipop Day
- 28 — National Milk Chocolate Day

AUGUST

- 4 — National Chocolate Chip Day
- 10 — S'mores Day
- 30 — National Toasted Marshmallow Day

Source: National Confectioners Association, www.candyusa.com

Counting candy

In honor of National Candy month in June, try to digest these facts about candy consumption.

- 24** Pounds of candy the average American consumes each year
- 300** Pieces of gum the average American chews each year
- 1,155** Places in the U.S. that manufacture chocolate
- 133** Total number of Jelly Belly flavors
- 4** Calories in one Jelly Belly jelly bean
- 280** Calories in the world's best-selling candy bar, Snickers
- 5.5** Number of times Jelly Belly beans eaten in a year would circle the earth

Sources: www.jellybelly.com; www.census.gov

Answers: 1) Sugar Daddy; 2) Snickers; 3) Pez; 4) Milk Duds; 5) Lifesavers; 6) Sixlets; 7) Smarties; 8) Twix; 9) Butterfinger; 10) Ring Pop

Contest rewards courageous entries



In the May issue, The Wave offered an art poem contest around that month's PACE character trait — courage. We asked kids to create a piece of artwork that displayed the meaning of courage.



FOX

The judges selected Annie Fox's drawing as first prize in the contest. For her prize, 11-year-old Annie was awarded a \$25 Toys "R" Us gift card courtesy of KiDDS Dental. Annie's siblings, John and Jessica, were runners-up and also received gift cards to Toys "R" Us.

We appreciate all the kids who took the courage to share their artwork with our judges. Be on the lookout for more contests in future issues of The Wave!



"The Final Moment" by Annie Fox

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The Fountain

About and for Liberty Lake seniors

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Expo '74 changed life of hostess

By Sarah Robertson
SPLASH CONTRIBUTOR

It's not every love story that actually spans continents. But for Liberty Lake resident Frances Martin, that's just what happened.

Martin (nee Wang) is from Taipei, Taiwan—part of the Republic of China. She grew up loving the arts, especially painting, and had an overwhelming desire to see the world.

"It was my dream to travel, but it was very restricted," Martin said since the Chinese government rarely granted travel visas.

Though Martin started art school, she sought opportunities to travel. When the chance to become a stewardess with China Airlines came along, Martin jumped at it. She flew all over the world with China Airlines and eventually Northwest Orient Airlines.

Aside from seeing new places, there were many other perks that came with the job.

"I got to wear the beautiful uniform with nylons and the cute hat," Martin said.

But Martin tired of staying only a night or two in one place because "you never really saw the true culture or people." On a flight she ran across a newspaper advertisement for hostesses to represent China at the World's Fair. It was a six-month assignment.

At the age of 22, Martin along with 22,000 others applied for the job. She was one of seven women chosen to represent China at Expo '74.

"I thought, 'Where in the world is Spokane?'" Martin said. She got a map and quickly realized, "There is nothing there."

Always up for an adventure, Martin completed three weeks of training and arrived in Spokane on April 30, 1974. It was a trip that would change her life forever.

Expo '74 felt much like the Olympic games to Martin. Her days were full of greeting guests at the Chinese pavilion. Her duties also included modeling in fashion shows, giving tours, serving tea and chatting with visitors.

"Everyone was friendly and had something to talk about when we had breaks," she said. "We had time to get to know each other."

Martin carried the Chinese flag at the opening ceremonies and even met President Nixon. Nixon wasn't the only celebrity Martin rubbed elbows with as she met stars such as Bing Crosby, Henry Fonda and Benny Goodman.



SUBMITTED PHOTOS

Working as a Chinese hostess during the 1974 World's Fair, Frances Martin had the opportunity to show off Chinese costumes, as well as rub shoulders with celebrities such as George Montgomery and Henry Fonda. She also met her future husband, Terry Martin, while in Spokane.



Frances served on a committee that planned the 40th anniversary gala for Expo '74. Among those in attendance were Mike and Linda Uphus, Charles and Lena Wilbert, Tom and Bette Brattebo and Frances and Terry Martin.



Her favorite memory of Expo '74 was Bing Crosby serenading her with "White Christmas." Martin explained that Bing Crosby was very big in China when she was growing up, and her grandfather would play his record over and over at Christmas. So when Bing came to the Chinese Pavilion, Martin asked him to sing "White Christ-

mas" for her.

Martin remembered her initial impression of Spokane. She grew up in a large city and was used to flying into metropolises such as Hong Kong and Tokyo where there was city as far as the eye could see. When flying into Spokane, she remembers seeing horses, cows and the occasional farmhouse.

FAST FACTS

FRANCES MARTIN

Where she grew up

Taipei, Taiwan

Memory from Expo '74

Bing Crosby serenading her with "White Christmas"

Favorite activity

Golfing

Favorite restaurant

Hay J's Bistro

What she loves about Liberty Lake

"It's like a little village. You meet all kinds of people. It's a great place, especially in summer time."

"It was a huge culture shock!" she said.

But Martin recalled that Spokaneites were so friendly and she enjoyed experiencing local culture.

"A farmer took us to his farm—I had never been to a farm!" she said. "We rode horses and they cooked dinner for us."

Martin was even brave enough to go on a blind date. A Japanese-American volunteer at the Chinese Pavilion set Martin up with an attorney, Terry Martin, who would become her future husband. She remembers doing all the talking on their first date to A&W and the Viking Tavern.

"He had long hair and sideburns, a polyester suit and platform shoes," she said. "He was charming with big brown eyes and very good-looking."

But she realized there was no sense devoting herself to him since she was leaving in six months, but they wrote many letters and talked on the phone as often as they could.

See EXPO '74, page 23

— King Crossword — Answers

F	L	U	A	G	E	S	L	O	W
L	A	P	P	A	R	E	T	O	S
A	N	T	O	T	I	C	I	S	L
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P	A	Y	E	E	O	R	E	T	A
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L	I	M	O	B	O	D	S	A	D
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B	E	N	T	L	Y	N	N	E	T

COMMUNITY

Beer can collecting surprisingly popular

'Collecting' by Larry Cox
KING FEATURES SYNDICATE

Q: I began collecting beer cans a number of years ago when I found a Denver Beer can at an area dump site. I discovered that it was a product of the Tivoli Brewery, which no longer exists. That inspired me to see how many other beer cans I could find from defunct breweries, and I currently have more than 200. How can I determine current values, and is there a club for collectors you can recommend? — *Steve, via email*

A: Beer can collecting has really come into its own since the 1970s. Even though most cans sell at flea markets for about a dollar a can, there are always exceptions. A Krueger Cream Ale from Newark can command more than \$200. Other brands popular with collectors include Gettelman Beer of Milwaukee; Country Club Beer, St. Joseph, Mo.; E&B Special Beer, Ekhardt and Becker Brewing of Detroit; and most cone tops, such as General Pulaski of the Pulaski

Brewery of Hammonton, N.J.

To determine values, one of the better beer can referencing sites is www.ebeercans.com. I also recommend you contact the Brewery Collectibles of America (BCCA), 747 Merus Court, Fenton, MO 63026; <http://bccca.com>.

Q: There were several fishermen in my family, and I recently found a Heddon tackle box with two trays in a storage shed. Is it worth keeping? — *Bill, Stigler, Okla.*

A: Heddon made several tackle boxes, which now range in price from \$20 or \$30 to several hundred dollars. Since you did not supply a photo of your box, that is about as much information as I can provide you.

Write to Larry Cox in care of KFWS, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to questionsforcox@aol.com. Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor do appraisals. Do not send any materials requiring return mail.

EXPO '74

Continued from page 22

When Martin returned to Taiwan, she became a bit of a celebrity as the assistant manager at the swanky Hilton Hotel and also the creator of her own children's TV show. But she felt like the men in her home country didn't share her view of marriage and were all too willing to carry on extramarital affairs.

"I wanted to find a man to mate with for life like a swan," she said.

And the one person who seemed to share her value of marriage was Terry. With the help of Tom Foley, Martin obtained a fiancée visa. She and Terry were married in August 1975.

In 1980, Martin opened a travel agency, Jet Set Travel, where she loved meeting people and leading tours. She closed the business in 1999, and since then has been working on her golf game at least four days

a week as well as watercolor painting.

Martin and her husband also moved from north Spokane to Liberty Lake in 1999. Her husband wanted a lake house, but Martin said "over my dead body" since she did not want two of everything to take care of. They compromised by moving to Liberty Lake where she enjoys watching the birds and other wildlife from her home.

"What a little paradise. Your worries just seem to fly away when you see that water," she said. "You can't beat life out here."

Martin was on the committee for the Expo '74 anniversary gala this year. One of the friends she met who worked in the Philippines booth, Lena Wilbert, also gathered for the event. Lena met her husband, Charles Wilbert, during the Expo and they have a home in Liberty Lake as well.

For Martin, Expo '74 was an important moment for Spokane.

"It's a piece of history we should be proud of," she said. "No one should ever forget."

King Crossword

ACROSS

- 1 Winter woe
- 4 On in years
- 8 Decelerate
- 12 You can't stand to have one
- 13 Rid of rind
- 14 Comedy Central's "_.0"
- 15 Pismire
- 16 Ear-related
- 17 Capri or Wight
- 18 Veep under Jefferson and Madison
- 21 "Of course"
- 22 Early love boat?

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
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18			19					20				
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38	39	40				41				42	43	44
45					46				47			
48					49				50			
51					52				53			

- 23 Check recipient
- 26 Raw rock
- 27 — Mahal
- 30 Hot tubs
- 31 Average guy?
- 32 Precursor to Surrealism
- 33 Annoy
- 34 Energy
- 35 Chest wood
- 36 Shriner's topper
- 37 Resistance measure
- 38 "Syriana" Oscar winner
- 45 Long ride?
- 46 Physiques,

- for short
- 6 Idle or Bogosian
- 7 State with conviction
- 8 Reek
- 9 Missing
- 10 Norway's capital
- 11 Timely query?
- 19 Deli loaves
- 20 Rage
- 23 Omega preceder
- 24 Spring mo.
- 25 Tie up the phone
- 26 "Alley —!"
- 27 Wee bit
- 28 Oklahoma city
- 29 Cookie holder
- 31 Hussy
- 32 Showroom sample
- 34 Cribbage scorer
- 35 Picked
- 36 Facade
- 37 Bygone
- 38 Smooth-talking
- 39 Green land
- 40 Muscat's place
- 41 Imitate
- 42 Church part
- 43 Tend texts
- 44 Relaxing exercise

DOWN

- 1 Banner
- 2 Highway division
- 3 Doing
- 4 Orbit's furthest point
- 5 Microsoft founder

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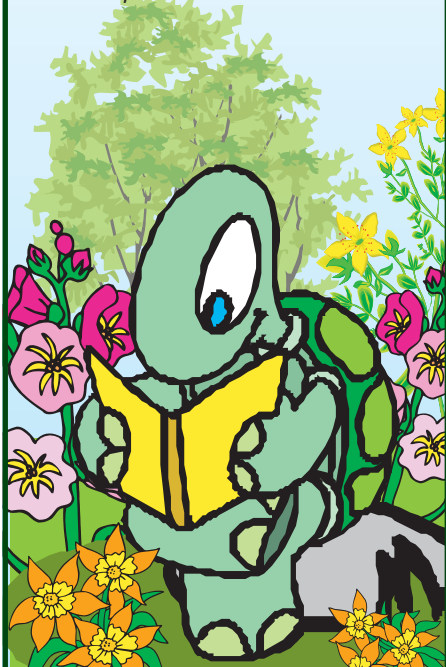
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Library spotlights science during summer

Annual reading program
kicks off June 14

By **Tammy Kimberley**
SPLASH STAFF WRITER

When you mix science activities, summer days and recreational reading, what do you end up with?

These elements make up the summer reading program sponsored by the Liberty Lake Municipal Library.

Registration begins June 14, and the program runs eight weeks through Aug. 9. As in the past, library patrons can stop by during regular library hours to sign up, start a reading log and pick up a calendar of special summer events.

While the program offers opportunities for all ages, a majority of the activities are focused on young readers. In 2013, over 800 patrons registered for the summer reading program, children's library associate Amy Dickeson said, with 676 of those being children.

The theme for ages 4 through 12 is "Fizz, Boom, Read!" In addition to story times, crafts and Lego Club, the library is planning a full slate of children's events centered around the science theme. Activities will be available Wednesday mornings, while family activities will be offered some Thursday evenings. Other special items on the summer calendar include a Lego contest and Minute to Win It science night (see sidebar for more details).

"We've researched different activities that will make kids say 'wow,'" Dickeson said. "I think kids will learn a lot, and it may spark

an interest in science that they didn't know they had."

The Friends of Liberty Lake Municipal Library is once again providing prizes for readers, Dickeson said. She stated that the whole goal of the program is to keep kids reading about things that interest them in order to maintain their reading level during the summer.

"I think it's important for kids to read when they're not being graded," she said. "Having prizes as an incentive gives them that little push and gets them excited about coming into the library."

The teen age group has its own reading theme, which is "Spark a Reaction." Dickeson said a change from previous years is that teen readers (ages 13 to 19) need to read five books in order to be entered in a raffle for gifts cards to local establishments.

The adult portion of the summer reading program is called "Literary Elements." Adult services librarian Dan Pringle said the library recently purchased science DVDs, and there will be a list of reading suggestions along the theme.

"I was looking at the reading list, and a lot of it is stuff I was already interested in reading," Pringle said. "It's a good mix of what the national program recommends and items particular to here."

Adults who wish to participate can read books or listen to audio books and then fill out a review form or reading log in order to be entered in a raffle for gift cards at the end of the summer.

Pringle said the summer reading program is a great opportunity for community members, especially since it's free and open

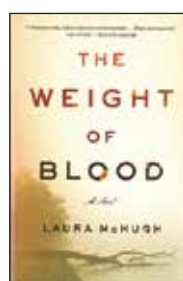
Book Review

Novel full of secrets, suspense



By **Daniel Pringle**
LIBERTY LAKE MUNICIPAL LIBRARY

Laura McHugh's debut novel "The Weight of Blood" is a dark-toned suspense tale set in the Missouri Ozarks about small town secrets and a family's violent history. Drawing on influences like Gillian Flynn, Elmore Leonard and Daniel Woodrell, a single hor-



rific crime exposes the tangled roots of a hidden, criminal underworld.

Lucy was raised in Henbane by her widowed father, uncle and a small community of friends and neighbors, but she still feels out of place. Her mother, Lila, came from Iowa, and her dark features and clouded past led to rumors of witchcraft among the secluded, superstitious villagers. Lila's apparent suicide during Lucy's infancy, combined with the strong resemblance between them, further set Lucy apart, since she is conflated in people's minds with an outsider she never knew. When her friend's body is found dismembered and abused in the hollow of a tree, the community's outrage and

FIZZ BOOM READ

Summer events at the library

SCIENCE ACTIVITIES

Wednesdays at 10:30 a.m.

► Fizzy balloons, volcanoes, hot ice, rockets and marshmallow catapults are all part of the weekly lineup.

SCIENCE WITH TRAVIS!

Various Thursdays at 6:30 p.m.

► Registration is required for this technology/science event for ages 7 and up.

LEGO CONTEST

Awards ceremony, July 2 at 10:30 a.m.

► Original entries may be brought to the library June 14-24.

MINUTE TO WIN IT!

July 24, 5:30 to 7 p.m.

► All ages are invited to try fun challenges dealing with science.

Lego Club, story times and Saturday crafts will continue during the summer, but check with the library for updated days and times. For a complete calendar of events, go to www.libertylakewa.gov/library



to all ages.

"It's important for families to have something to do together over the summer," he said. "If we can encourage them to have that thing be reading — either individually or as a family — then that's something the library should promote."

fear eventually fade, but Lucy feels obligated to track down the truth. Her search ultimately reveals ties between the crime and her mother's mysterious origins and disappearance.

Switching between past and present and multiple narrators' perspectives, McHugh shows how an approximation of the truth emerges from the discrepancies between each character's version of the same events, and how a community—and individuals—can willfully bury portions of the past to preserve those truths. Imbuing the story with a sense of place, colorful mountain-folk, squirrel dumplings and an oppressive Ozark summer, McHugh grounds it in the land, the people and the defiant pull of home.

Daniel Pringle is adult services and reference librarian at the Liberty Lake Municipal Library.



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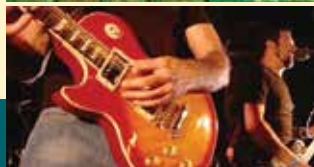
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Weight gain and hormones in women

By Susan Ashley, MD

Maintaining proper weight is a challenge for most women, and the older you get, the more difficult it becomes. Almost all women gain weight as they age, and hormonal imbalances during perimenopause and menopause play an important role in triggering weight gain.

The average weight gain is 10 to 15 pounds, starting in perimenopause, then another 20 pounds after menopause. This gain is often gradual, and the weight tends to localize around the abdomen as opposed to the hips, thighs or bottom. After a hysterectomy, the tendency is to gain weight much more quickly.

Hormones and weight gain are closely related. If a menopausal woman's hormones are not balanced, weight gain is almost inevitable. While good nutrition, regular exercise and lifestyle changes can play important roles in weight loss, balanced hormones are often the key to success in maintaining a healthy weight. Most menopausal weight gain could be properly referred to as hormonal weight gain.

Hormone fluctuations related to menopause directly impact appetite, how a woman's body stores fat and metabolic rate. Estrogen levels diminish because of decreased production; this causes the body to look for other estrogen sources. The main source of estrogen after menopause is fat cells, so the body increases production of fat cells in order to increase estrogen.

Estrogen also plays a role in insulin resistance. Insulin is a fat-storing hormone, and insulin tends to rise as we age, making it

virtually impossible to lose weight during menopause. Insulin resistance causes a woman's body to convert a disproportionate part of her caloric intake into fat and is a serious effect of estrogen imbalance.

Progesterone levels also decrease markedly during menopause. Low progesterone causes water retention and bloating -- another form of weight gain.

Testosterone also plays a role in menopausal weight gain. Testosterone helps build and maintain muscles, which is associated with a higher metabolic rate. As testosterone declines, muscle mass declines, causing less calories to burn, and often less physical movement.

Chronic stress also contributes to weight gain. Stress puts your body into survival mode, where it begins to store calories as fat since cortisol, the major stress hormone, is telling the body not to eat for a while.

Menopausal weight gain caused by hormonal imbalances does not have to be part of your life. One of the most effective treatments is Bioidentical Hormone Therapy. While nutrition, exercise and healthy lifestyle are all important to maintaining proper weight, when your hormones aren't balanced, the battle can be unnecessarily difficult.

Contact Healthy Living Liberty Lake for help. Our treatments are holistic and individually crafted to help patients eat properly, exercise regularly and maintain healthy lifestyles. Learn how hormone therapy can help defeat menopausal weight gain and put you on track to a new thinner, healthier you!

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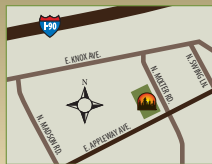
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contact

See www.pavillionpark.org

registration

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Male Female

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6 and under

7,8,9 10,11,12

Adult Race Age Group:

13-15 40-44

16-19 45-49

20-24 50-54

25-29 55-59

30-34 60-69

35-39 70+

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Runner's signature (must sign to run)

Parent's signature if under 18 (must sign to run)

DATE

DATE

CV valedictorian headed to Princeton

DG Kim pursues passion for math, music

By Treva Lind
SPLASH CONTRIBUTOR

Music and math go a long way toward defining DongGyun Kim, better known as DG. A broader list to describe the Liberty Lake resident gets lengthy: Central Valley High School valedictorian, advanced cello player, music composer, website developer, orchestra conductor, math scholar, powder puff cheerleader.

Wait, powder puff?

Kim actually wrote a college entrance essay about his experience as a “manleader,” one of the male cheerleaders for CV girls’ powder puff football to describe his fun side — someone who enjoys life and friends while excelling academically and musically.

“I don’t want to be entrenched in academics,” Kim said. “It’s a way to break away from the routine.”

Kim also lights up when talking about his musical orchestra performances and pursuit of what he describes as extracurricular math learning.

An only child, Kim was four years old when his parents moved to Liberty Lake from Korea. His dad, JangLyul Kim, works as an engineer with Agilent Technologies, and his mom is YeongGyu Kim. Their son started learning piano by age six, and he was playing the cello at age seven.

With the Spokane Youth Symphony as a cello player since he was nine, he often performed as a soloist. He also has played in the Spokane Symphony and the Washington Idaho Symphony.

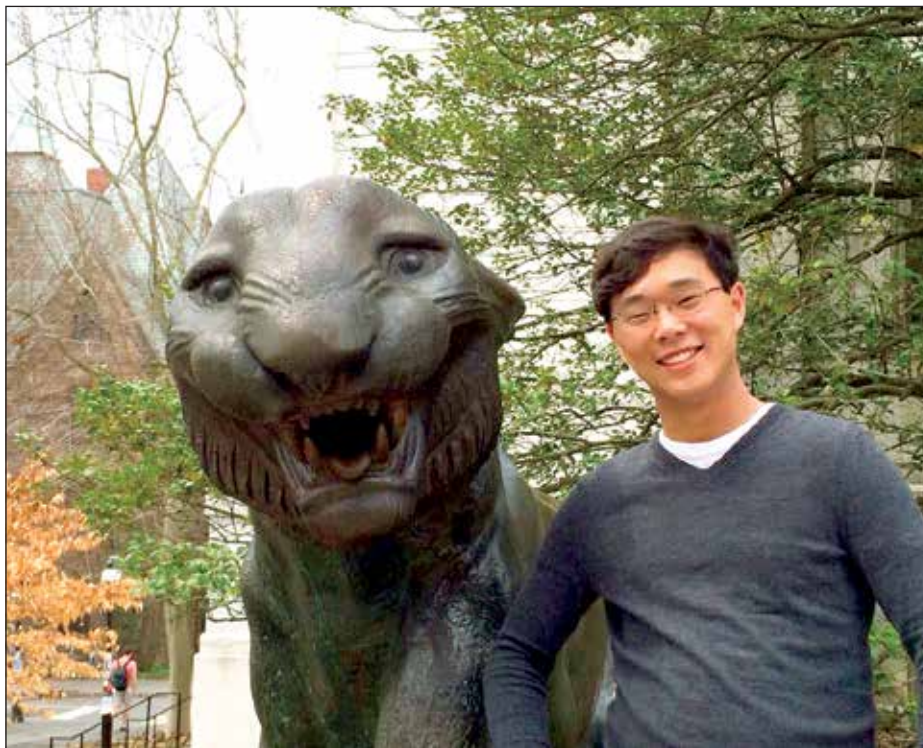
“Playing music has been a really big part of my life,” Kim said. “I’ve performed as principal cellist for four years for the Spokane Youth Symphony. Music and math are two important parts of my life, which are kind of alternatives, but they are what I identify myself with.”

This fall, Kim plans to head to Princeton University to study electrical engineering and possibly computer science.

“My uncle and dad are engineers,” he said. “Engineering is what I find to be the most natural to me, what I get the most excited about.”

While in elementary and middle school, Kim sought advanced math beyond the classroom. He has competed in Math is Cool contests since fourth grade, placing fifth in the state individual category last year as a junior.

During his high school career, Kim achieved a 4.0 GPA after taking Advanced Placement classes for statistics, chemistry,



SUBMITTED PHOTO

DG Kim intends to study electrical engineering as well as seek opportunities to use his musical talents when he heads to Princeton this fall. The Liberty Lake resident is valedictorian for the 2014 graduating class at Central Valley High School.

U.S. history, biology, physics, calculus, English language, European history, U.S. government, English literature and environmental science. He also took an AP computer science class online.

Kim taught himself advanced math skills while in middle school and aced difficult AP math tests in high school, said CV teacher Brandon Mack who had Kim in AP calculus.

“He’s accomplished more in his high school career than most people do in their life,” Mack said. “He got a perfect 800 on Math Level 2 SAT. He’s extremely bright, and his analytical skills are incredible.”

Mack said Kim is generous about sharing math knowledge and tutoring. He organized the Spokane Math Circle, involving two Gonzaga University professors, so young students can learn advanced math topics beyond school curriculum. Kim also recently created online practice sessions for AP calculus.

Recognized recently as a 2014 Spokane Scholars Foundation award winner, Kim won second place overall in math which earned him a \$3,000 scholarship. Kim has also been awarded a \$2,500 national scholarship from eSchoolView, an education website development company, for his web design and development entry—a website for calculus resources.

But it’s not just studies that will consume his time at Princeton. He’ll also continue pursuing music.

profiles:

DONGGYUN KIM

Age

18

Dream musical performance

To play with or see Yo-Yo Ma

Languages known

English, Korean, and to a certain extent, German

Top movie pick

“Anchorman”

Who you’d like most to meet, living or dead

It would be cool to meet Ghandi. Everything he did was amazing, iconic. I could ask him deep, philosophical questions.

Where you’d most like to travel

Korea, where I was born. I’ve been a few times to visit family but I’d like to see the country as a tourist.

“They have a really great orchestra,” Kim said.

Verne Windham, KPBX radio program director and former longtime Spokane Youth Symphony conductor, said DG stood out musically at a very young age. He won several music contests and was described by Windham as “so brilliant at a young age.”

“I think when he was in about sixth

grade he got into the advanced high school orchestra, which is unprecedented,” Windham said.

Windham said orchestra leaders also realized Kim was a talented pianist, so they asked him to play a piano concerto in addition to performing as a cello soloist. For KPBX last year, Windham held a “Young Mozarts” program with three youth orchestra players, including Kim, who also compose music.

“All three of these kids were so extraordinary and so musically intuitive, they could play for each other and make up music on the spot,” Windham said. “DG is completely at one with music in every way.”

For his senior project, Kim organized a benefit orchestra concert at the Bing Crosby Theater called “Make Music Matter” which raised \$3,000 for Spokane Youth Symphony and the music nonprofit LETEM Play. Kim recruited the concert’s 50 musicians who were high school, college and professional orchestra members. He also ran the rehearsals, as well as performing as a soloist and conductor.

This event showcased Kim’s strength in working with others, Windham said.

“He was great at working with other high school kids and being compassionate and helpful,” Windham said. “To be as accomplished as he is, he fits in among his peers beautifully, and he proved to be a really, really great conductor.”

Born in Seoul, South Korea, Kim showed at an early age that he enjoyed school and interacting with classmates. He was five years old when he entered a Montessori school in Spokane Valley but didn’t speak any English. Kim said his mother tells him the story that within his first week, he walked over to other kids and dove into activities.

As far as future career goals, Kim said a dream job would be to work as someone who creates an important consumer electronics or health-related products.

“What I want is to have that entrepreneurial spirit,” he said. “To make that electronic or health-related electronic product that’s new, that has a creative leading edge to help improve lives. In college, that’s a good time to collaborate with other students to find out what that looks like. Right now, it’s abstract.”

He said he’s learned it’s important to have balance in life, although finding the time around studies and music proves challenging at times.

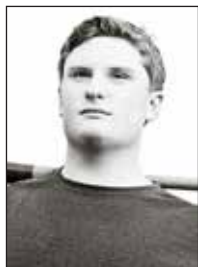
“My academics, my music, my family, my friends — all are equally important,” he said. “The attitude I take is just to prioritize what’s important, and live life to the fullest.”



Congratulations, Class of 2014!

The Splash recently solicited information on high school graduates connected to Liberty Lake. Pages 30-31 showcase graduates who submitted information in time for publication. A complete list of CVHS graduates is on page 32.

— Compiled by Sarah Burk and Tammy Kimberley



Conner Boyle

Parents: Brendan and Tricia Boyle

School: Central Valley High School

Plans after graduation: Attend Walla Walla Community College



Sarah Ashley Cable

Parents: Mike and Tiffany Cable

School: Central Valley High School

Plans after graduation: Attend University of Washington to major in International Business



Brittney Carey

Parents: Wendy and John Carey

School: Central Valley High School

Plans after graduation: Attend Eastern Washington University



Sunny Collins

Parents: Pat and Cindy Collins

School: Central Valley High School

Plans after graduation: Attend Eastern Washington University to pursue a dental hygiene career



Katy Dolan

Parents: Brian and Pam Dolan

School: Central Valley High School

Plans after graduation: Attend Harvard University



Katie Drinkwine

Parents: Brad and Janet Drinkwine

School: Central Valley High School

Plans after graduation: Attend Eastern Washington University to major in Elementary Education



Garret Engel

Parents: Dale and Shelly Engel

School: Central Valley High School

Plans after graduation: Undecided



Dillan Evans

Parents: Jared and Brandie Evans

School: Central Valley High School

Plans after graduation: Attend Eastern Washington University



Haley Feider

Parents: Anne Feider, Wade Feider

School: Central Valley High School

Plans after graduation: Attend University of Montana to pursue an elementary education degree with an endorsement in special education



Nikolaus Floden

Parents: Elizabeth and David Floden

School: Central Valley High School

Plans after graduation: Study Computer Science



Christine Glynn

Parents: Kevin and Laurie Glynn

School: Central Valley High School

Plans after graduation: Attend Western Washington University



Logan Schuyler Guillet

Parents: Gibb and Chrys Guillet

School: Central Valley High School

Plans after graduation: Attend University of Washington to study Pre-science and Engineering



Tyler Gumm

Parents: Chris and Lani Gumm

School: Central Valley High School

Plans after graduation: Attend Spokane Falls Community College



Kate Hamilton

Parents: Joe and Sarah Hamilton

School: Saint George's School

Plans after graduation: Attend University of Denver





Drayke Victoria Hilpert

Parents: Dana and Adam Hilpert
School: Central Valley High School
Plans after graduation: Attend EWU where she will be cheering and studying Political Science and Psychology



Sophie Kaatz

Parents: Robert and Cheri Kaatz
School: Central Valley High School
Plans after graduation: Attend Eastern Washington University to study Elementary Education



Drew Keeve

Parents: Jon and Tonya Keeve
School: Central Valley High School
Plans after graduation: Attend University of Colorado-Boulder to study viola performance and an undeclared second major



Lowell Kovacich

Parents: Lynne and Brian Kovacich
School: Central Valley High School
Plans after graduation: Washington University to study Physical Therapy



Kelsey Laker

Parents: DeAnn Martin and Eric Laker
School: Central Valley High School
Plans after graduation: Attend Utah Valley University (Orem, Utah)



Kelsey McCune

Parents: Michael and Sandra McCune
School: Central Valley High School
Plans after graduation: Attend Eastern Washington University



Melissa Morgan

Parents: Rick and Tricia Morgan
School: Central Valley High School
Plans after graduation: Attend University of Washington



Cohl T. Orebaugh

Parents: Lorie Joy; Chad and Pam Orebaugh
School: Central Valley High School
Plans after graduation: Earn a bachelors of science in Industrial Design with aspirations to work in the skateboard industry



Mara Orenstein

Parents: Beth and Kevin Orenstein
School: Central Valley High School
Plans after graduation: Attend Seattle University to study Women and Gender Studies and University Honors English, History and Philosophy



Shelby Pace

Parents: Ron and Pam Pace
School: Central Valley High School
Plans after graduation: Attend University of Washington



McKenzie Paige Quaintance

Parents: Neil and Melissa Quaintance
School: Central Valley High School
Plans after graduation: Attend Eastern Washington University



Brandon Rowell

Parents: Todd and Penny Rowell
School: Central Valley High School
Plans after graduation: Serve an LDS Mission in November and then attend Brigham Young University-Idaho



Quinn Kaitlyn Sweeney

Parents: Dan and Becky Sweeney
School: Central Valley High School
Plans after graduation: Attend Spokane Falls Community College



Tyler Valentine

Parents: Laura Miller and Stanley Valentine
School: Central Valley High School
Plans after graduation: Attend University of California-San Diego to double major in astrophysics and aerospace engineering



Sawyer Volyn

Parents: Dr. Glen and Kim Volyn
School: Gonzaga Prep
Plans after graduation: Attend Carroll College and major in Biochemistry/ Microbiology



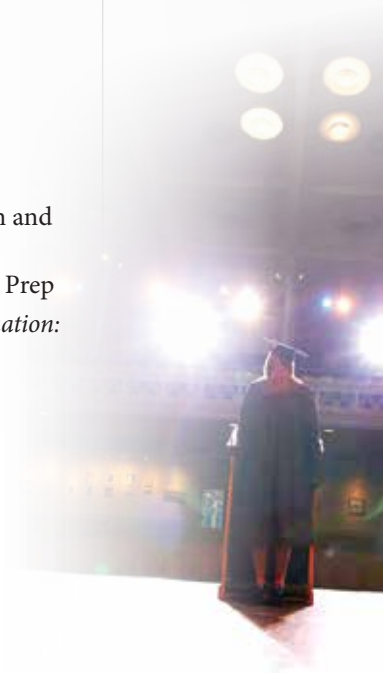
Kyle Wells

Parents: Rich and Kim Wells
School: Central Valley High School
Plans after graduation: Attend Washington State University with plans to obtain a degree in Construction Management



Bryan M. Wilson

Parents: Duane and Lori Wilson
School: Central Valley High School
Plans after graduation: Attend Spokane Fall Community College and then Digipen to get a degree in Video Game Design



Joshua R. Abel • Elizabeth A. Adams • Jared A. Adams • McKynzie M. Adams • Rebecca R. Adamson • Libby N. Adkins • Rashad D. Al-Ghani • Alexandra J. Albright • Kenneth N.Y. Alder • Hayden Roy Alderman • Eric H. Allen • Sean Patrick Allison • Mikayla Marie Amsden • Kylie Rachele Anderman • Katlyn Marie Anderson • Alexis Ann Angerman • Danielle R. Armstrong • Laura Clare Arpin • Oscar Arreguin • Austin Azzinnaro • Dylan R. Bafus • Bailey Lynne Baker • Jake M. Balogh • Max A. Barham • Molly Ann Elizabeth Barnhart • Peyton Bass • Morgan Victoria Baxter • Haley Lynn Beeching • Leslie James P. Benson • Brock Morgan Benzel • Sean Birdsill • Kara N. Blakeway • Darby Lee Blanchard • Brittany Lynn Bliesner • James Dean Boden • Dylan J. Borden • Kimberly Sunjeung Boudreau • Emily Nichole Bowman • Conner Riley Boyle • Talon T. Brickner • Jazzlyn Nichole Brown • Shila Marie Buechler • Samantha Marie Bullock • Beau C. Byus • Sarah A. Cable • Danielle Alexandra Calcaterra • Clerie D. Calvo • Kendra V. Campbell • Alexandra Marie Cardona • Anthony M. Cardona • Brittney Nicole Carey • Haley Kristine Carlile • Trey Michael Carolan • Kristin Nicole Carroll • Rachel Ann Casey • Courtney D. Catron • Frederick Daniel Cazeau • Adam Hunter Chamberlain • Kendall Reilly Chamberlain • Dylan Russell Chappell • Jacob Robert Childers • Alexis Nicole Chyczewski • Abri D. Clark • Michael J. Clark • Camille Danae Clarkson • Makormick Christopher Claypool • Spencer A. Cole • Riley M. Collins • Sunny M. Collins • Jacob Scott Conant • Madison A. Connole • Kennedy Arlene Conrad • David James Cooper • Daniel L. Couch • Carlin Anna Coulson • Shannon Katelyn Counts • Kaylin R. Cowan • Erin Nicole Creighton • Justin O. Creighton • Tatiana M. Crumb • Jeannine McKayla Crump • Mariah N. Cunningham • Brooklyn D Cushman • Whitney E Cushman • Ryan G. Czarapata • Lourdes Alejandra Dachowski • Emily Elizabeth Dahl • Austin "Daisy" O. Daines • Kailyn Mackenzie Daley • Robyn Victoria Dean • Zachary Christian DeChenne • Ruslan Pavlovich Dederer • Madisen Lee DeGeest • Destiny Jo Dehamer • Brandon John DePaulo • Samantha Jane DeWitt • Katy E. Dolan • Mackenzie Lee Dreher • Katherine Marie Drinkwine • Matthew R. Duddy • Trong N. Duong • Tyler J. Duquette • Kaylen M. Ehlert • Elizabeth A. Eilers • Karl D. Ellingson • Garret H. Engel • R. Bryce England • Preston M.C. Estes • Dillan J. Evans • Justin R. Fayant • Haley Marie Feider • Elizabeth M. Ferrero • Trent R. Ferster • Anthony Michael Fitzgerald • Joshua M. Fletcher • Nikolaus W. Floden • Casey Montana Flynn • Natalie Claire Ford • Quinton J. Foster • Dillon M. Fowler • Lincoln R. French • Jonathon Daniel Frye • Chase Lee Gardner • Andrea Joyce Gasser • Nastya V. Gavriyuk • Alaina M. Gentili • Karlee Nicole Gibson • Amber Lee Gimlen • Sarah Elizabeth Gingras • Christine Elizabeth Glynn • Karen M. Godinez • Anusha Gollapalli • Briana Nicole Goss • Cierra Marie Grady • Alaina Marie Graham • Carson D. Graham • Owen K. Graves • Alec William Grebe • Riley David Grimmett • Sara Marie Grozdanich • Amanda Paige Guarisco • Logan Schuyler Guillet • Tyler Justin Gumm • Diana M. Gutsulenko • Ruvim A. Gutulenco • Eunseo Ha • Alec M. Haldeman • Linnea E. Hall • Chandler Randall Hansen • Taylor Scott Hansen • Charles P. Harbin • Victoria Anne Harned • Hailey E. Hawkins • Janika L. Hawkins • Matthew L. Hay • Jordan T. Heartburg • Connor Michael Heath • Robert D. Helmstetter • Aimee M. Helton • Hailee Christine Herbst • Cerissa L. Herman • Miranda Kathleen Hill • Drayke Victoria Hilpert • Patrick M. Hinea • Benjamin A. Hisel • Foster Allan Hockett III • Maaike M. Hoehner • Savannah L. Hoekstra • Matthew J. Hommel • Nicole C. Hopkins • Philip D. Howard • Kylee N. Howrey • Corey J. Hunter • Frank Q. Hunter • Ryan J. Hunter • Nhu



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Editor's note: The following list of graduating seniors was provided by the school with information available as of May 8.

Khanh Huynh • Gabrielle M. Ilenstine • Cassandra Alice Ingraham • Lucille Jabuwe • Austin Jay Jacobs • Sydney A. Jaksich • Serena T. Jensen • Jin Seok Jeon • Su S. Jeon • J Brody Johnson • Jared J. Johnson • Zoe A. Johnson • Justyn B. Jones • Lucy L. Jones • Ryan T. Jones • Makayla A. Jordan • Ian Xavier Josquin • Abram B. Juarez • Bryan S. Judge • Sophie A. Kaatz • Angela A. Kaprian • Andrew Robert Keeve • Shania L. Kelley • Payton Rae Keogh • Angela V. Khmaruk • Elijah J. Kilborn • DongGyun Kim • Danielle Raelene Kimber • Caitlin P. King • Madison G. Kinsolving • Kristen S. Kliamovich • Austyn J. Knudsen • Jesen D. Korver • Lowell T. Kovacich • Thomas Dale Kramer • Zachary K. Kreiger • Kaitlyn Lee Krogh • Kelsey Lynn Krogh • Derek A. Kuest • Jessie D. Kunz-Pfeiffer • Kelsey Laker • Madison L. Laws • Gilbert Q. Lee • Victoria Carrie Lee • Jessica Rae Leonard • Hayley Lester • Hannah N. Lester • Victoria C. Limbocker • Diane M. Linton • Joseph Michael Lloyd • Jake Loehlein • Bryce R. Logerwell • Hayley Elizabeth Long • Ashley Nicole Looper • Jennyfer K. Lopez-Rolon • Bethany R. Loy • Devan Michael Lucas • Rebecca Marie Mackay • Hunter Caden MacLeod • Monroe Lucille Madden • Briyanna Kaii Marlatt • Brandon C. Martin • Clarisa Elise Martinez • Skylar Paige Mash • Andrew Michael Matriciano • Trevor L. Matteson • Heather R. Mazza • Emily N. McCarty • Mitchell R. McCarty • Ryan Thomas McCauley

• Cassandra Irene McCord • Kelsey N. McCune • Ryann McKinley • Darien Celine McLaughlin • Michelle Carolyn Melius • Mathew D. Merrick • Justian D. Merriman • Seth Thomas Merritt • Dulce Marie Meza • Tony E. Milla • Zachary W. Millard • Awesten R. Miller • Holly A. Miller • Justin J. Miller • Amanda Carolyn Millsap • Trevor A. Mitchell • Jeffrey J. Moberg • Lindsey M. Moorhead • Aimee Elizabeth Moran • Melissa C. Morgan • Taylor Ethan Morlock • Wade N. Morrow • Courtney Ann Mosca • Brent R. Mowery • Nicole Ilene Mullins • Brittani Mari Mundell • Samuel J. Myers • Trevor Riley Naccarato • Samantha G. Nania • Miguel A. Naves • Kennedy Dean Newman • Jacob W. Nolan • Charles J. O'Malley IV • Tanya V. Oleynik • Kayline M. Olson • Christian J. Oppie • Cohl T. Orebaugh • Mara Irene Orenstein • Angel Orozco • Angelica Orozco • Colton M. Orrino • Abigail N. Osgood • Elizabeth Allison Otis • Courtney A. Owens • Shelby H. Pace • Trevor C. Paske • Jonathan Hartwell Payton • Christopher D. Peaker • Alyssa Christine Peck • Avery D. Perez • Brianna Hope Peterson • Frankie J. Petrilli • Courtney Ann Petrini • Andrew Scott Phelps • Daniel Jackson Picard • Tyler J. Pichette • Christopher M. Pittella • Hunter T. Proctor • Kallie A. Pruitt • McKenzie Lokelani Pule • Nicholas Steven Putnam • McKenzie Paige Quaintance • Chance A. Rabideaux • Gerardo Antonio Ramirez • Austin D. Rasmussen • Eugene Razmeritsa • Zachary K. Rehfeld • Jordan W. Reimer • Noah Daniel Rhodes • Tyler David Ribail • Trevor D. Richard • Carli A. Riordan • Shayne E. Riordan • Kyle L. Ritz • Nickolus R. Ritz • Ryan A. Rodriguez • Alyssa M. Rose • Joshua M. Ross • Maxim Edward Rossiyskiy • John Robert Rouse • Brandon N. Rowell • Samantha R. Russert • Christopher M. Salsbury • Jason E. Salveti • Jordan R. Sampilo • Chad R. Samuelson • Emily A. Schilb • Curtis C. Schmitz • Dennis Archie Schmitz • Kiera A. Schneider • Riley Miranda Schnell • Kaitlyn L. Schoenberg • Shelby T. Scholl • Janelle M. Schweitzer • Alyssa Scissons • Elizabeth Joy Seagrave • Austin John Seely • Jordan R. Semler • Briana U. Serrano • Nicholas B. Seubert • Nicholas Lee Shaber • David Alexander Shepard • Zachary Sherman • Victoria Ann Shoffner • Kayla Danielle Shupert • Evan Leroy Shuster • Taptej Singh Sidhu • Seneka M. Silbert • Brady Ryan Simmelink • Lauren Ann Simpson • Samantha Slinkard • Austin D. Smith • Jaimie C. Smith • Jordan Elizabeth Ann Smith • Joshua Adam Smith • Scott Ryo Smith • Katie L. Soady • Megan Ann Sommerville • Jordan Allen Sowers • Austin J. Spargur • Joshua Brian Spencer • Madilyn Paige Spooner • Kristin Standal • Michael James Stansberry • Kennady Janet Starring • Adam M. Stintzi • Abigail Rae Stolp • Quinn Kaitlyn Sweeney • Erika Vyachaslavovna Symonenko • Molly Anne Tabish • Michael A. Tadlock • Krystal V. Talafili • Carson L. Taylor • Jesse Steven Thompson-Finn • Alexander L. Thorson • Brittney L. Tinker • Sarah Danielle Torres • Landon L. Toth • Elena Townsend • Matthew B. Troxel • Dieu T. Truong • Cassandra Kaye Turnbow • Brandon M. Turner • Luke Alden Tyrrell • Jaclyn Amanda Urbanec • Tyler James Valentine • Mitchell Ryan Van Sloten • Brianna Marie Waco • Christopher L. Walker • Robyn A. Walters • Hunter J. Wardian • Margaret Maryella Watson • Malia Watson-Baldwin • Brooke Jean Wayman • Alexandra Mercedes Webb • William Emmanuel Welch • Kyle R. Wells • Marisa S. West • Calvin T. Whitman • Peter Jacob Wigen • Kayla R. Wilcox • Kaylee R. Wilhelm • Christopher Adam Williams • Bryan Michael Wilson • James T. Wilson • Tyler Wilson • Brandon M. Winkler • Jackson Ray Wollan • Hayden John Wolrehammer • Kelsi Christine Wood • Evan W. Wooden • Kyle Donald Woodlief • Briton Drew Woolf • Ciara Kristine Wyckoff • Davis M. Young • Ethan A. Young • David Niu Yuan

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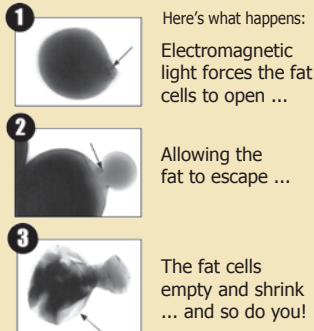
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— Helen Keller



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Splash Travels



Lane and Joni Hubbard and Maureen and Ted Brinkmeyer took The Splash with them on a recent trip to Buenos Aires, Argentina.

SUBMITTED PHOTO

A late-night sight to behold



SUBMITTED PHOTO

Jim Walsh shared a photo of the blood moon over Liberty Lake during the lunar eclipse in April.

Leaving the nest



SUBMITTED PHOTOS



Michael Hassett has been watching three owlets since the female was sitting on their eggs. The mom has coaxed all three from the nest during the past month, Michael wrote, so he took a few final shots since he wasn't sure if they would be around much longer.

Siblings show off talent



SUBMITTED PHOTO

Sam Martin, 10, recently won the children's division for the Liberty Lake Community Theatre's first Talent Show. He performed the Star Wars main theme on piano. His eight-year-old sister, Erin, also appeared in the show, singing "Let It Go" from the movie "Frozen."

Preparing to serve



SUBMITTED PHOTO

The Liberty Lake Community Tennis Association board met earlier this spring to prepare for a summer of free tennis clinics. Pictured are Larry West, Cathy Spokas, Shannon Abernathy and Kathy Whybrew.

LLRC out and about



At left: The Liberty Lake Running Club delivered flowers to community members during the April Earth Day Run.

Below: Several members of the Liberty Lake Running Club attended the Denim & Diamonds event in April that benefitted Equine TLC.



SUBMITTED PHOTOS

Math is Cool



SUBMITTED PHOTO

A team of students from Pioneer School won first place in the Math is Cool masters competition for fourth grade in the small schools division at Moses Lake May 17. The team was sponsored by ITRON of Liberty Lake. Pictured are (back row) Principal **Betty Burley-Wolf** and Coach **Chris Bachman**; (front row) **Cameron Simonds**, **Mathew Wasson**, **Seth Bachman**, **Neha Komareddy** and **Amanda Alexander**. (Liberty Lake residents are highlighted in bold.)

LOCAL LENS

Remembering those who served



SUBMITTED PHOTO

Richard Shutts sent this photo of a Memorial Day dedication near the 8th Green of MeadowWood Golf Course.

VCS students serve



SPLASH PHOTO BY TAMMY KIMBERLEY

Valley Christian students Eedy Robinson and Chantal Coyner restrain the wood on the pavilion at Pavillion Park in May. All secondary students serve throughout the area as part of their school schedule.

Remembering on Memorial Day



SPLASH PHOTOS BY HALLE SHEPHERD

Droves of people lined up at Pavillion Park for a pancake breakfast and to honor the memory of U.S. Air Force Capt. Victoria Ann Pinckney during the dedication of the second installment of the Fallen Heroes Circuit Course. The annual Memorial Day Breakfast put on by the Liberty Lake Centennial Rotary Club also recognized veterans with a short program.



Local Lens Share your snapshots for The Splash's photo page. Email photos@libertylakesplash.com with scenes from around town, community events and Splash Travels.



CALLING ALL SHUTTERBUGS...

We are looking for photos that convey what makes Liberty Lake a unique place to live for our fourth annual photography contest. Whether they capture the beautiful landscape, the bustling activities or the varying seasons, we're asking photographers to share photos that communicate the essence the community.

The winner's photo will be highlighted on the cover, and other selected images will be featured inside the 2015 Liberty Lake Community Directory. Prizes will be awarded as well, so be sure to shoot and share local photos with the Directory!

- Photographers (amateur or professional) age 16 years and older are eligible to enter.
- Deadline is September 12. Prizes will be awarded to the top three winners.
- Visit www.libertylakesplash.com for a complete set of rules.



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SUMMER

IN STYLE



SPLASH FILE PHOTO

With Pavillion Park becoming a familiar late season stop on their tour, Montana Shakespeare in the Parks will return Aug. 23 with a performance of "As You Like It."

held July 5 at 6 p.m. in Pavillion Park. FOPP President Bob Schneidmiller said that concert will include three local bands, although the group still was deciding on which performers to select at press time in May.

Michelle Griffin, city parks and recreation coordinator, said the community this year will serve up events for the entire holiday weekend, July 3-5, under the theme, "Fourth for Families."

"On July 3rd, there will be a Fallen Heroes Fun Run combined with the Liberty Lake Running Club, and there will also be a movie in the park," she said, as kick-off to the multiple events on July 4-5.

This summer, 10 outdoor movies start at dusk for audiences encouraged to bring blankets, chairs, and picnics. The Pavillion Park line-up includes "Frozen," on July 3 with sing-along (words on screen); "The Lorax," July 11; "The Spiderwick Chronicles," July 19; "Turbo," about a race-dreaming snail, July 26; "The Princess Bride," Aug. 2; "Star Trek: Into Darkness," Aug. 9; and "Brave," Aug. 29.

No shortage of recreational opportunities as spring melts into summer

By Treva Lind
SPLASH CONTRIBUTOR

As warm temperatures invite residents outdoors, Liberty Lake again hosts a bounty of summer events this year, ranging from free concerts and movies to the second annual Barefoot 3v3 Soccer Tournament & Festival.

Many volunteers and supporters will be on hand for one of the first events of summer — the start of the June 1 Windermere Marathon at Rocky Hill Park.

Families also will be beckoned outdoors to visit the farmers market each Saturday, the community yard sale June 14, several community fun runs, free tennis sessions and festivals. As a tradition for decades, the Fourth of July will bring the community together to celebrate with fanfare that starts with a noon parade at Alpine Shores followed by games, a concert in the park and fireworks over the lake.

A perennial favorite arrives with Friends of Pavillion Park presenting its 17th annual summer festival of concerts and movies, with most held at Pavillion Park, but a few events spill over to neighboring venues such as Rocky Hill and Half Moon parks.

FOPP has scheduled national touring artist Sammy Eubanks to perform as the Fourth of July headliner concert in Pavillion Park for a variety of blues, country and rock n' roll. His music is described as "soul country with a side of rockabilly blues." The Spokane band, Bakin' Phat, playing West Coast swing and "jump blues," is set to open for the Fourth's concert starting at 6 p.m.

This year, the holiday's music and celebration won't be limited to one day, however. A "Post-Fourth Music Bash" concert will be

KEY SUMMER DATES

June 1, 7 a.m.: Windermere Marathon start at Rocky Hill Park

June 14, 8 a.m. to 4 p.m.: 21st annual Liberty Lake Community Yard Sales

June 19, 6 p.m.: Celebration of Summer at the Lake fun run, Molter Road and Inlet

July 3, 6 p.m.: Fallen Heroes run, Pavillion Park

July 3, dusk: "Frozen" (with sing-along words on screen), Pavillion Park

July 4, noon: Fourth of July parade and after-party, Alpine Shores

July 4, 6 p.m.: Sammy Eubanks concert (with opening act, Bakin' Phat), Pavillion Park

July 4, approximately 10 p.m.: Fireworks display over Liberty Lake

July 5, 6 p.m.: "Post-Fourth Music Bash," Pavillion Park

July 11, dusk: "The Lorax," Pavillion Park

July 12, 8 a.m.: Liberty Lake Loop run, Pavillion Park

July 18, dusk: "Roman Holiday," Rocky Hill Park

July 19, 6 p.m.: The Mountain Men concert, Beachcombers Beach Club

July 19, dusk: "The Spiderwick Chronicles," Pavillion Park

July 25, dusk: "How to Train Your Dragon," Half Moon Park

July 26, dusk: "Turbo," Pavillion Park

Aug. 2, dusk: "The Princess Bride," Pavillion Park

Aug. 9, dusk: "Star Trek: Into Darkness," Pavillion Park

Aug. 14, 6 p.m.: Angela Marie Project concert, Rocky Hill Park

Aug. 16, dusk: "The Croods," Half Moon Park

Aug. 23, 5 p.m.: "As You Like It," Montana Shakespeare in the Parks, Pavillion Park

Aug. 29, dusk: "Brave," Pavillion Park

Aug. 30, 6 p.m.: Spokane Symphony Lud Kramer Memorial Concert, Pavillion Park

See **SUMMER**, page 37



COVER STORY



SPLASH FILE PHOTOS

Whether it's the Fourth of July Parade (left), Liberty Lake Loop (above) or Italian Festival (right), Liberty Lake is brimming with annual summer traditions. Another — the Friends of Pavillion Park Summer Festival Series — is celebrating its 17th year, highlighted in part by a free Sammy Eubanks concert on July 4.



SUMMER

Continued from page 36

Angela Marie Project playing on Aug. 14 at Rocky Hills Park, as co-hosted by the tennis and running clubs; and another pocket park concert on Aug. 1 at Alpine Shores.

Fourth parade and after-party

Dave Graham, Fourth of July parade organizer, said participants in the patriotic parade at noon should plan to line up at 10:30 a.m. in the Alpine Shores neighborhood. Each year, kids and families decorate their bikes, scooters or wagons in patriotic themes to complete the route. Parking is available on the streets around the neighborhood and at Liberty Lake Church, 704 S. Garry Road.

"There's always a lot of people here, so I encourage early arrival," Graham said. "It takes about an hour to get into place. The kids try to have their bikes, trikes, outfits

ready usually by 11 a.m., and many have to park at the church and walk down."

Immediately after the parade, games will start up and food will be available in the Alpine Shores Park area. Traditional free activities typically offer kids a chance at egg toss, water balloon toss, pie-eating contests and gunny sack races.

"We have all sorts of games and prizes in the afternoon," Graham said. "We like to have the scouts come in and do the flag salute, present the colors and sing the national anthem. Kids learn about patriotism and about our country."

The community-funded fireworks show launches around 10 p.m. from a floating dock on the lake and can be seen from Pavillion Park for the public and various private gatherings around the lake. The Liberty Lake Fireworks Fund receives donations at P.O. Box 430, Liberty Lake, said organizer Denise Coyle.

Farmers Market

Organizers say up to 50 vendors will set up on Saturdays from 9 a.m. to 1 p.m. through Oct. 11. Customers can expect to find fresh fruit, vegetables, flowers, crafts, food and live entertainment each week at the market, located at 1421 N. Meadowwood Lane.

The market also offers a few special festivals this year, extending its hours and activities. The first of these is Pies & Rides Festival, June 21-22 from 9 a.m. to 3 p.m., that includes a classic car show in the empty field east of the market behind the former Barlows restaurant location. Another special event, Art in the Market, runs into the late afternoon on Sept. 6-7.

Other happenings at the market include the July 19 Italian Festival, featuring cooking demonstrations and entertainment and following an Italian-themed movie night at Rocky Hill Park the night before, and a Sept. 20 customer appreciation day. Several new vendors have joined this season, six of

which are small farms. Some new vendors include Le Petit Jarden, KD Sweet Cob, Nothing Fancy Goat Milk Soap, Kia's Flowers and Produce, Next Level Farms, Xionsg and Spiceologist.

Barefoot Soccer 3v3

This event promises a true football experience for players who enter into different age-category contests — cleatless. The Barefoot Soccer 3v3 Tournament & Festival will

run Aug. 2-3 at Pavillion Park. Organizer William Miller said an impressive turnout is expected, drawing both families and observers who will find plenty of vendors and activities beyond the tournament.

Of course, tournament participants play barefoot using a special soccer ball made out of the same material as the famous Crocs shoes, Miller said, adding "it's called **See SUMMER, page 38**

IF YOU GO ...
LINKS TO MORE DETAILS ON SUMMER HIGHLIGHTS
 Friends of Pavillion Park Summer Festival:
www.pavillionpark.org
 Farmers Market:
www.libertylakefarmersmarket.com
 Liberty Lake Loop:
www.pavillionpark.org/liberty-lake-loop.html
 Other fun-run events:
www.facebook.com/LLRunningClub
 Tennis:
www.facebook.com/pages/Liberty-Lake-Community-Tennis-Association/115223651876295
 Barefoot Soccer 3v3 registration:
www.facebook.com/Barefoot3v3

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COMMUNITY/COVER STORY

Obituaries



Cynthia Elizabeth Crook Johnson

Cynthia Elizabeth Crook Johnson passed away on Monday, April 21, 2014, in Spokane Valley, Wash. Cindy was born on Sept. 12, 1955, in Long Beach, Calif., to parents Verlyn and Jeanne Crook. She attended Long Beach Wilson and Millikan High Schools, Long Beach City College and California State University in Long Beach.

Cindy earned her teaching credential in California and dedicated her life to her family and education. She was a kindergarten teacher at Progress Elementary for 13 years where she loved her students. She was an avid sports and athletics fan her entire life. For the last 15 years, she and her family opened their home as hosts to Spokane Indians Baseball players. She was also beloved wife, mother and teacher.

She is survived by her husband Bob, sons Brian (Brooke) and Brad Johnson and grandson Kingsley. A public memorial will be held at 3 p.m. May 31 at Progress Elementary School in Spokane Valley. In lieu of flowers, contributions can be made to Progress Elementary PTA and mailed to Progress Elementary School, 710 N. Progress Rd., Spokane Valley, WA 99037.



Rev. Melvin Raymond (Ray) Ruef

Ray Ruef, age 81, passed into the presence of his Savior Jesus Christ on May 10, 2014, at Sacred Heart Hospital surrounded by his loving family. Ray was born April 7, 1933, in Bremerton, Wash., and graduated from Bremerton High School in 1951. In 1955 he graduated from the University of Washington and then enlisted in the Army. He was stationed in Germany where he served for two years.

Ray then attended Dallas Theological Seminary, graduating in 1962. He was then commissioned as a Chaplain (1st Lieutenant) in the U.S. Army. In 1965, Ray accepted the position of pastor of the Liberty Lake Community Church where he served for 24 years. He then pastored at Deer Park Community Church for five years, followed by 12 years as Visitation Pastor and Pastor to Senior Adults at Valley Fourth Church in Spokane Valley.

Ray was a blessing to many families as he served as a minister-on-call for Thornhill Valley and Hazen Jaeger Funeral Homes. For many years, he also led tours for senior adults to locations in the U.S. and overseas. Ray served on the board of Inland Empire School of the Bible (now Moody Bible Institute), and Chairman of the Christian Workers Conference for several years.

Ray is survived by his wife, Karen; daughter Marilyn (Cliff) Neve; daughter Janice (Bryan) Olson; son, Steve (Lisa) Ruef; grandchildren Jerod, Brittany, Jordan, Tyler, Corey, Camden, Samantha, Anna, Kailley and Cheyenne; and great grandchildren Savannah, Pierce and Ryah.

A memorial service was held May 19 at Valley Fourth Church in Spokane Valley. Those wishing to make a donation in Ray's memory may do so to Valley Fourth Church.



Richard "Rick" Student

Richard "Rick" Student passed away peacefully on May 6, 2014, at the age of 79. He was born on July 25, 1934, to Dorothy Alice (Powers) and George Student in La Push, Wash.

Rick attended high school in Medford, Ore. After graduating he enlisted in the U.S. Air Force in 1954, serving with Squadron 3702 out of Lackland Air Force Base (San Antonio, Texas). Rick honorably served on active duty through 1961 with the 16th and 525th Fighter Interceptor Squadrons. Rick served in the Korean Theater; the South Pacific; Bitburg, Germany; and with the Air National Guard in Panama.

While stationed at Fairchild Air Force Base in Spokane, Rick met the love of his life and married her on July 3, 1958 at the

Sunset Chapel at Fairchild. He was married for 46 years to Elaine O. (Solberg) Student, and they had one daughter, Margo (Student) Peck.

Rick followed his dream of working with airplanes. He was employed with Boeing in Seattle from 1961 — 1964, then moved to the San Francisco Bay area where he was employed with United Airlines until his retirement on Sept. 1, 1995. After retirement Rick and Elaine moved from their California residence to Spokane to be closer to friends and family.

Rick remained an aviator at heart, a true patriot, and active supporter of the troops, and the USO all of his life. He gave all of his time and love to his family and friends. He was adored and cherished for his infectious smile, the twinkle in his eye, and his sense of humor. He was a lifelong member of the Lutheran Faith; an avid collector of Western Art, and known for his paintings.

Rick is survived by his daughter, Margo Peck and son-in-law Jeffrey Peck; two grandchildren, Andrea Peck Robins (Michael) of Wenatchee and Jonathan S. Peck of Rhode Island; and two great-grandchildren, Benjamin and Zander Robins. Rick was preceded in death by his wife, Elaine, in 2004; his parents, Dorothy and George; siblings, Shirley, Dorothy, and George II.

A Committal Service was held May 12 at the Washington State Veterans Cemetery in Medical Lake. In lieu of flowers, donations may be made to the Washington State Veterans Cemetery.

SUMMER

Continued from page 37

One World Futbol, and it is almost indestructible."

The event also will have a large bouncy castle, water slide, food booths and vendors that are soccer-related, he said. In a separate grassy area, kids can play soccer for fun while wrapped in giant inflated body-wrapping bubbles, called "bubble soccer," he said. "They bounce off each other."

Tournament registration is similar to the Hoopfest format, he said. "All you need is to get three friends together and register."

People can go online to the event's Facebook page to sign up until July 24, although certain age brackets may close earlier if 16 teams per division are signed up, Miller said.

He said this year's T-shirt sales' proceeds will support three soccer-community families faced with recent tragedies. It will benefit a fund for the family of Gracie Snider, the 10-year-old girl killed in a recent traffic accident on her way home from a soccer match, and for the recovery of her friend, Ayla James, who was seriously injured in that crash. Miller also said part of the proceeds will support a soccer scholarship fund in memory of McKenzie Mott, a Liberty

Lake resident and University High School soccer player who died along with a classmate in a Ponderosa-area accident last fall. At last year's Barefoot Soccer tournament, Mott and her team won her division.

Fit for Summer

For the fitness-minded, Liberty Lake plays host to several community running events. On June 19, the Celebration of Summer at the Lake fun run kicks off at 6 p.m. at the beach end of Molter Road. The Liberty Lake Running Club also hosts the July 3 Fallen Heroes three-mile run at 6 p.m. in Pavillion Park that will include use of two Fallen Heroes Circuit Courts, at Pavillion and Rocky Hill parks.

On July 12, participants can do the four-mile Liberty Lake Loop run starting at 8 a.m. at Pavillion Park. People should pre-registration by June 27 at www.pavillionpark.org/liberty-lake-loop.html.

Running club members also have an open invitation for people to join them at no charge any Thursday this summer, starting at 6 p.m. near Twisp Cafe, 23505 E Appleway Ave., for a weekly three-mile run or walk.

Meanwhile, the Liberty Lake Community Tennis Association is offering free clinics this summer. The open-ended instruction sessions started in May and run until Aug. 30 at Rocky Hills Park.

Tennis sessions for adults are held from 6:30 p.m. to 8 p.m. on Mondays and Thursdays, and clinics for ladies are 10:30 a.m. to noon on Tuesdays. Kids can get lessons during different age-based sessions held on Saturdays. For more information, people can contact Kathy Whybrew at kathywhybrew@msn.com, or the group also has a Facebook page.

"As the summer progresses, we usually have 15 kids at each session on Saturdays," Whybrew said. "We're a volunteer group, but it just seems to work with however many people come."

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www.libertylake.org



SPLASH PHOTO BY VALERIE PUTNAM

Work is wrapping up on the new Meadowwood Three building at the Meadowwood Technology Campus. The building is being occupied by Liberty Mutual Insurance.

New Liberty Mutual building completed

Meadowwood campus continues to expand

By Valerie Putnam
SPLASH CONTRIBUTOR

Four years ago, Meadowwood Technology Campus was empty and on the verge of bankruptcy. Santa Clara, Calif.-based Agilent Technologies vacated the property, leaving a large property with no tenants in a down market.

Greenstone Corporation recognized what looked like a problem to be an opportunity and purchased the property in 2010. Under Greenstone, the property has transformed into a corporate complex that is at full capacity and growing — having just completed a new 65,000-square-foot facility for Liberty Mutual Insurance on the south side of the 70-acre campus.

“Our success is the quality of our product that we are offering,” said Wayne Frost, managing director for Greenstone’s commercial affiliate. “In addition to that, it’s the desire and wherewithal to deliver to them what they need at a price that is palatable to them.”

On May 16, Liberty Mutual completed its move into the new Meadowwood Three building as part of its corporate expansion. According to Liberty Mutual’s senior consultant for public relations, Glenn Green-

berg, the expansion is part of the organization’s “continuing efforts to align business operations to meet the customers’ needs.”

Currently, Liberty Mutual has over 900 employees on campus with planned growth to 1,300 employees. The campus operations are predominately Personal Lines Claims and Safeco agent and customer call centers.

Prior to the new building, Liberty Mutual originally moved into the Meadowwood One building on the campus in April 2012.

“The local ownership, high-quality buildings and long-term vision for the campus attracted us to the site,” Greenberg said in an email. “Liberty Mutual is excited by the deep talent pool in the Spokane area.”

Now that Liberty Mutual has completed its transition into the new facility, interior renovations are under way, reverting previous space back into conference rooms.

Liberty Mutual was temporarily occupying multiple on-site open spaces for 10 months while the new facility was being constructed. Currently, Liberty Mutual occupies offices in the original Meadowwood One building as well as the new facility.

Providence Strategic Management Services is expanding its Meadowwood office space this summer to accommodate the relocation of one of the teams in its business automation pillar.

“The new department will be responsible for credit accounts receivable throughout the five-state Providence health and services region,” Jennifer Gilcris, Providence Health Care Media and Community Relations Coordinator said in an email. “This move will bring 46 new jobs to the area with 22 positions remaining open at this time.”

The interior renovation of the Providence offices began June 1 and the new department is expected to assume occupancy

July 15.

Three planned exterior renovations began this spring at the new Liberty Mutual facility, including painting the exterior and significant traffic changes along Mission Avenue.

According to Frost, the projects include widening Mission Avenue to accommodate turn lanes into a new Mission Street campus entrance, a new parking lot associated with the new building and installing concrete curbing and sidewalk.

Poe Asphalt is doing the estimated \$100,000 paving improvements.

Dew Drop is planting decorative landscaping around the new building with shrubs, trees and planter beds and street trees along Mission Avenue on the north side.

Exterior renovations are planned to be completed by June 1, weather permitting.

Frost said the vision of the campus is to grow as Greenstone actively seeks new tenants. With the campus at capacity, he envisions adding another building soon.

“We have a vision for a campus of offices focusing on those that either create or use high-end emerging technology,” said Frost. “It will probably be 1 million square feet of office buildings in a campus environment.”

The campus amenities include a running trail, exercise room, on-site cafeteria and conference rooms in a safe, secure environment.

In addition to Providence and Liberty Mutual, Meadowwood building tenants include Demand Energy Networks Inc., Design Source Solutions Inc., Ptera Inc. and Mountain Dog Sign Co.

Currently the 1,400 people working on the campus is anticipated to climb to 1,600 as Liberty Mutual and Providence increase staff.

In Biz

Itron expands Malta contract

Itron Inc. has expanded its contract with Malta’s Water Services Corporation (MWSC), a water provider to the Mediterranean island of Malta’s 400,000 residents and more than 1 million annual tourists.

MWSC is using Itron’s meters as an aid in increasing operational efficiency and improving customer service in the region. To date, MWSC has successfully installed 120,000 Itron smart water meters and has signed a contract for an additional 33,000.

Itron is a publicly traded international company headquartered in Liberty Lake.

STCU awards grants to teens

Spokane Teacher’s Credit Union awarded \$5,000 to area teens, including \$1,000 to students from Dishman Hills High School in the Spokane Valley, to help brighten the lives of hospitalized children, as part of STCU’s Hundred Dollar Project.

The Sandpoint High School Interact Club received the most votes, winning \$2,500 for its work of providing baby supplies to a local food bank.

A three-person team from Rogers High School received \$1,500 to help provide supplies to homeless women and children.

This is the third year for the Hundred Dollar Project, which encourages teens to “start a movement, launch an innovation, brighten a life or change the world.” Earlier this year, 35 teams of teens from Washington and Idaho submitted project ideas, and judges narrowed those down to 10 that received \$100 each.

Each of the 10 finalists were invited to report back with a video showing how they used the \$100 to do good. From April 14 through April 18, visitors to hundreddollarproject.org watched the videos and submitted more than 1,600 votes for the project they felt was most deserving of further prizes. (See the videos produced by the three winning teams at www.hundreddollarproject.org.)

With branches throughout the Inland Northwest, STCU is based in Liberty Lake.

Telect showcases products

Telect, a manufacturer of network equipment, exhibited data center equipment solutions at the Data Center World Global Conference in Las Vegas April 30 and May 1.

Telect product experts met with customers, showcasing Telect’s data center solutions including Data Center Racks, nrgSMART™ circuit-level power monitoring products, WaveTrax fiber ducting solutions, copper and fiber connectivity equipment, DC power distribution equipment, and plug-and-play, integrated Telect Power Systems.

Telect is headquartered in Liberty Lake and has manufacturing facilities in Plano, Texas, and Guadalajara, Mexico.

Consider the odds beaten

Tyler Johnson's unlikely ascension from undersized aspirant to Rookie of the Year finalist

By Mike Vlahovich
SPLASH CONTRIBUTOR

It's the witching hour, and while most 10-year-olds are tucked safely in bed, Tyler Johnson is roused from the sack at midnight and trundled into the Family Truckster for yet another eight-hour trip to the Great White North.

Johnson's implausible dream is to one day play in the National Hockey League, and his parents, Ken and Debbie, are determined to provide every opportunity.

A decade-plus later, the 23-year-old seemingly nobody wanted at even the rudimentary levels of hockey, but like the proverbial bad penny kept coming back, showed the necessary moxie. That penny proved wise investment for those who took a flyer on someone others ignored.

Thirteen years removed from those long trips to Vancouver, B.C., the Liberty Lake hockey star, Central Valley High School graduate and decorated former Spokane Chief has proved the doubters wrong. At every level from junior hockey to the NHL's Tampa Bay Lightning — where Johnson's first full year made him one of three finalists for rookie of the year and helped propel a turnaround playoff season for the Lightning — Johnson has not only succeeded, but excelled.

"He's a special guy," said Spokane Chiefs General Manager Tim Speltz, the person credited with giving Johnson his big break. "The more you are around him, the more you appreciate him.

"Johnny's story is incredible."

To wit: at 17, he was MVP of the playoffs as a rookie during the 2008 Chiefs Memorial Cup championship season. He finished his career eighth in scoring and points. His 53 goals led the Western Hockey League in 2011.

Twice he helped the United States to the IHL World Junior championships, scoring three goals and two assists in seven games, which included a starring role in an upset over Canada.

After the Chiefs, he became MVP of



PHOTO COURTESY OF GETTY IMAGES

Tampa Bay Lightning center Tyler Johnson looks up ice during a first-round NHL Playoff in April against the Montreal Canadiens. Johnson is a Liberty Lake native, Central Valley High School graduate and former Spokane Chief.

the feeder American Hockey League and was called up by the Lightning.

This year, he set the team's rookie record with 24 goals, tied for the league lead with five short-handed goals and added five power-play goals — just the second time a rookie has accomplished the double — and became a finalist for the Calder Trophy as the league's top rookie.

Last month, it was off to the World Cup International Ice Hockey Federation Men's World Championship in Belarus with the United States national team. The team made the quarterfinals, led in part by Johnson's team-leading 6 goals in eight games (he also notched 3 assists, and his 9 points were top 10 among all players in the tournament).

Harkening back to the beginning, "I'm pretty sure I had a pair of skates on when I was born," Johnson said. "It was one of those things where I was destined to play hockey."

Ken and Debbie had met playing recreational hockey. Before he was age 2, Debbie had him on skates.

"We started dating and eventually married, so you had two hockey enthusiasts I guess you would say," Ken Johnson offered. "It was pretty much out of the womb and onto the ice."

Johnson began playing locally, but his path soon became more ambitious, and at age 10 it was off to Vancouver in the wee hours for spring hockey and better competition.

Hockey had now become the family's investment. Between his various teams he was on the road to stops across Canada and the U.S.

"We spent every penny we had on travel," Ken Johnson said. "We justified it as being our vacations. You're going to spend your money somewhere, so we just spent it on hockey."

Did he envision it would lead his son to the NHL?

"Nope, nope, nope, not at all," Ken Johnson said. "I've still got to pinch myself. I always thought he was a good player, but the NHL? I would never have guessed."

The Chiefs drafted Johnson at age 14, but he later broke his shoulder and he was dropped from Spokane's protected list.

Ken and Debbie Johnson kept their options open, thinking hockey might one day be means to a college education. He tried out for the U.S. Hockey League, which feeds players to NCAA college programs, and never made it out of the first round of tryouts.

Speltz, Ken Johnson said, unlocked the door.

"Not one college recruiter came to talk to him," Ken Johnson said. "(The Chiefs) were willing to give him a legitimate chance, and that's what he needed. The rest is history."

Speltz once told Ken Johnson that scouts may doubt his son, but coaches will love him.

"I use the analogy quite a bit that scouts project, but coaches just want someone who can play," Speltz said. "Other than being smaller, he did everything. He had a very good skillset. He was a great skater, a very unselfish player who understood the game. He was just the complete package."

LOOKS LIKE HE MADE IT

This spring has been great for validating that the undersized but hardworking Tyler Johnson had found his place following a rookie season in the NHL. Among the highlights:

April 16: Johnson plays his first NHL playoff game against the Montreal Canadiens. His Tampa Bay Lightning team would go along to lose the series, but some solace was found in that the team returned to the postseason for the first time since 2011.

April 23: Johnson is named one of three finalists for the Calder Trophy, the NHL's award for Rookie of the Year, following a season where he scored a Tampa Bay-rookie-record 24 goals. The announcement of the winner will be made June 24, though Johnson is considered a longshot behind 2013 first overall draft pick Nathan MacKinnon of the Colorado Avalanche.

April 25: After the Lightning are bounced from the playoffs, Johnson becomes a late addition to the 2014 men's national team roster playing a world championship tournament in Belarus. The team would eventually make the quarterfinals behind Johnson's team-leading six goals.

May 23: The Tampa Bay Times reports that Johnson signed a three-year, \$10 million deal to keep him with the Lightning through the 2016-2017 season. In the Times article, Johnson's agent, Mark Mackay, summarized the rookie's season as "one of those years that he'll definitely remember for a long time."

At 5-foot-9, Tyler continued his skate to the NHL.

Initially, he was used as a shutdown defender versus projected NHL players in the Memorial Cup. Offense followed over the next three years. But Speltz admitted he never envisioned Johnson to be NHL caliber.

"I wasn't going to let anybody tell me otherwise," Johnson himself said of his ascent to the bigs. "Thankfully, I was able to win a few people over, and I (tried) to make the best of it. As I got older, I realized it was a hard thing to do. I'm not going to lie; I had my doubts at times."

He credits his parents' sacrifice for his success.

"Without that there was no way I could be doing what I'm doing now," he said.

He got his chance with the Lightning with a call-up toward the end of the 2012-2013 season, when high-scoring

See **ROOKIE**, page 41

SPORTS

I'll be passing through by 2:22:22



By Chad Kimberley
SPLASH COLUMN

There it is. I am publicizing the goal. I have placed a target on my back. I am laying down the gauntlet and opening myself up for failure.

This number, this consistent stream of twos, is the time I will cross the finish line in my second half-marathon.

Now, immediately several of you are laughing out loud at my ridiculously slow time I am hoping to achieve at the Windermere Half Marathon, which is on the morning of June 1. But the reality is this will still be a full minute per mile faster than last year's effort ... which should allow all of you to surmise that I am NOT A RUNNER.

But despite my deep-seated belief that I am not a runner, I have come to realize

on my near 40-year-old knees and ankles that basketball requires too many recovery days, soccer requires too many folks to play, swimming in a lake in the winter is not the smartest plan and lifting weights takes me back to my junior high days flailing about on the chin up bar and realizing that no matter how hard I swing my legs I was not going to propel myself above the bar.

By process of elimination, running (or jogging at a slightly faster pace than walking) has become my go-to event to attempt to stave off the inevitable breakdown of the few joints that still work in my body. I am competitive enough to realize if running is my only option, I better improve on my effort from last race.

So, this year I set out to achieve greater results with a better plan. I would actually follow the running script that I printed off the internet. I would get up regularly at 4:30 to 5 a.m. to make sure I get in those mid-week longer runs (which for me is anything longer than three miles). And most importantly, I would do some hill work and run in all types of weather conditions to better prepare for the actual race day conditions. My plan was foolproof.

Then I ran into a deer.

OK, I didn't literally run into a deer, but I had a showdown that caused me to rethink my plan. It was my first morning heading out around 5 a.m. when it was still dark out in the early spring. I was not more than a few blocks from my starting point when I saw a deer standing in the middle of the road up ahead of me. And he wasn't moving.

As I got close I kept assuming (foolishly) that the deer would hear me if he couldn't

see me in the dark, get spooked, and move on with his day. He wasn't moving. I slowed down. He stared at me. I came to a stop.

Suddenly, the only image that I could think about was from the movie "Tommy Boy" with Chris Farley, when the deer in the backseat wakes up and goes on a crazy rampage, tearing apart the vehicle. The scene ends with the deer standing triumphantly over the car, and for a brief second I imagined my deer nemesis pounding me to the pavement and then celebrating its victory.

I had two options: cowardice or courage. I chose courage as I slowly continued to jog toward my adversary. He flinched first and started moseying off to the side of the road. As I came parallel to him, he seemed to spook and charged back into the road toward me. I sprinted ahead. He sprinted alongside me. I sped up. He shot across the road in front of me. Finally, he found a gap between two houses and took off. I finished my run constantly looking over my shoulder expecting to see a herd of deer pursuing me.

Upon completion, I made a very important decision. It was time to get a membership at the Liberty Lake Athletic Club.

It is not just that I feared being a statistic in the Liberty Lake police blotter (deer assaults man), but I hated running in the dark, I do not enjoy jogging in the rain and honestly it is kinda boring being out by myself.

So, I headed over to the LLAC and picked up a three-month membership, which would carry me through the half-marathon. I quickly realized I loved indoor running. I found the treadmill was easier on my knees and ankles. I could control the amount of

elevation and speed with a simple push of the button. I could watch the calorie number sky upward, which kept me motivated. And, most importantly, I could watch a whole episode of SportsCenter while knocking out some miles.

I actually found heading to the club on a regular basis helped keep me inspired for race day. I enjoyed seeing the same people and waving to the few I knew. And even though I haven't talked to the others who are working hard around me, I found a sense of community that we all were pounding, pedaling or stepping out mileage at the same time. I especially loved stopping in early on the weekends when it was quiet and there was a Premier League soccer match on, which coincided nicely with two 45-minute running sessions on those particularly long Sunday runs.

Now, as I prepare to bolt off the start line in my effort for the elusive 2:22:22, I am accepting that this may not be my last race, as I previously imagined. Perhaps I will stick to this treadmill routine that I have developed. I might just go crazy and add some laps in the LLAC pool to my exercise regimen. And maybe, just maybe, I will muster up the courage to head to the weights section of the club and begin pursuit of the elusive chin-up.

And, of course, if all my semi-hard work fails miserably at the Windermere, I can always go for a new goal next year in my third attempt ... 3:33:33.

Even I could make that.

Chad Kimberley is a local teacher, coach and a resident of Liberty Lake.

ROOKIE

Continued from page 40

center Steven Stamkos was injured. There he was, facing off against players he'd idolized growing up. One was Pittsburgh Penguin superstar Sidney Crosby, who Johnson and two AHL teammates were

charged with neutralizing.

"We're all three rookies, and coach wanted us to try and shut them down," he said. "Anytime Crosby was on the ice, we jumped over the boards. That was kind of an eye-opener being out there against the best player in the world and one of the best lines in the NHL."

Undersized and in awe, but hardly in-

timidated, he gave as good as he got both offensively and defensively. As his dad put it, "I'm sure when he gets in a scuffle he just closes his eyes and hopes he comes out alive."

Johnson recalled looking at his buddies and thinking, "What are we doing here, is this what we're (meant) to do?"

The answer is "yes." The heady player

and superb skater, the longshot at every level who continually had to prove he belonged, found his home and then some.

"I'm still pinching myself," Johnson said during a visit to Spokane in early May. "There have been times when doors are going to close, and all of a sudden, another opens and it turns out to be a better door than the one before."

SPOKANEINDIANS.COM

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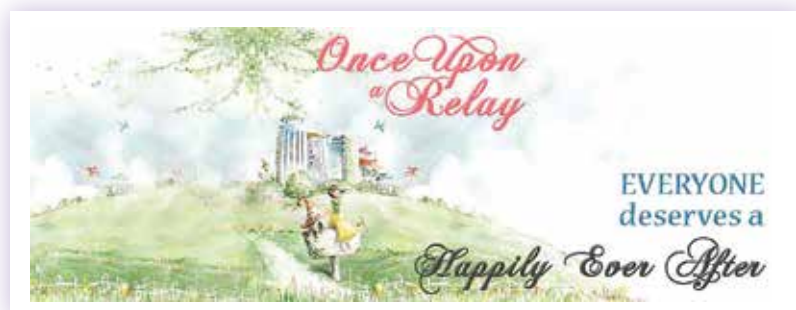
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SPORTS

CV girls win first regional track title

Bears boys soccer and track, girls softball and tennis all advanced to postseason play



By Mike Vlahovich
SPLASH CONTRIBUTOR

Prior to the start of the girls track season, Central Valley had the proverbial target on its back. But it was the Bears who hit the bullseye.

The team made a case for multi-sport athletes, who helped the team win its first 4A regional championship, scoring 140 points and qualifying for state in nine events, including titles in all three relays.

Nearly half of those berths included **Mariah Cunningham** (all-GSL basketball), who won the high jump, long jump and was integral to two relay triumphs that turned in sterling times. She high-jumped 5-foot, 4 1/2-inches, long jumped a personal record 18-5 1/4, and ran legs of the 400 and 800 meter relays. The first was a season-best 49.02 seconds and included **Savannah Hoekstra**, **Kelsey Turnbow** (both all-league soccer) and **Hailey Hawkins**. The 800 relay featured Hoekstra and Turnbow, plus **Anna Fomin**.

Hoekstra and Fomin were part of the 1,600 relay win that included 300 hurdles champion

Brielle Crump and **Hannah Reiman**.

Turnbow advanced in the 100, **Madison Hovren** (all-GSL basketball) did so in the 100 hurdles, along with freshman **Gabrielle Ford** in the 1,600.

Briton Demars, subject of an earlier Splash feature, captured the regional boys 1,600 title with a fast finish and minuscule 0.2 second victory on his way to state. His time was 4:21.41.

He was one of two region winners and state qualifiers for the Bears boys team, who nonetheless scored 140 points to finish fourth as a team in the regional.

Just a freshman, **Jakobe Ford** leapt a personal best 6-7 in the high jump to better a cluttered field of GSL standouts.

Soccer team to state

The Bears reached the first round of the state soccer tournament, losing a heart-breaker 1-0 in a match they dominated.

With only three seniors in the lineup, the Bears stunned Ferris for the district championship and Pasco in two overtimes in the regional title match, both 1-0. They lost 1-0 in a shootout against a Curtis team they dominated despite scoreless regulation and overtime.

One of the seniors, **Brock Benzel**, scored a goal and had an assist in the district and regional title matches.

CV returns 16 players, including 11 sophomores or freshmen.

Softball misses state

The Greater Spokane League champions rolled through the GSL with a 16-2 record, but they exposed flaws in the league once the Bears stepped outside.

Against Columbia Basin competition they were outscored 25-2 during regional games against Richland and Walla Walla, bringing an end to their 18-5 season, two of those losses coming to the Bombers.

Richland, with one loss during the season, won the opener 18-1 to qualify for state. Walla Walla won 7-1 to claim the other berth.

During the league season, pitcher **Carly Riordan** led the league in wins, with a 1.67 ERA, struck out 201 batters, hit .423 had led the league with 25 RBIs.

Newcomer **Shayla Vegas** was among the hits and RBI leaders.

Late surge for baseball

The Bears won seven of eight games to finish the GSL season at 9-9. They lost 5-2 to Ferris

during the district tournament. Although their efforts weren't acknowledged in Greater Spokane League statistics, **Taylor Pichette** and **Colton Peha** hit safely in two-thirds of their games, most of them with multiple knocks.

Peha had two three-hit outings and Pichette one, plus a four-hit game.

Near miss for golfer

Carly Grilley shot back-to-back 85s to miss one of six state berths by five strokes during district 4A golf. Grilley was first-alternate in case one of the Greater Spokane League qualifiers couldn't make the tournament.

Teammates **Serena Jensen** and **Seyjil Turpin** were eighth and ninth in district.

Cole Howard finished ninth for the Bears boys at 156 for two rounds with **Jake Dringle** and **Tyler Wiggin** placing 13th and 14th.

Tennis girls champs

Central Valley's girls tennis team compiled a perfect 9-0 season to continue its run of success in the GSL.

The boys finished 4-5. Neither got an individual to state.

Lacrosse ladies



SUBMITTED PHOTO

The Spokane Youth Lacrosse Royals girls team recently competed at the Ruckus @ The Reactor tournament in the Tri-Cities. The team consists of Anna Armstrong, Adeline Arpin, Adrienne Arpin, **Avery Auth**, Alex Bachman, Athena Balanzano, Destinee Bradley, Gwendolyn Carlson, Paige Davis, Sloane Goodey, Ally Jones, Alyvia Kendall, Angelina Luppelmann, Taylor Marey, Jaycee McNich, **McKenna Meyer**, Gabriella Ossello, **Kylie Roessler**, **Riley Shanks** and Megan Whitman. (Liberty Lake residents are highlighted in bold.)

Smoothies 'Best in West'



SUBMITTED PHOTO

The Emerald City Smoothies won the top 8th grade girls division during the Best in West tournament in Yakima May 9-11. They also took first in Spokane's Inland Northwest Championship in April. Pictured are (back row) Kate Sams, **Bryn Anderson**, Kalle Crouch, Amiah Routson, Bri Robinson; (front row) Hailey Christopher, **Mady Simmelink** and Abby Gennett. The team is coached by **Ron Anderson** and Jeremy Gennett. (Liberty Lake residents are highlighted in bold.)

Scoreboard

COMMUNITY GOLF

4/10 Liberty Lake Women's 9-Hole Club

First flight: Gross, Robin McKee, 48; Net (tie): Cheryl Baumker and Bette Devine, 41
Second flight: Gross (tie), Kathy Camyn, Sadie Rueckert and Vicki James, 56; Net, Polly Soderquist, 37
Third flight: Gross, Luanna Hager, 61; Net, Emma Long, 43

4/29 Liberty Lake Women's 18-Hole Club

Game of the day: Odd or even holes minus half handicap
Odd holes: Margie Tibbits, 35; Joyce Skidmore, 35.5
Even holes: Honey Conlon, 38; Cheryl Hull, 40

4/30 MeadowWood Women's 18-Hole Club

Medal Play
Gross: Suzi Stone, 83; Michelle Knowles, 84
Net: Honey Conlon, 75; Jackie Babin and Sue Meyer, 76

5/1 Liberty Lake 9-Hole Club

First flight: Gross, Robin McKee and Linda Church, 46; Net, Roxy Powell, 35
Second flight: Gross, Deanna Hauser, 53; Net, Ann Archibald, 34; Chip in #7, Deanna Hauser
Third flight: Gross, Emma Long and Luana Hager, 70; Net, Pat Reiter, 41
No Handicap: Gross, Marylou Nowels, 68

5/6 Liberty Lake Women's 18-Hole Club

Liberty Cup and Putting
Liberty Cup: Net (tie), Patsy Lynn, Cheryl Hull and Marilee Codd, 73
Putting: A Flight, Nancy Walker, 30; B Flight, Jean Hatcher, 32; C & D Flight, Marilee Codd, 32

5/7 MeadowWood Women's 18-Hole Club

Medal Play
Gross: Joyce Skidmore, 84; Suzi Stone, 87
Net: Rose Smith, 68; Cheryl Hull, 69; Lee Sonderman and Ann Eure, 71

5/8 Liberty Lake Women's 9-Hole Club

First flight: Low gross, Robin McKee, 49 and Chip-in on #5; Low net, Bette Devine, 40
Second flight: Low gross, Shirley Schoenberger and Deanna Hauser, 58; Low net, Lorraine Martin, 38
Third flight: Low gross, Luanna Hager, 65; Low net, Ann Armstrong, 39
No Handicap: Low gross, Marylou Nowels, 68

5/13 Liberty Lake Women's 18-Hole Club

Game of the Day: Honest Jane, Guess your score
First place: Carol Schultz
Second place (tie): Frances Martin, Kathleen McGaugh
Third place (tie): Ann Eure, Jody Cantrell

5/14 MeadowWood Women's 18-Hole Club

Game of the Day: Gross score minus putts and one-half Handicap
First place: Suzi Stone, 39.5
Second place: Jackie Babin, 43.5
Third place: Sue Lightfoot, 45.5
Fourth place: Sandy McLaughlin, 46

Exercise your integrity daily

By Sarah Richards
SPLASH GUEST COLUMN



I enjoy working out. The benefits are numerous, but I'll give you my top three:

1. I look and feel good.
2. I get to test my mental and physical limits.
3. I've made friends with some amazing people who inspire me.

Now you may be wondering, "What does exercise have to do with integrity?" Aside from enjoying the three aforementioned benefits, integrity, like exercise, requires consistency and alignment.

The definition of integrity, the PACE character trait for June, is "living a set of values which includes honesty, respect for others and a sense of personal responsibility." Integrity encompasses all other PACE character traits, as well as how consistently and genuinely you apply them in your own life.

Integrity is the bond made up of your beliefs, actions and words — all of which work together to build a foundation of

your character. When those three elements are in alignment, you have a sense of wholeness. When one or more of those three are out of sync, there's usually a feeling of uneasiness or unsureness, or even discordance or chaos.

Consistently tuning your integrity

Have you tried to work out when you felt "out of alignment" or haven't properly warmed up for the task? You just don't feel like you're accomplishing much. It's true for integrity too. Fortunately, you can fine-tune your integrity a lot like you can fine-tune your body.

It all begins with belief.

Frank Outlaw, founder of a southern grocery chain called Bi-Lo, said it best: "Watch your thoughts, they become words. Watch your words, they become actions. Watch your actions, they become habits. Watch your habits, they become character. Watch your character, for it becomes your destiny."

Integrity, like exercise, is an active concept.

So here's an exercise in integrity, along with some measurable results. First, write down character traits, values and beliefs you already hold, and those that you want to embody. There's magic in the written word. It's a tangible reminder of who you are and where you're going.

Next, write down the words and phrases you catch yourself saying frequently and the actions you take every day. Do your words and actions seem aligned with your beliefs, character and values? Take inventory of it, make connections, or note any disconnects.

If your words and actions don't line up with your beliefs, then perhaps you hold a different set of beliefs than what you thought. That's OK. However, it's important to be true and aligned. If you are seeking change, play "one of these things is not like the other" with your list, and embrace the antithesis of the belief, words or action that you seek to change. Rinse and repeat until your beliefs, words and actions align.

At the end of the day/month/year, check in and refer to the first benefit mentioned earlier. Do you look good to yourself and others? Do you feel good? Do others feel good about you? How well you align and exercise your integrity will help you find that answer.

Another resulting benefit is the opportunity to test your integrity's limit. There will be times when belief wavers, and situations get challenging and uncomfortable. If you can remind yourself of why you are here on this earth and how you want to be, you can see what your integrity is made of, and flex those integrity muscles. You'll remember these times always and will be stronger for it.

Lastly, but certainly not least, when you exercise your integrity, you make like-minded friends who inspire you and who help to build you and your character up.

Editorial Cartoon



Letters to the Editor

A Memorial Day tribute

Denny Pekny was a friend of mine. We used to sneak away from Sunday school at our old Midwestern church to buy penny candy across the street. Denny died in battle in Vietnam years ago, while I was stationed in Germany.

My wife, Susan, was in the old Methodist church across from ours. We later married in my same church and lived together for 41 years until she passed away from lung cancer.

As we place flowers on her grave today, I remember Denny, Susan and the many great soldiers who gave their lives for the blessings and true liberties we still have in this great country.

May we never forget how each path we take has been forged by our loved ones, friends and valiant soldiers who have given their lives so that we all may be free.

Burke Horner
Liberty Lake

Research before you eat

After having gotten sick after eating at a couple of our local restaurants I am having a tough time recommending some of

the same places listed in the "Seven Days of Lunch" article (May 2014). I spent a few years working for a large restaurant supply house in the area and got to know some of these places on a business level too.

One thing we would do when researching a potential customer was to look up their history on the Spokane Health Department web site located at <http://www.srhhd.org>. Any restaurant's history is well documented by the Health Department, and frankly it's amazing to me that many of them are allowed to continue to do business. There are several of them in our area that fail to recognize simple things like how to teach their employees to wash their hands or how to store fresh chicken or beef at the right temperature.

Companies like Taco Bell and McDonalds seem to get it. But several of our locally owned restaurants clearly don't. I hope people will get on the Health Department website and look at the history of their favorite places. And encourage those places to clean up or stop patronizing them.

Bill Kinnison
Liberty Lake

We all make decisions about integrity every day, whether we're conscious about it or not. It's deciding to "live a set of values" daily. Exercise your integrity daily, as the little day-to-day decisions you make set your

course for your destiny.

Sarah Richards is the PACE Coordinator and Public Information Specialist with the Central Valley School District, a founding PACE partner.

About the Opinion Page

The Splash opinion page is intended to be a community forum for discussing local issues. Please interact with us by sending a letter to the editor or Liberty Lake Voices guest column for consideration.

Letters to the editor of no more than 350 words or guest columns of about 700 words should be emailed to editor@libertylakesplash.com or mailed to P.O. Box 363, Liberty Lake, WA 99019. A full name and telephone number must be included for purposes of verification. A photo of the author must be taken or provided for all Liberty Lake Voices guest columns.

The Splash reserves the right to edit or reject any submission. Business complaints or endorsements will not be accepted, and political endorsement letters will only be accepted if they interact with issues of a campaign.

Views expressed in signed columns or letters do not necessarily reflect the views of this newspaper or its staff. Editorials, which appear under the heading "Splash Editorial," represent the voice of The Splash and are written by Editor/Publisher Josh Johnson.

THE Splash

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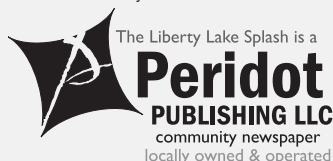
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Splash design concept by Sarah Burk

About

The Liberty Lake Splash
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The Splash is published monthly by or before the first of each month. It is distributed free of charge to every business and home in the greater Liberty Lake area. Additional copies are located at drop-off locations in Liberty Lake and Otis Orchards.



Submitted materials

Announcements, obituaries, letters to the editor and story ideas are encouraged. Submit them in writing to editor@libertylakesplash.com or bring them by The Splash office. Submissions should be received by the 15th of the month for best chance of publication in the following month's Splash.

Subscriptions

Liberty Lake residents receive a complimentary copy each month. Subscriptions for U.S. postal addresses outside of the 99019 ZIP code cost \$12 for 12 issues. Send a check and subscription address to P.O. Box 363, Liberty Lake, WA 99019. Subscriptions must be received by the 15th of the month in order for the subscription to begin with the issue printed the end of that month.

Correction policy

The Splash strives for accuracy in all content. Errors should be reported immediately to 242-7752 or by email to editor@libertylakesplash.com. Confirmed factual errors will be corrected on this page in the issue following their discovery.

Advertising information

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Advertising integrity

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COMMUNITY

EDUCATION

Continued from page 17

WSU awards scholarship

Delaney Dorsey was awarded a \$3,000 Frank and Irene Potter Memorial Scholarship by the College of Arts and Sciences at Washington State University. Students receiving this award must be majoring in liberal arts humanities.

Dorsey, who is currently listed on the President's Honor Roll, plans to graduate from WSU with a degree in political science in 2015. She is the daughter of Erin and Tom Dorsey of Liberty Lake.

Colleges honor local students

The following Liberty Lake residents were recently recognized by colleges for their recent academic performance or meeting graduation requirements. Information was provided via press releases submitted from schools.

Champlain College (Burlington, Vt.)
President's List, 4.0 GPA
Keelan Southerland

Gonzaga University
2014 Spring Commencement
Taylor Kelley, Bachelor of Arts in Sociology; Patrick McNeil, Bachelor of Business Administration in Business Administration

Seattle Pacific University (Seattle)
Dean's List, 3.5+ GPA
Taylor Anne Cline

Spokane Community College
Winter honor roll, 3.0+ GPA
Robert Allen, Allen Baker, Gregory Benzel, Amy Berg, Douglas Bowen, Rachel Butler, Kelly Campbell, Camille Clarkson, Danielle Cospser, Chris Cote, Chanse Cramer, Jeannine Crump, Brooklyn Cushman, Whitney Cushman, Jonathan Dunn, Jared Fincher, Jocelyn Labrier, Joe Long, Michael Marcus, Sean Morrison, Sara Mower, Sheena Moya, Caleb Newbill, Stephanie Ofarrell, Chad Ohl, Allie Oleynik, Randy Paul, Kevin Ruiz, Desiree Russell, Stephanie Scheurer, Haley Schwartz, Ann Welzig, Stephanie Welzig, Bridget Wharton, Curtis Zolman

Spokane Falls Community College
Winter honor roll, 3.0+ GPA
Liberty Lake: Michaela Adams, Philip Avenger, Jenna Bryant, Matthew Busch, Kara Cook, Allison Dimmler, Alyssa Garro, Samantha Avey, Trevor Cook, Mindy Curry, Stephen Ertel, Ronda Gimlen, Fay Hulihan, Aaron Kennedy, Robyn Kinsella, Christian Koch, Steven Ludington, Mike Mc Lain, Zelpha Miller, Jessica Neihoff, Victoria Olsen, Jordyn Sandford, Kendyl Spencer, Cody Tibesar, Kaitlyn Torres, Kellsey Torres, Brooke Wayman

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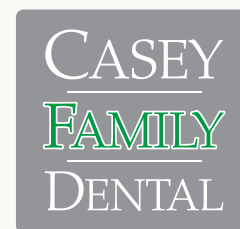
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COMMUNITY

CALENDAR

Continued from page 16

June 1 | Windermere Marathon and Half-Marathon 7 a.m. The full marathon starts in Liberty Lake, while the half marathon begins at Mirabeau Park; both end at Riverfront Park in downtown Spokane. For more: windermere-marathon.com

June 7 | Hoopfirst Basketball Tournament 9 a.m. to 6 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Cost is \$95 per team for this indoor tourney for grades 4 through 12. For more: www.hubsportscenter.org

June 16-18 | Eclipse Volleyball Camp 10 a.m. to 4 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Cost is \$95 per player and is available for ages 8 to 18. For more: www.hubsportscenter.org

June 19-21 | Camp Classics High School Basketball Tournament 8 a.m. to 10 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Starting in June and occurring throughout July, the cost is \$500 per team. For more: www.hubsportscenter.org

June 19 | LLRC beginning of summer run 6 p.m., Twisp Café & Coffee House, 23505 E. Appleway Ave. Liberty Lake Running Club meets for a three-mile run on Thursdays through October. For more: www.facebook.com/LLRunningClub

June 21 | Girls' All-State Basketball Showcase 9 a.m. to 7:30 p.m., HUB Sports

Center, 19619 E. Cataldo Ave. All-day admission for the 18th annual all-state girls basketball games is \$5 for adults and \$3 for senior citizens and children under 12. For more: www.hubsportscenter.org

June 23-25 | NBC Basketball Skills Shooting Camp 9 a.m. to 3 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Cost is \$155. For more: www.hubsportscenter.org

June 26-July 24 | 2014 Junior Golf Camps begin 10 to 11:30 a.m. on Thursdays, MeadowWood Golf Course, 24501 E. Valleyway. This camp is for ages 4 to 10, while a camp for ages 11 to 17 will be offered July 31 to Aug. 28. Cost is \$50. For more: 255-9349

June 27 | Liberty Lake Loop pre-registration due The four-mile route leaving from Pavillion Park will take place 8 a.m. July 12 followed by a kids race. Cost is \$20 with a T-shirt (\$15 without) if registered by this date. For more: www.pavillionpark.org

June 30-July 1 | NBC Basketball Skills Camp 9 a.m. to 3 p.m., HUB Sports Center, 19619 E. Cataldo Ave. Cost is \$155. For more: www.hubsportscenter.org

Recurring

Liberty Lake Community Tennis Association Rocky Hill Park. The group offers adult evening clinics 6:30 p.m. Mondays and Thursdays, kids clinics 9 and 10 a.m. Saturdays, and a ladies day 10:30 a.m. Tuesdays. Clinics will run through Aug. 30. For more: 255-9293 or larrywest2@live.com

Liberty Lake Running Club 6 p.m. Thursdays, Twisp Café & Coffee House, 23505 E. Appleway Ave. The club meets for a three-mile run weekly through October. For more: www.facebook.com/LLRunningClub

Realistic Wellness 8:30 a.m. Saturdays, Lakeside Church, 23129 E. Mission Ave. This co-ed exercise class is for all levels. For more: 210-9779

HUB Sports Center 19619 E. Cataldo Ave. Various classes, activities and events occur throughout the week including:

- *Badminton open gym: 7 to 9 p.m. Tues., \$5/person*
- *Basketball open gym: 11:45 a.m. to 1:15 p.m. Tues., \$4/person*
- *Feet to Friends walking group: 9:30 to 11 a.m. Mon. and Thurs., \$1/person*

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- *Wing Chun Kung Fu: 7 to 8:30 p.m. Tues. and Thurs. Cost varies.*
- *Zumba classes drop-in: 6 to 7 p.m. Mon.; 9 to 10 a.m. Sat.; \$3/person*

All calendar listings were provided to or gathered by Splash staff. If you would like your event considered for the community calendar, please submit information by the 15th of the month to calendar@libertylakesplash.com.

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In Ray Ruef, we learned influence is born out of love



By Josh Johnson
SPLASH STAFF COLUMN

It's said that life is simpler when you're young, but the truth is *you* are simpler when you're young.

When I was a boy, Ray Ruef was the minister in my parents' wedding photo. He was the guy making sure the eggs were hidden each Easter at the county park. He was the Wright Boulevard neighbor tasked with most of the talking at the Garry Road church. And every year around the time of the Apple Cup, he was the handler of a battery-powered stuffed husky that could do a flip when you turned it on. It was a prop he used to mock the Dawgs' common dominance over the Cougs — from the pulpit, no less! — a stunt that caused me to wonder what kept my WSU-graduate parents planted in the pews.

This was my 7-year-old perception of Pastor Ray. Three decades later, the same memories remain — but they have been deeply enriched.

I thought about this fact May 19, sitting next to my parents at a memorial service for Rev. Melvin Raymond "Ray" Ruef, who died last month at age 81. His obituary appears on page 38, and it tells of how he came to be the pastor of Liberty Lake Community Church 49 years ago. It lists myriad ways he has served the greater community since. Any stranger reading it could surmise that this was a man who made an impact.

Just *how* he made this impact, however, is what has left a lasting impression on me.

Longtime Laker Anton "Ras" Rasmussen was on the elder board that originally hired Ruef nearly half a century ago. I can recount several conversations I've had with Ras over the years where he, in his frank but humorous style, would point out that Sunday sermons were not Pastor Ray's calling card. Our modern-day culture often measures influence using barometers such as slick communication skills, social media followers and megawatt personalities. That's not influence; or if it is, it's a wa-

tered-down version of the traditional definition.

I like the way Ras described Pastor Ruef in an old Splash article:

"Ray really cares for people and has the gift of shepherding," Rasmussen said. "He helped build the church. He installed a food room for families in need. He collected clothing for people and established a fund to help people who were having hard times. He's a true pastor."

In a way, a pastor is everything a good friend should be, and Pastor Ray was certainly a good friend. He loved people. He looked for the good in people. And he was there for people. Boy, was he there.

At his memorial service, it was pointed out that Ruef officiated at approximately 1,500 funeral services and 500 weddings during a 50-year career, equivalent to about 30 funerals and 10 weddings annually.

Several people shared stories about how he comforted them during times of loss or rejoiced alongside them during times of celebration. There were stories — including one from my family — about how he was the first person at the hospital during a time of emergency or how he was a consistent visitor to the sick or the shut-in.

He loved people whether they gave to his church or even attended his church. In his words, also from a previous Splash article: "I know it was God's influence that brought me to Liberty Lake. I really got to love the people and encouraged them to love the word of God. I wanted people to know that I cared about them. I wasn't the greatest preacher, but I sure love the people of Liberty Lake."

Some say love is earned, but Pastor Ray's pattern seemed to be to love with gusto out of the gates and skip the part about measuring reciprocity. Love for him was hands-on, active and on purpose.

Rasmussen once recalled that "when (Pastor Ray) arrived in Liberty Lake, the first thing he did was help the bricklayer mix the mortar for the church."

He came to town with his sleeves rolled up, and the church he led was a true community center. The facility hosted Boy



SUBMITTED PHOTO

Ray and Karen Ruef moved to Liberty Lake in 1965. Pastor Ray passed away last month at age 81.

Scouts, Cub Scouts, Brownies, the Liberty Lake Sewer and Water District, Liberty Lake Property Owners Association, AA, was a poll site for two voting precincts — it even housed a Central Valley kindergarten class for a year when space ran short in the district's facilities.

Pastor Ray continued to invest in the community late in life. He and his wife, Karen, were mainstays at the weekly senior lunch gatherings in Liberty Lake, and he encouraged seniors of all income levels to attend the gatherings for the camaraderie.

A few years ago, I had the honor of serving alongside him as one of the founding board members of the Liberty Lake Historical Society. Heritage was important to Pastor Ray, and not just here at the lake.

He and Karen enjoyed trips through Israel and Europe tracing biblical and family history — on his former parents: "They didn't expect anything to be provided, and if they didn't have enough, they just went without." Instead of relying on slide shows and trip reports, he encouraged others to engage in similar experiences, even leading many tours for seniors to travel together.

That was typical of Pastor Ray. Despite preaching hundreds of messages, his life was about showing, not telling. Indeed, at the memorial service, person after person spoke of his profound

influence on their lives, but none of them did so by recalling a line from a Sunday sermon.

It's enough to make one introspective, a place I found myself the other day when recalling my boyhood memories of Pastor Ray. I've come to learn and appreciate that he was more than the man who officiated my parents' wedding. He was a mentor to my Mom and Dad in a way that made a profound impact on our own family heritage, spiritually as well as holistically. He didn't show up for a wedding day or a Sunday; he showed up day after day.

Pastor Ray was also more than the egg hunt coordinator; he was a man who loved Liberty Lake and believed "neighbors need to connect and take care of each other rather than living in isolation," as he and Karen once told *The Splash*.

As has been recounted, he was more than the guy who talked on Sundays at the church. He was the man who led in such a way that the church was a community sanctuary seven days a week.

Alas, I can even forgive him for being a Husky fan. He graduated from the University of Washington, after all, and he was able to develop a clever sense of humor despite such a lackluster education.

Joking aside, Pastor Ray had the ability to speak warm but candid advice without coming across as

preachy or judgmental. Some of us have been programmed to believe this isn't possible, to believe that each should be left to their own equally acceptable perspectives. Pastor Ray held humbly but firmly to ideals and beliefs he felt were meant to be shared and discussed in the proper contexts, but not privatized.

It's this definition of influence I hope to take from the life of the first pastor I ever knew. He earned the ability to touch another human life without relying on words or raw talent.

Turns out, those methods are the easy route. Pastor Ray influenced thousands of lives because he purposefully, persistently and consistently loved people. Love like that — self-sacrificing love, being-present love, work-hard-at-it love — earns one the right to speak into another human heart, often without making a sound.

I sat in the pew enough times that I've got to believe I heard Pastor Ray recite 1 John 3:18: "Dear children, let us not love with words or speech but with actions and in truth."

He probably shared the verse, but that's not how I got the message. Pastor Ray's life was his sermon.

In that respect, one would be hard-pressed to find a better preacher.

Josh Johnson is publisher of The Splash.



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