

THE Splash

LIBERTY LAKE'S COMMUNITY NEWSPAPER
JANUARY 12, 2012

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Off and running

On his first day back in office, the mayor announced plans to hire a city administrator and renew efforts to develop a vacant city lot. On day two, we asked him about this and much more. Q&A | PAGE 10

INSIDE:



A WINNING RESOLUTION

To 'live a better story,' local barista shed more than 100 pounds P. 2



TOPS IN THE STATE

CV girls team is off to undefeated start to season, No. 1 ranking P. 8

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SPLASH PHOTO BY KELLY MOORE

At left: Andy LaBolle keeps a brisk pace during a typical workout on an elliptical machine at the Liberty Lake Athletic Club. His dedicated trips to the gym have helped him shed more than 100 pounds.

Below: LaBolle poses for a family photo in 2008.



SUBMITTED PHOTO

Fit for life

Local coffee slinger shares story of 100-lb weight loss

By Kelly Moore
SPLASH STAFF WRITER

Resident Starbucks barista Andy LaBolle's weight loss started well before others started making New Year's resolutions last week. His journey to lose more than 100 pounds started about four years ago.

"I wanted to tell a better story," LaBolle said. "I think so many people allow themselves to slip into what's comfortable, but there's so much more to life."

His dramatic weight loss has come off the old-fashioned way — by eating healthier and exercising. A pleasant side effect, he said, is he's happier.

"I'm living proof that if you do something that's good news, even if it doesn't pay, people will want to know about it," LaBolle explained. "People want to be around people who are happy and energetic and willing to invite others in. I just always wanted to be that guy."

The Splash recently caught up with LaBolle after one of his shifts at the coffee spot to learn more about what keeps him going.

profiles:

ANDY LABELLE

Age
23

Currently reading:
"Irresistible Revolution" by Shane Claiborne

Hidden talent:
Beat-boxing

Favorite escape:
Yachats, Oregon

Q. How much weight have you lost?

A. I started at 330 pounds. Right now I'm at about 215. Overall, it's been very gradual, but in the last six months, I've lost 70 pounds. That's when it just clicked.

Q: How did you get to the point where you wanted to make such a big change?

A: I was probably 18 or 19 when I realized I first needed to lose weight. I've always disliked my body, not because I'm super self-conscious, I just knew I could do better.

My family was always overweight. I was allowed to be that way; it wasn't ever looked down on. We just progressively continued

See FIT, page 11

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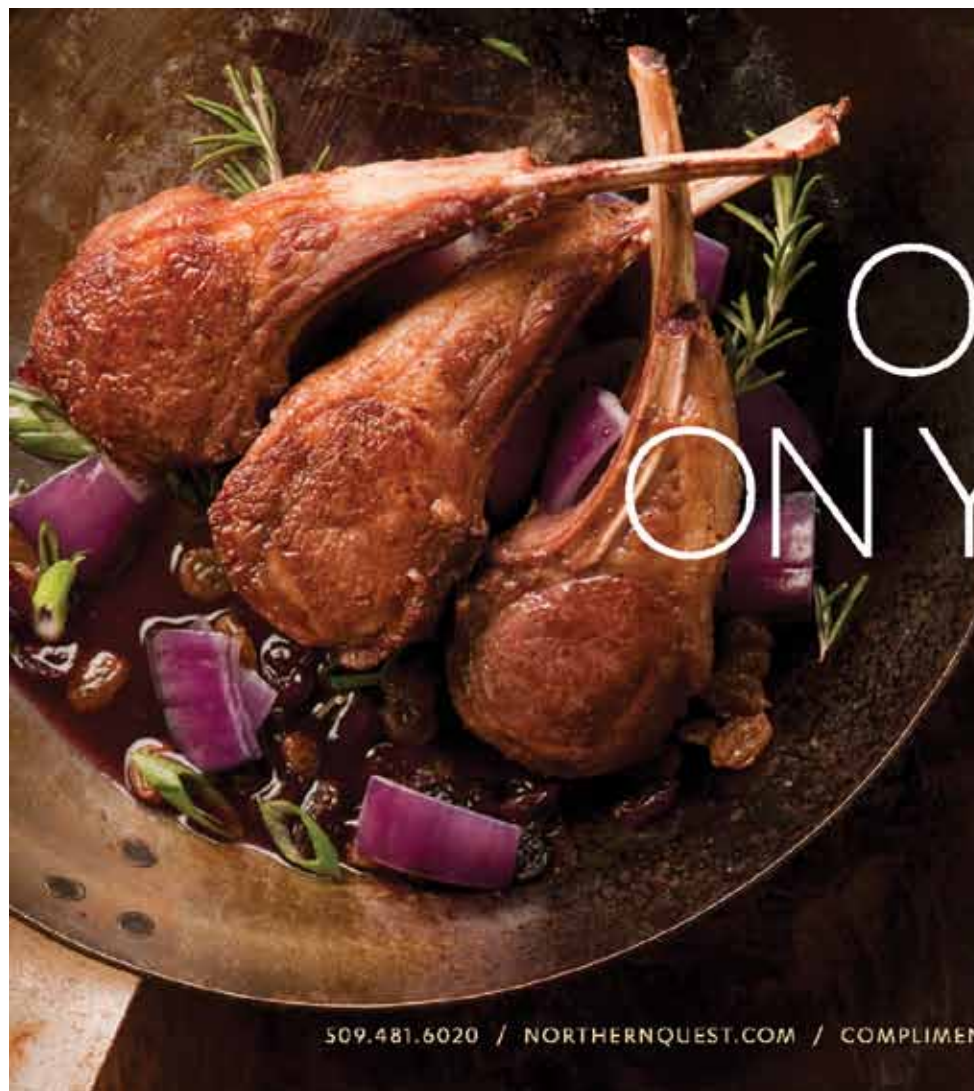
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THE Splash

Volume 14, Issue 2

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Splash photo by Kelly Moore

About

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The Splash is published weekly on Thursdays and is distributed free of charge to every business and residence in the greater Liberty Lake area. Additional copies are located at more than 100 drop-off locations in Liberty Lake and Otis Orchards.



Submitted materials

Announcements, obituaries, letters to the editor and story ideas are encouraged. Submit them in writing to editor@libertylakesplash.com or bring them by The Splash office. Timely submissions should be received by Friday at noon for best chance of publication in the following week's Splash.

Advertising information

Information about classified and display advertising is on page 14.

Subscriptions

Liberty Lake residents receive a complimentary copy each Thursday. Subscriptions for U.S. postal addresses outside of the 99019 ZIP code cost \$50 for 52 weeks and \$30 for 26 weeks. Send a check and subscription address to P.O. Box 363, Liberty Lake, WA 99019 or call 242-7752 for more information.

Correction policy

The Splash strives for accuracy in all content. Errors should be reported immediately to 242-7752 or by e-mail to editor@libertylakesplash.com. Confirmed factual errors will be corrected on this page in the issue following their discovery.

Memberships

The Splash is an award-winning member of the National Newspaper Association and Washington Newspaper Publishers Association.



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CVSD continues levy election preparation

By Kelly Moore
SPLASH STAFF WRITER

In a school board meeting Monday evening, Central Valley School District Superintendent Ben Small said the district is continuing preparations for the February levy election. The ballot measure intends to replace an expiring \$27.3 million levy with a \$27.1 million levy to fund school programs and operations.

Small told the board an informational video is available on the district's website. In addition, he's presented information to local service groups like Kiwanis and Rotary, and the efforts have gained endorsements from Greater Spokane Incorporated and the Greater Spokane Valley Chamber of Commerce.

He also said the district has provided information to district employees and will soon present a Levy Facts Forums at the following times and locations:

- Central Valley High School, 6:30 p.m. Jan. 24

- Opportunity Elementary, 6:30 p.m. Jan. 31
- Liberty Lake Elementary, 6:30 p.m. Feb. 2
- University High School, 6:30 p.m. Feb. 9

Small will also present at the Valley Chamber's Jan. 20 morning meeting, discussing the district's progress and placement on the state's Achievement Index.

School Board member Amy Mason noted the Vote Yes campaign led by district supporters will kick off today at 6:30 p.m. at The Luxury Box, 10512 E. Sprague Ave. The event is free, and anyone interesting in the levy is encouraged to attend.

In other business, Public Information Officer Melanie Rose read a proclamation declaring January as National School Board Recognition Month. The board members were thanked with gifts from each high school and cake.

"It's an honor to serve on this school board and represent the children of the Central Valley School District," Board President Debra Long said.

Community Briefs

Youth commission plans Winter Carnival at LLES

The Liberty Lake Youth Commission will host a Winter Carnival from 5-7 p.m. Jan. 24 at Liberty Lake Elementary School, an event geared toward elementary school children. Admission to the event, which supports the Liberty Lake Municipal Library, is \$3 or a book in new or gently used condition to donate to the library.

For more information on LLYC and its projects, visit www.libertylakewa.gov/youth_commission.

Pair of Saturday classes coming to library

Aspiring knitters and e-readers can benefit from a pair of Saturday classes coming this month to the Liberty Lake Municipal Library, 23123 E. Mission Ave.

A knitting class will be held Jan. 21 at 10:30 a.m. for people wanting to learn to knit, working through a problem project or just wanting to knit with fellow enthusiasts. Ongoing drop-in Saturday classes will also be held starting immediately for patrons who would like to learn more about reading

or checking out books on Kindles, Nooks, smart phones, iPads or other such devices. These classes are planned from 10:30 a.m. to noon in the quiet reading room each Saturday in January and February.

No registration is required. For more information, contact the library at 232-2510.

City accepting applications for open Council seat

The Liberty Lake City Council is accepting applications from individuals interested in serving out the remaining term for Position 6, which extends until Dec. 31, 2013. State law requires that a Council member be a resident of Liberty Lake for at least a year and a registered voter at the time of application. Applications must be delivered to City Hall by 4 p.m. Jan. 25.

Complete information on how to apply for the position can be found at www.libertylakewa.gov or at City Hall, 22710 E. Country Vista Drive. Questions may be directed to Interim City Administrator Mike Cecka at 755-6728.

Mailed applications must arrive no later than the due date or can be delivered in per-

Calendar

JANUARY 12

Noon: Liberty Lake Centennial Rotary meeting, Liberty Lake Sewer and Water Building, 22510 E. Mission Ave.

6 p.m.: Relay for Life informational meeting, Liberty Lake Municipal Library, 23123 E. Mission Ave.

JANUARY 16

11 a.m.-2 p.m.: Liberty Lake Senior Lunch Program, Liberty Lake City Hall, 22710 E. Country Vista Drive

JANUARY 17

7 p.m.: Liberty Lake City Council meeting, Liberty Lake City Hall, 22710 E. Country Vista Drive

JANUARY 18

6:45 a.m.: Liberty Lake Kiwanis meeting, Liberty Lake City Hall, 22710 E. Country Vista Drive

10:30-noon: Spokane Valley's Mindful Mamas, City Hall's Little House, 22710 E. Country Vista Blvd

11 a.m.-2 p.m.: Liberty Lake Senior Lunch Program, Liberty Lake City Hall, 22710 E. Country Vista Drive

5:45 p.m.: Liberty Lake Toastmasters, Liberty Lake Sewer and Water Building, 22510 E. Mission Ave.

7 p.m.: MeadowWood Homeowners Association meeting, Liberty Lake City Hall, 22710 E. Country Vista Drive

7 p.m.: Liberty Lake Sewer and Water District meeting, Liberty Lake Sewer and Water Building, 22510 E. Mission Ave.

JANUARY 19

Noon: Liberty Lake Centennial Rotary meeting, Liberty Lake Sewer and Water Building, 22510 E. Mission Ave.

son or faxed to 755-6713. E-mail is not an acceptable form of submission.

LL Relay for Life holding meeting

A general informational meeting about the second annual Liberty Lake Relay for Life coming this summer will be held at 6

See BRIEFS, page 11

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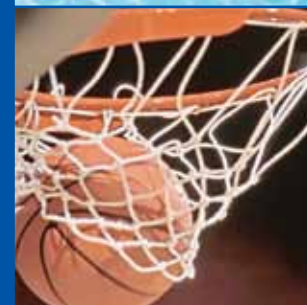
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Police close investigation of skeleton found in LL

By Kelly Moore
SPLASH STAFF WRITER

The Liberty Lake Police Department has closed its investigation regarding human skeletal remains discovered Dec. 31, identifying the man as Christopher R. Milam, 51, and concluding the death was by suicide.

Milam was reported missing from his home in Greenacres April 23, 2011. Ac-

cording to the report, he was last seen walking away from home, LLPD Chief Brian Asmus said.

"We talked to lots of family members, and everything seems to be pretty consistent," Asmus said. "He used to go to walks out there, and the space he was found was a specific place he used to go to hang out."

According to Asmus, an autopsy performed last week determined the de-

ceased died from a single gunshot wound to the chest. A bullet was recovered and the caliber matches that of a semi-automatic pistol found near the skeleton. A matching bullet casing was later recovered from the scene.

A forensic dental examination helped identify Milam.

LLPD concluded the investigation after reviewing registration information on

the handgun found at the site and conducting interviews.

The remains were discovered by a man walking his dog around 11:45 a.m. Dec. 31, near the 20000 block of Henry Road. The caller reported finding the remains on the hillside above the roadway. Detective Ray Bourgeois arrived on scene and located a clothed human skeleton that was partially concealed by rocks and brush.

Police Report

The following incidents, arrests, calls for service and citations were reported by the Liberty Lake Police Department Jan. 2-9.

Incidents and arrests

• **Credit card fraud** — At 1 p.m. Jan. 3, LLPD received report of a credit card fraud at the 1000 block of North Malvern Road. The complainant reported that Dec. 19-27, unknown suspects obtained her credit card information and fraudulently charged approximately \$800 worth of items. The transactions occurred in Texas.

• **Assault investigation** — At 7:35 p.m. Jan. 3, LLPD was dispatched to the 1300 block of North Liberty Lake Road for an assault. It was reported that a subject was "nudged" during an argument at the business. After talking to the subjects involved, it was decided that no one wanted to pursue any criminal charges.

• **Suspected trespassing** — At 11 p.m. Jan. 3, officers were dispatched to the 22000 block of East Settler Drive for a possible trespass in progress. It was reported that someone was possibly in a vacated house, and no one was supposed to be inside. Officers checked the residence, finding it secure with no signs of anyone inside the home.

• **Burglary** — A 45-year-old Newman Lake man and a 36-year-old Newman Lake man were arrested at 3:30 a.m. Jan. 4 at the 25000 block of East Hawkstone Loop for 2nd-degree burglary. An officer was dispatched to the area for a report of a possible burglary in the construction area. Upon arrival, he observed a pickup truck parked

near the construction zone and identified one of the men, who was standing next to the truck. When questioned, the man told the officer he was just picking up scrap metal in the area. While talking to the man, the officer noticed the perimeter fencing at the construction area had been pried open. The officer detained the man for further investigation, and while checking the area, he located the other man inside the fenced area attempting to hide in tall grass. He was also detained. The officer determined the men were passing pieces of metal to each other through the fence and placing them in the pickup truck. The estimated value of the material taken from the construction area was about \$1,000. Both subjects were booked into the county jail.

• **Hit and run** — At 3:30 p.m. Jan. 4, Officers were dispatched to a hit and run accident at the 21000 block of East Country Vista Drive. It was reported that a vehicle struck an occupied parked vehicle in the parking lot and then left the area. The occupant of the hit vehicle was not injured. Upon arrival at the parking lot, the suspect vehicle had returned to the scene. The driver claimed to have been unaware of striking another vehicle at the time of the incident. The officer reported minor damage to the vehicles and had the involved parties exchange information.

• **Reckless driving** — At 6:50 a.m. Jan. 3, a 37-year-old Liberty Lake man was arrested at Appleway Avenue and Signal Road for reckless driving. While driving westbound on Appleway Avenue, the officer observed

See POLICE, page 15

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AVISTA

THREE CHEERS



Cheer 1: Anthony Brommer, Central Valley Boys Basketball

Brommer, a senior, scored the game-winning basket off of an offensive rebound to give the Bears a 60-58 win over Rogers High School last Friday. Brommer led all scorers with 19 points.

Cheer 2: Brooke Galloway, Central Valley Girls Basketball

Galloway, a senior, notched another big game as she scored 25 points against

North Central in a 58-46 win, while also leading the team in scoring with 10 points as the Bears routed Rogers 69-20.

Cheer 3: Dan Schoultz, Central Valley Wrestling

Schoultz, a senior, continued his dominant wrestling in the GSL, as he picked up his fourth win of the season — all by pins — over a Ferris opponent. That pin inside the first two minutes of the match helped CV move its record to 4-1 in the GSL.

Scoreboard

BOYS BASKETBALL

Standings Team	League	Overall
Lewis and Clark	5-2	7-2
University	5-2	7-2
Central Valley	5-2	6-3
Gonzaga Prep	5-2	5-4
Ferris	4-3	6-3
Shadle Park	4-3	6-3
Rogers	3-4	4-4
North Central	2-5	2-7
Mt. Spokane	1-6	2-7
Mead	1-6	1-8

Results		
1/3 CV vs. North Central	76-52	W
1/6 CV vs. Rogers	60-58	W

North Central	2-5	2-7
Ferris	1-6	3-6
Rogers	0-8	1-8

Results		
1/3 CV vs. North Central	58-46	W
1/6 CV vs. Rogers	69-20	W

GYMNASTICS

1/4 CV vs. Mead	169.725-146.65	L
1/4 CV vs. University	154.9-146.65	L
1/4 CV vs. L&C	146.65-141.575	W

WRESTLING

Standings Team	League
Mead	5-0
University	5-0
Central Valley	4-1
Mt. Spokane	4-1
North Central	3-2
Ferris	2-3
Rogers	2-3
Shadle Park	1-4
Lewis and Clark	0-5
Gonzaga Prep	0-5

Results		
1/5 CV vs. Ferris	52-13	W

SCHEDULE

JANUARY 12
6 p.m. CV gymnastics at Mead
JANUARY 13
5:30 p.m. CV girls basketball vs. Mead
7 p.m. CV boys basketball vs. Mead
TBD CV Wrestling Rocky Mt. Tournament at Missoula Sentinel
JANUARY 14
3 p.m. CV boys basketball at Lewis & Clark
4:30 p.m. CV girls basketball at Lewis & Clark
TBD CV Wrestling Rocky Mt. Tournament at Missoula Sentinel
JANUARY 17
5:30 p.m. CV boys basketball vs. Gonzaga Prep
7 p.m. CV girls basketball vs. Gonzaga Prep
JANUARY 18
6 p.m. CV gymnastics at North Central
7 p.m. CV wrestling vs. Rogers
JANUARY 19
7 p.m. CV wrestling vs. Mead

CV girls basketball starts season undefeated

By Daymin Marrs
SPLASH CORRESPONDENT

With an undefeated season and a recent No. 1 ranking in the state by the Seattle Times, the Central Valley girls basketball team holds high expectations for this season.

"The plan for this year is to get to state and win the state championships," senior forward Brooke Galloway said.

Galloway has been averaging 20.5 points per game, and freshman post Madison Hovren has been averaging 13.8 points and 11 rebounds per game. Hovren said she got

ready for the season by going to the gym, running and playing with her club basketball team.

Galloway said she followed a similar regiment to prepare for the season and a shot at a state trophy. She was one of last year's players who saw their season come to an end in the first round of districts against Ferris.

Head Coach Freddie Rehkow said his players' hard work during the season and preparation during the offseason have helped the team be successful against other teams in the GSL.

But the No. 1 ranking brings new challenges. The target on their back has caused other teams to turn up their game when playing against CV, Rehkow said.

"Every game is hard, and teams are playing harder against us," Rehkow said.

The CV girls team next plays 5:30 p.m. Friday against Mead High School at Central Valley, 821 S. Sullivan Road, Spokane Valley. For a complete schedule, go to www.cvgsd.org/centralvalley.

CVHS Sports Roundup

Boys basketball picks up two wins

The CV boys basketball team picked up two league wins, coasting to a victory over North Central 76-52 and winning a close contest over Rogers 60-58.

Against North Central, the Bears jumped out to a 24-11 lead after the first quarter and led by 18 at the half. The Bears were led by Garrett Sawyer, who made five shots from behind the arc on his way to a game-high 19 points. Austin Rehkow contributed 12 points while also making two shots from long distance, as the Bears made a total of 10 3-pointers in the win.

Against Rogers, the Bears trailed by five at the half before rallying in the second half to take a late lead. Rogers tied it from the free throw line with 14 seconds remaining, but the Bears picked up the win in the closing seconds when Anthony Brommer rebounded an errant shot and sank the put-back for the winning basket. Brommer led the way for the Bears with 19 points, while Gaven Deyarmin chipped in 10.

Girls basketball remains perfect

The CV girls basketball team picked up two more wins to move its season record

to 9-0, defeating North Central 58-46 and Rogers 69-20 in GSL action last week.

Against North Central, the Bears opened a seven-point halftime lead before putting the game away in the third quarter, outscoring NC 15-3. The Bears were led by leading scorer Brooke Galloway, who had 25 points, and Madison Hovren, who added 15 points. Galloway and Hovren also combined to go 15-18 from the free throw line for CV.

The Bears didn't wait till the third quarter to put away Rogers, outscoring the Pirates 21-3 in the first quarter. The team had a 25-point lead at the half and coasted to an easy win. The Bears enjoyed balanced scoring, with six players between seven and 10 points, including Galloway's game-high 10 and Katie Estey with nine.

Wrestling wins dual over Ferris

The CV wrestling squad picked up a relatively easy win over Ferris 52-13 during a recent GSL dual meet. The Bears had multiple pins among 11 wins, picking up pins from Dan Schoultz at 285 pounds, Blake Beard at 120 pounds, Tyler Thelen at 132 pounds, Kolten Cole at 195 pounds and Lowell Kovacich at 220 pounds.

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Either way, The Splash wants submitted information from or about Liberty Lake residents. E-mail the information to editor@libertylakesplash.com.

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Mayor on a mission

Peterson talks shop on a long list of goals for LL

By Kelly Moore

SPLASH STAFF WRITER

Mayor Steve Peterson hit the ground running in his second stint as the elected chief executive for the city of Liberty Lake. He said his first day was spent cleaning weeds and leaves around City Hall, then “party-ing” at the City Council meeting Jan. 3.

During that meeting, he announced his intentions to fill the city administrator position. Perhaps as a surprise to many, he also announced plans to revive the plans for developing the city’s 6.4-acre lot near Greenstone’s Liberty Square Building.

Day two in office was spent catching up with department heads, building up future Council agendas and shaping the future city administrator’s job description. He said he’s building out his schedule and planning briefings with different entities of city operations.

The Splash caught up with Peterson close to the end of his second day to flesh out some of the goals he’d already made public and learn more about anything else he might have up his sleeve.

Q: Let’s start by talking about the city administrator. When did you decide you wanted to fill that position?

A: In the last month, Municipal Consultant Mike Cecka has been working on it. We knew we were going to go in this direction, so it wasn’t that I made that decision yesterday. We’ve been planning for it since I think November, when we first talked.

In December, Mike started surveying cities to get an idea of what it would cost us to have one. He also contacted cities of our size and some even a little larger than ours. They gave us their job descriptions so we could kind of meld them together.

Q: How is the job description shaping up so far?

A: I’ve learned over the last 10 years that city administration comes from two sides — finance and public works. In my talk at the City Council meeting, I mentioned we’d be focusing more on public works because I think that’s where we need our additional expertise.

That will go along with management skills. The reason I say that is because when you have a city administrator with management expertise, they can understand the engineering and technical side.

A city administrator like Arlene Fisher in Cheney, she came from a financial background (Fisher was Liberty Lake’s finance director during Peterson’s first term). They already had a strong public works program. They needed a finance and administration

person. In our case, we need human resource and administration, but I think we need to focus on public works.

Q: This kind of goes along with job description, and I know everything is still in progress, but do you have any idea or expectations as to how someone in this position would work with you?

A: I had a very interesting conversation with one of our Council members. I spent the last week or so at coffee meetings with our Council people. One of those people said, “You lead, and your city administrator will help you manage. The community is looking to you for the focus, the leadership, the vision. Then I think the success will come from helping you with management, implementation — day to day stuff.”

As we build out our job description, I’m very encouraged.

Q: Will having that position filled affect any of the existing positions in City Hall?

A: Right now it’s not scheduled to affect anything. As we go forward, we’re reviewing all the people that work here and their job descriptions. This is a two-hour discussion we just had. Things we do sometimes look like they are being added on to what we already do. Really, we can use the city administrator position to augment what we’re doing. We can help other areas become more efficient and more effective.

This person, I think, will augment what we’re currently doing and add to abilities. As we increase our abilities, we’ll be able to do more with the same people and expertise we have. It’s a different concept. It’s not someone just coming in and now I have another reporting stop. It’s about becoming more efficient, accountable, open and responsive to the public and the City Council.

Q: Regarding the 6.4 acres and your hopes to have that off the ground this year. Where is the funding going to come from?

A: It’s a capital improvement. That’s the No. 1 question we’re addressing. Mike and (Community Development Director) Doug (Smith) and I were talking about this, and (Finance Director) RJ (Stevenson’s) ears popped up. He was asking the same thing. We’re putting all that together.

Again, this is the vision. It’s already been put out to bid and designed. At that time, it came in over budget. The city had a bond election, and we didn’t get it off the ground. We’re going back and somewhat resurrecting that. The funds, the project bid package, all of this stuff needs to go to the Council. We have it on our next agenda as a workshop discussion so we can review the plans, the funding, the potential benefits. They can get their hands on this.

Q: Is there a certain amount already designated in the budget for capital improvements?



SPLASH PHOTO BY KELLY MOORE

Mayor Steve Peterson shakes hands with Spokane County Superior Court Judge Linda Tompkins after being sworn in to his new position Jan. 3.

A: Yes, we currently have about \$5 million in all the capital facilities budgets — street funds, library capital, parks. There is sufficient money available. That’s what I kept trying to hammer at City Council and at the budget sessions of last year. There’s a pot of money out there that we can utilize to do some of these projects.

One of the things the Council can discuss is what we want to have as a project — things like this and the entry to the library. We just have to take a look at what is our priority. The prioritization is what we’ll be talking about in the next six weeks or so.

At the meeting Jan. 3, I talked about getting Council members involved in community service groups. The reason being is that you get closer to the community and its needs and wants. When you’re out there filling popcorn bags at Pavillion Park, you hear a lot. People are always saying, “We need to do this, or we need to do that.”

Q: Kind of along those lines, when studying up on the history of this civic center project, I learned the city tried to float a bond for funding and it failed by a pretty significant margin. What kind of message do you take away from that?

A: Basically we went from 2007, saying let’s go for a bond in April and didn’t do anything other than the fact that we said, “Hey, we need this. Is this something you want to vote for? This is something we want to do.”

I’m a sales guy, OK. That’s not how you close a sale. There are features and benefits and this is heavy on the benefits. There was not enough prep work done for that last bond election. ... We need to do a better job. We asked them for the money without offering any matching support from our existing funds.

We bought an existing building for our library and the momentum went away from that site.

ON THE COVER

SPLASH PHOTO BY KELLY MOORE

Mayor Steve Peterson surveys the 6.4 acres owned by the city. At the Jan. 3 Council meeting, he said he hoped to break ground on a project to develop the land this year.

Q: With that in mind, do you think this development is what the public wants out of that site?

A: Again, this is all planning that needs to be updated. There’s no telling if we’d still try developing it the same way.

With that being said, I know the community is definitely behind the Farmers Market. There’s an urgency regarding the market because they need room to expand. We’ve built that market in the little parking lot from 200-400 people each weekend to almost 3,000 in attendance. The community is down there having fun. It’s a place they look to go on Saturdays.

We have the STA park-and-ride lot right there, and it overflows into that field already. They just park in the mud.

It’s a core piece of the city. When you talk about city center, this piece of land is literally right in the middle of our city.

Q: What all was included in the original plans?

A: Phase One would be what we talked about as far as the amphitheater, the band shell, parking and restrooms.

There were three pad sites available — one for a community center, one for retail and another. We could keep those pad sites in grass as opposed to weeds so that they look clean. We could sell that off if we want to, if we decide that doesn’t meet our capital facilities needs.

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PROFILES/COMMUNITY

FIT

Continued from page 2

to eat and eat and eat. As I got older, one of the things I tried to do was start cleaning up my life in general, making better life choices.

I just sort of flaked out and didn't stick with it because I used to go to a gym way out on the South Hill. I lost a little bit and I felt good, but the reason I was trying to do it was probably not healthy, and I tried to lose it so fast that I ended up practically killing myself. It was not fun.

People I've worked with through my volunteer service have always pushed me to be a better version of myself. It's like: Here's the potential you and here's you. It was never a mean thing, but they wanted the best for me.

Q: What was the turning point for you?

A: When I moved here to the Liberty Lake area, I met some really cool people in Otis Orchards who I'm good friends with now. They always talk about churchy stuff, like "oh, what's the story you're telling."

When that clicked, that's when there was a turning point for me. Not only was I getting closer to these people, but I was also growing spiritually. I just want to represent what I believe to the best of my ability and being healthy is part of that. I think the story Christ told was amazing, transformational and full of joy. How can I do that and not be healthy?

That is my motivation, and I'll say that forever. I wish I had a better answer, but that's the honest truth.

Q: Did you have any goals when you started?

A: It's not necessarily that weight-loss was the goal for me. So many people I see losing weight and they're doing great, but once that plateaus, they kind of fall off the wagon because they get discouraged. One thing I knew for me was my motivation had to be central in something bigger than weight coming on or off. If you do it for weight loss, there could be weeks when the weight doesn't come off and you could lose motivation.

The first step was to get healthy. Out of that have come so many opportunities. My family is now getting healthy. My uncle is going to start a gym membership. My friends that own a coffee shop got

excited about it and they're going to start a gym membership too. Customers that continually see me here at Starbucks have been so generous with their words. But some are also applying these things to their own lives, which is so much more than I could have ever hoped for.

Q: Was there a defining moment? What were your thoughts leading up to that first visit to the gym?

A: I realized that no one is going to make me do this. This is a decision I'm going to have to make for myself. I went to the Liberty Lake Athletic Club with a guy I work with here at Starbucks. We played basketball, and I loved it.

Q: Did you have a plan when you started?

A: I'm kind of the passion person. I'm not very good at details. I just went in there with a lot of energy and really bad running shoes and ugly clothes and didn't fit in at all. I figured I could just show up at the gym and start running.

I've met some key people who've helped me a lot. One person, his name is Chris, he works out there and his biceps are like the size of my legs. He has done dietary stuff forever at a professional level, and he's given me a lot of health tips on what to eat. Another trainer there has given me a lot of tips. I became really good friends with Grant, the owner of the gym, and he's been incredibly helpful.

I just knew that if I was being healthy in my life, the weight would come off.

Q: Is there anything you ever turn to for quick inspiration?

A: I love "The Biggest Loser." That's one of my biggest favorite motivators. It's the life transformation that I can't get enough of — people who have been allowing themselves to live at 20 percent and then they suddenly find out there's more out there. They taught me a ton. I eat a lot of Jenny-O stuff because of them. (Laughing) It's always Jennie-O turkey this and Jennie-O turkey that on the show. I have Jennie-O everywhere.

Q: Has your life changed in any other ways?

A: Well, my clothes don't fit. That's pretty cool. I can actually buy clothes at The Buckle for the first time in my entire life. Other than that, I now have the energy to do things I never would have done.

Q: Would you have any advice

for someone who may be in a situation similar to what yours was like four years ago?

A: I wish someone four years ago would have said, "You need to get healthy."

That is where true love exists very rarely, even in families. Sometimes, someone has to do what doesn't sound nice.

You have to be open to hearing something like that. I know it's not because I'm a bad person, but it's because I could be a better person. That would be my encouragement to others. Get out there and tell a good story with your life.

Q: Do you have a favorite exercise or activity?

A: I do the elliptical machine. I'm religiously on there. I work out about an hour to an hour and a half a day.

Q: Looking ahead, how do you see yourself in the future?

A: Oh my gosh, better looking, preferably. I've kind of put all my relationships as far as dating goes on the side for now because this is really a huge focus for me right now. But who knows? Hopefully I can connect there with some people. The things I look for now have changed. Now I hope to find someone who's healthy too.

I also want to do Bloomsday. I want to do that really bad. I've never done it, and I used to make fun of the Bloomies. Now I want to be one.

I'd also like to just encourage people in anyway on similar journeys. I don't know how that works out, but I want to be able to motivate people on a daily basis if I can. Not to be like "oh, I'm great," but be to like, "you're great."

Q: Well, I'm assuming you already know a lot of alumni from your favorite show, "The Biggest Loser," go on to become fitness trainers.

A: I know, right! That's what I want to do. I laugh about it, but I would really like to. I don't know how that would work out, but that would be awesome.

I lived almost 23 years of my life with half the energy I was designed to have. We're supposed to be healthy, and it's attractive because that's the way we were designed to be. More than that, I want to be able to say, "You're a good person, but here's what you could be. It's so exciting for you to get there, and I want to be a part of that."

BRIEFS

Continued from page 11

p.m. today (Jan. 12) at the Liberty Lake Municipal Library, 23123 E. Mission Ave. Interested participants are invited to attend.

For more information, call organizer Jennifer Kronvall at 242-8303 or e-mail jennifer.kronvall@cancer.org.

Mayor to speak at Kiwanis meeting

Wednesday's 6:45 a.m. meeting of the Liberty Lake Kiwanis Club will feature Mayor Steve Peterson speaking on how the city of Liberty Lake and club can work together for the betterment of the community.

The club meets weekly at City Hall, and the public is invited to attend.

Residents invited to Rotary

Today's (Jan. 12) meeting of the Liberty Lake Centennial Rotary Club will feature a presentation by Prime Fit Owner Arthur Shaw speaking on "A new you for the New Year."

The Jan. 19 meeting will feature "Fun while supporting the Spokane Symphony," a presentation by Larry Davis, president of Spokane Symphony Associates.

The meetings, held at noon each Thursday at the Liberty Lake Sewer and Water District building, 22510 E. Mission Ave., are open to the public.

For a full list of community briefs, visit www.libertylakesplash.com.

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Fighting fair is just good practice

By Holly Doering
SPLASH GUEST COLUMN



People are often angry when they call the BBB to complain. They're not always fair in how they tell the story. Like the lady who was furious that the plumber she filed a complaint against had called the police on her. We asked why he had done that. She said innocently, "I told him I would torch his van to the ground if he didn't refund my money."

Or the gentlemen who was upset because the pizza parlor wouldn't deliver to him. That doesn't sound fair, but on further inquiry he said he felt it was an invasion of his privacy to have to give them his address or phone number. (Perhaps "reasonable" would be another good character trait for the future.)

In the complaint handling process, the BBB serves as a neutral third-party between the consumer and the business. We do not take sides. Sometimes this causes heartburn for buyers who feel we should be a consumer watchdog and advocate for them even if they're trying to get something for nothing. Sometimes it angers sellers who feel we are a business organization and should always support them—even if they're wrong.

But would that be fair? No. The arena in which we really advocate for consumers is in the fraud/scam field. For almost 100 years, the BBB has vigorously attempted to warn people about cons and will continue to do so. (How unfair is it to trick someone out of their money, particularly the vulner-

able elderly or disabled?)

Whether you're a consumer or a business, marketplace ethics basically boil down to this: Treat everyone you interact with as you would a family member or friend. Don't take advantage. Don't try to get "power over." Think of conversations as part of relationships, not one-time transactions.

I can't write about "fighting fairly" without talking about the Internet. It's one thing for me to tell my mother that X Company is a bucket of pond scum. I'm just blowing off steam. (Mom probably told me not to shop there anyway! Grr...I hate it when she's right.) But is it fair to post scurrilous comments about X Company on 20 different sites? What if I make a fake website to mock them on? On the other side, is it fair for a company to do shoddy work and then refuse to fix it, threatening lawsuits? Is it fair for a company to sell coupons knowing they're going out of business? No, no, no, no.

If fairness is important to you, keep in mind that most people are just doing the best they can with what they know now. When they know better, they do better. You won't lose anything by trying to be fair, but you will lose respect by reacting with hysteria, paranoia or outright meanness.

Except for Bill Gates and Warren Buffet, we all work for somebody. We all make mistakes, most of them innocent. You wouldn't like it if a customer of yours began spewing

Working for the BBB for five years has taught me a lot about the concept of "fairness." By the way, that's the Partners Advancing Character Education (PACE) trait of the month for January.

Tiny children are concerned with the concept of "fairness" — just try giving one a smaller cookie — and even my companion animals get upset over bone size and biscuit amount if we are not careful. If I let one dog outside for just a minute and not the other, I hear about it!

If you are a person who wants to practice fairness, you must especially watch yourself when you are angry. People can win arguments by verbally hurting their partners, but what are they really winning? It's a relationship, not a game.

MAYOR

Continued from page 10

Q: Do you think it would still be part of the plan to bring the library out to this site?

A: I think Liberty Lake needs a community center. I mean, we're overrun here in this building. The Council chambers are used on a regular basis. The sewer district has a meeting room that's used on a regular basis. The library has a little room, and it's used a lot, too.

We really need a building where we can get this all together in one spot. We're going to get to a point where we say, "Why don't we just merge all of this stuff together so it's in one location?"

I don't know when that's going to happen. I don't know if it's going to happen. It's a dream.

Q: You said the Council would also be reviewing the Harvard Road Mitigation Plan at the next meeting. What exactly is that?

A: It's basically a capital list of improvements that you can ... as opposed to someone going out and doing their own traffic study and seeing if we need to put in a traffic light and then we're responsible to put in a traffic light, the mitigation draws from all new projects and put money into this plan that allows you to do capital improvements

to benefit transportation around Harvard Road. That map is needs to be updated a little bit, and then the projects and the fees need to be updated.

It's a financial tool for infrastructure.

Q: As far as the utility tax goes, in your opinion, do you think the cut down to 3 percent was far enough?

A: It met their criteria for instituting a tax in times of uncertainty to ensure we had funds available to take care of our operations and sustainability for the future. At the time, they put in a review requirement — a lot of cities don't do that. In December, they met their self-imposed obligation to do that. They adjusted accordingly and came up with 3 percent.

I talked in 2010 opposing it. I was probably one of the only ones at the Council meeting that did. I supported the Council's decision to reduce it. I think a majority of that was carried by our businesses.

I would have done it a little bit differently — I favored the option to reduce the tax to 2 percent for electric and gas, while keeping other utilities at 6 percent. I think that would have been fairer. But the Council did what it did, and it lived up to the community's expectations. The community said we trust what you say, and the Council came through.

The cure for our economic ills and money for government is growth. It's not in utility

taxes. It's in growth.

Q: You noted your stance on the utility tax when it was established in 2010. Has your perspective changed since then?

A: Again, we will seek fair and reasonable taxation. What is it the community wants? When do they want it? What are they willing to pay for it? How are we going to tax accordingly?

We're not going to overtax anyone. We don't want to put a tax in place that stifles creativity or business. At the same time, if you expect me to have a round-the-clock policeman here, and I've only got so many dollars, I've got to have some more.

Q: So do you have any goals for the tax then, or is the case closed on that subject for now?

A: We'll always discuss where our money comes from, and we're always going to look for alternative sources of funding. The utility tax says as we have a need for policing services or park services or beautification or whatever — then it has to come from a source of funding that is dependable and reliable like property tax, like sales tax and like the utility tax.

Q: I've heard rumors that you wanted to bring Arlene Fisher back. Do you have plans to hire her or anyone else we might remember?

A: (laughing) I'm nowhere near making any of those decisions, but at the Eastern

Letter to the Editor

Report card reflected CVSD's hard work

As a senior citizen in the Central Valley School District, I was very pleased to receive the published district report card, which was developed with input from citizens within our community. As we look to our individual futures, I appreciate the work of our district staff and administrators in preparing our students for their future life paths, which in turn will benefit our community at large.

CVSD continues to be one of the greatest assets within the valley.

Michael Pearson
Spokane Valley

bible about your company all over the world. So why do it to someone else?

Practicing fairness means looking beyond our natural inclination to only do good to ourselves, our close family and friends. Because we are all strangers to somebody.

Holly Doering is senior editor at the Better Business Bureau of Eastern Washington, North Idaho and Montana. She wrote this column as part of a special monthly series highlighting the PACE (Partners Advancing Character Education) character trait of the month.

Washington Mayors Association meeting, Cheney's mayor Tom Trulove leaned over to me and said, "You're not getting Arlene back."

They're very happy with Arlene, and she has a house in Cheney. She has developed a wonderful working relationship with the Council and the people out there. She's very well respected, but I don't think she's coming back to Liberty Lake.

One of the reasons the Council hired Ceka as a consultant is to come and identify our strengths and our weaknesses, the team we have in place, where we're going and what a city administrator will bring to us. We're not done with that assessment. We just started.

Q: The last thing I wanted to talk about is the human resources investigation that was completed last year. In your mind is the book closed on that issue or will we see anything else come out of that?

A: In my mind — this is Steve's philosophy — I manage by walking around. I lead from the front. If I'm doing it, I expect other people can do it. If I'm out there picking up leaves and litter, I'm thinking other people can pick up leaves and litter, too.

I'm out there asking what I can do for you, what do you need to be effective in your job, to be self-rewarded in your job. Those issues that you have that have been

See MAYOR, page 15

LL location of Rockwood Clinic opens Monday

By Kelly Moore
SPLASH STAFF WRITER

Rockwood Clinic announced plans to open a Liberty Lake clinic at 1326 N. Stanford Lane about a year ago. Those plans will come to fruition soon, with the scheduled opening day this Monday.

"We know that Liberty Lake is a growing community, and that's why we wanted to bring our services there," Rockwood spokeswoman Jill Fix said. "I really believe it's going to fill up fast."

Services offered at the 11,990-square-foot clinic include family medicine, pediatrics and physical therapy. On-site lab and radiology capabilities will also be available.

"It is an expansion of our network for sure," Fix said. "I don't know how many people we'll be hiring, because there'll be transfers from other locations, but we're definitely bringing people to Liberty Lake."

The single-level structure is the final piece of the nine-building Liberty Lake Commons development, a 10-acre office campus developed by Baker Construction and Development of Spokane.

According to Liberty Lake Commons Project Manager and Vice President of Construction Services Brandon Spackman, the Rockwood facility broke ground in late January 2011 and was initially planned to be finished in time to open last summer.

"Construction was delayed just because we had so many other projects come up," Fix said. "We had some work to do in downtown Spokane, and things just had a kind of domino effect."

"We're excited to have them out there," Spackman said when construction started. "It'll be new and exciting for everyone in Liberty Lake to have them in town."

Since breaking ground at Liberty Lake Commons, Rockwood has also taken over the urgent care facility at 1431 N. Liberty Lake Road, Suite B. Fix said the new clinic won't affect services at the urgent care facility.

Rockwood currently has 32 area locations. As the area's largest primary care provider, the clinic sees more than 110,000 patients a year and employs more than 220 physicians.

Operating hours at the new facility are Monday through Friday from 8 a.m. to 5 p.m. For more information, call 755-6760.

■ ■ ■ In Biz

WELL meets this week

The Women Executives of Liberty Lake (WELL) will hold its monthly meeting Friday at the Liberty Lake Water and Sewer District building, 22510 E. Mission Ave. Members and guests are welcome at 12:45 p.m. for networking and the meeting at 1 p.m.

The program will feature guest speaker Alicia Burgett, a Heritage Makers consultant. She will discuss ways to preserve holiday memories through scrap booking.

Members are encouraged to bring friends and business associates who may benefit from the presentation.

The event is free. For more information, visit www.well99019.webs.com.

Inland Imaging offers free mammograms

Inland Imaging will offer free screening mammograms to women from 7 a.m. to 6 p.m.

Jan. 20. To sign up for the free screening, women should stop by any Inland Imaging mammography center prior to Jan. 20 to obtain a coupon and schedule a time for a the screening.

Any woman over age 40 who is uninsured, underinsured or has a high deductible and who is interested in getting a screening mammogram must have a referring physician to whom we can send the results of the exam. A screening mammogram is done for women who have no known breast health issue.

While signing up can be done at Inland Imaging's Liberty Lake location, the nearest participating Jan. 20 screening location is at 12420 E. Mission Ave. in Spokane Valley.

For more information, visit www.every-womancan.org or call 509-455-4455.

Chamber award finalists announced

The Valley Chamber officially announced the finalists for Awards of Excellence for 2011.

Liberty Lake finalists include Liberty Lake Physical Therapy for Medium Business of the Year and Splash Publisher Josh Johnson for Chamber Member Volunteer of the Year.

An awards committee, made up of former

recipients, has reviewed the nominations to choose three finalists in each category. Other categories include Small Business of the Year, Large Business of the Year, Non-Profit of the Year and Community Caring Award.

The winner in each category for the Awards of Excellence will be announced at the Gem of the Valley Gala 6 p.m. Jan. 28 at the Mirabeau Park Hotel. Individual tickets for the event are \$50, and the evening includes a silent auction, dinner and dancing.

For more information and ticket reservations, visit www.spokanevalleychamber.org.

Quiznos holds Relay For Life fundraiser

For the rest of January, the Liberty Lake Quiznos will be partnering with the local Relay For Life to raise money for the American Cancer Society.

For the fundraiser, the store will donate 20 percent of its sales from anyone who orders and says they are with the Liberty Lake Relay For Life. The promotion applies to dining in, take out, pick up, catering and online orders.

For more information or questions, call Jennifer Kronvall at 242-8303.

Business rosters process streamlined

Liberty Lake businesses can now register to become eligible for small- to medium-sized public works project notifications from local governments — including the city of Liberty Lake — in one location. A free application is available in the Municipal Research and Services Center of Washington (MRSC) Rosters database, allowing registration with multiple agencies in Spokane County or throughout Washington state.

Traditionally, a business needed to complete separate, yet identical, applications for each public agency they would like to work with.

The streamlined application process can be found at www.mrscrosters.org. For more information, please contact MRSC Rosters Manager Ellen Hutchinson at 206-625-1300 or e-mail at ejh@mrsc.org.

In Biz features Liberty Lake-connected business items. Contact The Splash with business news at editor@libertylakesplash.com.

Introducing a knitting class at the Library



Starting Saturday, Jan. 21 • 10:30 a.m.

Liberty Lake Municipal Library is offering a new knitting class beginning Saturday, January 21 at 10:30 for anyone who would like to learn to knit, for those with a problem project, or for those who would like to knit with fellow enthusiasts.

www.libertylakewa.gov/library 23123 E. Mission Ave. Liberty Lake

Connect
your
business
to Valley
consumers



The Current,
a new monthly
publication
serving the entire
Spokane Valley area,

**debuts on
January 26th**

Created to visually draw
in readers with our
award-winning design
services, let us help you
fine-tune your message
for maximum impact!

- Highly accessible
- Unapologetically local
- Committed to excellence

the **Current**
A VALLEY-WIDE COMMUNITY NEWSMONTHLY

About 8,000 free copies will be distributed to over 150 high-traffic locations in Spokane Valley, Liberty Lake, Millwood, Otis Orchards, Newman Lake and Rockford.

**Guaranteed
ad reservation
deadline is Tuesday,
January 17th**

Call for more details or to
schedule your ads today!

509-242-7752

advertise@libertylakesplash.com

www.libertylakesplash.com

Peridot
PUBLISHING LLC

"Informing, connecting and
inspiring communities"

Advertising deadlines

In order to be considered for the following Thursday's Splash:

- CLASSIFIED ADS must be received by noon Monday.
- DISPLAY AD COPY must be received by noon Friday.
- DISPLAY ADS (CAMERA-READY) must be received by noon Monday.
- INSERTS must be received at least 9 days in advance.
- LEGAL ADS must be received by noon Monday.

Placing classifieds

Classifieds must be placed online at www.libertylakesplash.com or in person at 2310 N. Molter Road, Suite 305. Ads are not accepted by phone, e-mail, fax or postal mail.

Advertising inquiries

Display, insert or legal ad inquiries can be made by phone at 242-7752 or e-mail at advertise@libertylakesplash.com.

Advertising integrity

Inaccurate or deceptive advertising is never knowingly accepted. Complaints about advertisers should be made in writing to the Better Business Bureau and to advertise@libertylakesplash.com. The Splash is not responsible for the content of or claims made in ads.

BULLETIN BOARD

Liberty Lake Church now has a food bank. If you have needs or know someone who does, call Julie, 255-6266.

EVENTS

Acrylic on canvas art workshop for kids (ages 5+) at The Art Chalet, Monday, Jan 16 from 10-12:30pm. (\$28) plus \$5 for canvas. Call 255-9600 or go to www.theartchalet.com. Theme: 'your choice'.

Adult and teen oil and acrylic workshop Saturday, Jan. 14 at The Art Chalet. 1-3:30pm. Acrylic: \$35. Oil: \$40. Call 255-9600 or go to www.theartchalet.com.

FOR RENT

22914 E Settler Dr - 5-bed, 3-bath, beautiful family

home, great location, huge yard, 3-car garage. 509-385-1303 or 509-999-6116. Available immediately.

23319 E. Maxwell 4-bed, 2-bath, greatroom, gas heat, 2 car garage with opener. Great Location, no smoking. \$1150/mo. 475-1857.

Beach Club available! Duplex one block from the lake, new dishwasher and range, storage 3-bedrooms one bath washer and dryer, no pets or smoking allowed. \$785, 499-3101.

LAKEFRONT CONDO

\$875, 2-story 2-bed, 1.5 bath, garage, patio & pool! W/D hookups, new paint and upgrades. Call 509-954-3316.

Quiet 1-bedroom, 1-bath apt. in triplex. Close to lake, quiet neighborhood. Deposit required, 255-6050.

FURNITURE

Beautiful Entertainment Center. 3-piece unit, lots of storage, built-in outlets. 89" w x 80" h x 22" d. Originally purchased at Ennis Furniture for over \$3000. Asking \$650, 509-255-6510.

Perfect twin size bed for a child that likes trains, comes with mattress and sheets. Can provide photos and dimensions upon request via e-mail. \$200, 509-255-9618.

White Maytag refrigerator, 21 cubic feet, working condition. \$50, you haul, 509-255-9618.

MISC. FOR SALE

FOUR USED STUDDED TIRES mounted on steel rims. Tire size 245/70/16; fits Jeep Cherokee. \$125. Call 255-6286.

Girls clothing! Starting our spring cleaning, girls clothing newborn-4t. Nice brand name clothing, used for one girl, well taken care of. Blankets, toddler bed, misc. Call 509-723-3604.

Nordic Flex total gym workout system. Excellent condition, just used a few times, \$100. Call 509-255-6196.

Panasonic commercial quality heavy duty shredder machine with built in cabinet. Perfect for office or home, excellent condition, \$60. Call 509-255-6196.

PETS

Adorable! Mini Schnauzer puppies AKC registered. Ready to be a part of your family! 3 females, 2 males, black and black/silver. Tails, dewes and first shots done. Call Kim for more info, 509-230-2661.

REAL ESTATE

Awesome 3-bd/2-ba MFH in the coveted 55+ Sandy Beach community. Gfa/cac, all updated. Huge master suite w/ private deck. Views! Beach access. \$99,500. Call Bonnie today for more information, 509-868-4755.

BEST BUY IN LIBERTY LAKE 5000 SQ FT 5-BR 4-BA. Best house on Trailhead Golf Course. Entertainers delight. See to believe. Won't last at \$369K. Agent, 208-704-5400.

JUST LISTED!!

ACROSS ROCKY HILL PARK! 24979 E Ludlow-3,351 sq/ft, fully finished 2-story, great functional layout, walk across the street to Rocky Hill Park, full landscaping and fence huge master suite, there's a long list of high-end features, you'll love this one! \$359,900. Call Brad 509-710-2024 or view online at boswellhomes.com, RE/MAX of Spokane.

ROCKY HILL 4-LEVEL

COMPARE TO NEW! 1679 N Carson Range in Rocky Hill. A stunning 4-br/3-bath home w/ 3-car gar, built in '06, fully landscaped, fenced b/y, and better than new condition! Only \$259,900! Call Brad Boswell, 509-710-2024, and at boswellhomes.com. RE/MAX of Spokane.

SERVICES

A-1 WHITE DUSTER Housecleaning, give yourself a treat and have your house cleaned. Reliable, trustworthy and reasonable rates. Weekly and bi-weekly. Please call Jamie at 509-892-3594 or cell 208-661-5535.

AIRPORT TRANSPORTATION

Liberty Lake to Spokane Airport (GEG) \$40 cash/\$45 credit, we accept all credit cards, reservations encouraged, 509-270-3115, Tom's Taxi.

BEFORE/AFTER SCHOOL CARE

Provided by licensed in home daycare located in Liberty Lake. Homework time and help everyday. Care available for spring break and summer too! Contact Jamie, 499-9141.

Home repairs, large or small. Minor plumbing, fences, bathroom remodels and more. References available. Let me finish your "honey-do's", 869-3062. Paulman Services, Paulms*991bt.

PIANO, VIOLIN, & CLARINET

Masters of Music teacher in Post Falls studio offers fun Suzuki style classes for children ages 4 and up in piano, violin, and clarinet. Affordable rates! Call 208-818-8289 or go to www.joyfulnoisefun.com.

SNOW REMOVAL

SNOW REMOVAL/DE-ICING. We do snow plowing/removal/de-icing for commercial and residential. Please call for a free estimate. Licensed & bonded. Call C.J. at Organic Micro-cut, 509-863-8894.

YOU'VE GOT IT "MAID" Licensed, bonded & insured. I am honest, reliable and take pride in what I do. I have great references and competitive rates. Please call Gail, 509-385-1008.

WANTED

Help I am looking for a working Gateway MX3414 laptop. Please email replies to bigdtrucker99019@lycos.com.

Wanted: any old or broken animated Christmas deer decorations. Will haul away for free, 922-6304.

STATEWIDE

REACH 2.7 MILLION READERS: The Splash participates in a statewide classified ad program that allows classified advertisers to submit ads for publication in more than 130 community publications throughout Washington. \$255 buys 1,180,746 circulation and 2,715,700 readers. For more information, contact Josh Johnson at 242-7752 or josh@libertylakesplash.com.

EDUCATION

ALLIED HEALTH career training - Attend college 100% online. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 800-481-9409. www.CenturaOnline.com.

EARN COLLEGE degree online. Medical, Business, Criminal Justice. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 866-483-4429, www.CenturaOnline.com.

EVENTS-FESTIVALS

ANNOUNCE your festival for only pennies. Four weeks to 2.7 million readers statewide for about \$1,000. Call Josh at The Splash at 242-7752 or 1-206-634-3838 for more details.

FINANCIAL

LOCAL PRIVATE INVESTOR loans money on real estate equity. I loan on houses, raw land, commercial property and property development. Call Eric at 800-563-3005, www.fossmortgage.com.

\$500 LOAN service. No credit refused. Fast and secure. Easy on the budget. Payments spread out over three months. Toll free: 1-855-626-4373, LoanHere.com.

FOR SALE

SAWMILLS from only \$3997 - make and save money with your own bandmill. Cut lumber any dimension. In stock ready to ship free info/DVD: www.NorwoodSawmills.com, 1-800-578-1363 Ext. 300N.

HELP WANTED

DRIVER - Weekly home time. Dry and refrigerated. Daily pay! Local orientation. Newer trucks. CDL-A, 3 months current OTR experience. 800-414-9569, www.driveknight.com.

DRIVERS - Company - Lease - Work for us or let us work for you. Unbeatable career opportunities. Trainee. Company driver. Lease Operator earn up to \$51K. Lease Trainers earn up to \$80K. 877-369-7105, www.centraldrivingjobs.net.

LEGAL SERVICES

DIVORCE \$135. \$165 with children. No court appearances. Complete preparation. Includes, custody, support, property division and bills. BBB member. 503-772-5295, www.paralegalalternatives.com, divorce@usa.com.

ADVERTISING SPECIAL OF THE MONTH

THE Splash | *the Current*

IN JANUARY, BUY ONE AD, GET A SECOND AD

60% OFF

Quarter page size ad or larger in The Splash or The Current

Splash Issues: Jan. 5, 12, 19, 26 | Current Issue: Jan. 26

Design services included. Mention special to receive discount. Ads must be same size. Cannot be combined with other offer or discount. Some restrictions may apply. Call for details.

Call to schedule your ads today! (509) 242-7752

THE Splash

Index of advertisers

Delivered free to every business and residence in the greater Liberty Lake area, The Splash is possible because of its advertisers. Following are the local advertisers in this week's Splash. Please consider them when offering your patronage.

Avista	7	Healthy Living Liberty Lake	9	Salon Capello	6
Chalpin Fitness	3	Inland Imaging	5	Simonds Dental Group	3
Chamberlain, Dr. Dan	2	Lakeside Vision PLLC	3	Sleep City	9
Chocolate & Champagne Gala	2	Liberty Lake Athletic Club	5	Spokane Chiefs	8
City of Liberty Lake - Library	7	Liberty Lake Family & Sports Medicine	5	Spokane Valley Cosmetic Laser Center	11
City of Liberty Lake - Library	13	Liberty Lake Sewer & Water District	4	The Mat	6
Dosha Salon & Spa	2	Mercedes-Benz	16	The Tin Roof	Inserts
Flex Ability Fitness, Tracy Carter	9	Northern Quest Resort & Casino	3	Valley Young People's Clinic	9
Good Samaritan Society Spokane Valley	9	Numerica Credit Union	6		

NEWS/COVER STORY

POLICE

Continued from page 7

the defendant use the center turn lane to pass a line of vehicles, while traveling 54 mph in the 35-mph zone. The officer noted the road conditions were icy, and traffic was heavy.

After passing several vehicles, including the police officer, the suspect vehicle pulled back into the westbound lane of travel and continued to accelerate. The officer stopped the vehicle. The driver said he was late for work.

• **Burglary** — A 48-year-old transient man was arrested at 3:30 p.m. Jan. 4 for residential burglary. LLPD was requested to assist the Spokane County Sheriff's Office with a residential burglary at the 23800 block of East Clearwater Lane. The suspect reportedly broke into the residence and was confronted by the homeowner. The suspect then fled the area on foot, but the complainant provided description of the suspect to officers. While checking the area, an LLPD officer saw a person matching the suspect description sitting between apartment buildings at the 23300 block of Inlet Drive. The officer detained the subject, who was later identified as the subject involved in the burglary. The suspect was turned over to Sheriff's deputies and booked into jail.

• **Suspended license** — A 47-year-old Spokane man was arrested at 4 p.m. Jan. 5 for driving with a suspended license. The

vehicle was initially stopped for expired registration.

• **Suspended license** — A 30-year-old Otis Orchards man was arrested at 10:30 p.m. Jan. 5 at Harvard Road and Euclid Avenue for driving with a suspended license. The vehicle was initially stopped for an equipment violation.

• **Suspended license** — A 28-year-old Otis Orchards woman was arrested at 8:35 a.m. Jan. 6 at Liberty Lake Road and Appleway Avenue for driving with a suspended license.

• **Suspended license** — A 25-year-old Liberty Lake man was arrested at 6 p.m. Jan. 6 at Appleway Avenue and Molter Road for driving with a suspended license. The vehicle was initially stopped for an equipment violation.

• **False alarm** — At 7:30 a.m. Jan. 8, LLPD was dispatched to Safeway, 1233 N. Liberty Lake Road, for a commercial alarm. During the investigation, officers deter-

mined the alarm was false.

• **Shooting in prohibited area** — At 3 p.m. Jan. 8, LLPD was dispatched to the area of Country Vista Drive and Henry Road for a report of several people shooting shotguns in the area. The officer contacted several subjects, who were advised they were shooting in a no-shooting area.

• **False alarm** — At 5 a.m. Jan. 8, LLPD was dispatched to a commercial alarm at George Gee Automotive, 21502 E. George Gee Ave. While checking the business, officers located an open door on the side of the building. Officer's checked inside and cleared the building. The open door appeared to be an oversight.

• **Credit card fraud** — At 5:45 p.m. Jan. 7, LLPD received report of credit card fraud at the 20000 block of East Augusta Court. The complainant reported unknown suspects had fraudulently used his credit card to make purchases in British Columbia and Waterbury, Conn.

Calls for service

Agency assist	1
Alarm	2
Citizen assist	1
Citizen dispute	1
Fraud	1
Lost or found property	1
Not classified	2
Suspicion	2
Theft, property	1
Traffic accident	1
Traffic offense	6
Not defined	1

Citations

Licenses and plates required	1
Driving while license suspended	5
Liability insurance	4
Driving without lights	1
Defective muffler	2
Failure to stop at stop sign	2
Speeding	6
Reckless driving	1
Failure to wear safety belt	2

MAYOR

Continued from page 12

here in the past go away.

If we have an issue with human resources, the city administrator and I take care of it. That will be one of the things in the city administrator's job description. Personnel policies will also be up for Council discussion sometime soon.

Q: To your knowledge, do you know if there are any liabilities hanging from previous personnel actions?

A: I have no idea. I couldn't tell you. I know we have a meeting scheduled with Canfield, our insurer. We meet with them on an annual basis. Those are briefings that are scheduled but haven't taken place yet.

Q: Well that's all I had to talk about unless you had anything you wanted to add.

A: Oh, I'm pretty talked out for the day. I've hit the ground running, and I'm still getting up to speed on everything (laughing). The party's back.

The next Council meeting will be held 7 p.m. Tuesday. Likely discussions include Council committee and Mayor Pro Tem appointments, a review of the capital facilities plan and a review of the Harvard Road Mitigation Plan.

King Crossword

ACROSS

- 1 Con game
- 5 Not-so-tall tale
- 8 Front projection
- 12 Needing a cane
- 13 Earlier than
- 14 Hold sway
- 15 Intl. cartel
- 16 Actress Gardner
- 17 Elevator name
- 18 Railyard sight
- 20 Result
- 22 Every last bit
- 23 15-Across' product
- 24 Gulleets
- 27 And so on
- 32 — Beta Kappa
- 33 Vast expanse
- 34 Blue
- 35 Unrelenting pest
- 38 Snakes
- 39 Storm center
- 40 Keyboard abbr.
- 42 Take out of context?
- 45 Small yellow fruit used in preserves
- 49 Vicinity
- 50 "Hail!"
- 52 Loosen

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16			17			
18				19		20	21			
			22				23			
24	25	26		27	28	29			30	31
32				33				34		
35			36	37				38		
		39				40	41			
42	43			44		45		46	47	48
49				50	51			52		
53				54				55		
56				57				58		

- 53 Optimistic
- 54 Family member
- 55 Particular
- 56 Being, to Brutus
- 57 "Of course"
- 58 "Piggies"
- 59 who part nered with Burt Baskin
- 60 Negligent
- 61 Knock
- 62 Billboards
- 63 Sailor's assent
- 64 Toaster's word
- 65 Cruel
- 66 Medley
- 67 Into the sunset
- 68 Mr. Pacino
- 69 "Ulalume" writer
- 70 Speedometer stat
- 71 "Caught ya!"
- 72 Brit's radio
- 73 Ball-bearing gizmo
- 74 Therefore
- 75 Challenge
- 76 Love deity
- 77 Uncomplicated
- 78 "Do — others ..."
- 79 "Zip- - Doo-Dah"
- 80 — River, NJ
- 81 Struggle (for)

DOWN

- 1 Messy guy
- 2 Mafia bigwig
- 3 MasterCard alternative, briefly
- 4 Gathering places
- 5 Intrepid
- 6 Mr. Robbins

Weekly SUDOKU

by Linda Thistle

	3		5				2	
		6		9		1		
5					8			6
		7		3			1	
6			7			9		
	8		9		2			3
		2			5	8		
	1			8				5
7			4					3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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7	5	8	4	2	6	9	3	1
4	1	6	8	3	2	7	5	9
3	9	7	4	2	6	5	8	1
6	4	3	7	5	1	9	8	2
2	9	7	8	3	6	5	1	4
5	7	4	2	1	8	3	9	6
8	2	6	3	9	4	1	5	7
9	3	1	5	6	7	4	2	8

Solution time: 25 mins.
Answers

Answer

Spokane
Mercedes-Benz

Your Liberty Lake Mercedes-Benz Dealer

This Week's Manager Selected Used Specials



'99 CHRYSLER 300M
XH825254

\$5,997



'99 MERCEDES-BENZ
C CLASS
XA187789

\$5,997



'00 VOLVO ES330
Y2731299

\$6,997



'06 KIA SPECTRA
6527007

\$7,997



'04 TOYOTA CAMRY
4U798110

\$8,997



'00 DODGE DAKOTA
YS618470

\$10,997



'06 SCION TC
60113557

\$10,997



'07 HONDA ACCORD
7A113651

\$12,997

We Service All Makes And Models

OIL CHANGE

■ Any make, any model*

\$19⁹⁵

*Expires 1/31/12. Coupon has no cash value. Must present at time of service. Up to 5 quarts of conventional oil. Excludes synthetic oil and diesels. Cannot be combined with other offers.

SYNTHETIC OIL CHANGE

■ Any make, any model

\$59⁹⁵

Offer expires 01/31/12. Coupon has no cash value. Must present coupon at the time of service. Up to 6 quarts of synthetic oil. Excludes Diesels. Cannot be combined with other offers.

THE SPA TREATMENT

Mercedes Quality Complete Detail. For all your cars, not just your Benz!

- Complete Interior Detail
- Shampoo Carpets
- Hand Wash Exterior
- Hand Wax
- Engine Steam Clean

WAS \$239⁹⁵
Now 199⁰⁰

Offer expires 01/31/12. Coupon has no cash value. Must present coupon at the time of service. Cannot be combined with other offers.

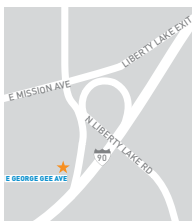
SERVICE DISCOUNT WITH FOOD DONATION

When you bring in any donation to the Valley Food Bank we will be extending a \$5⁰⁰ discount for any service or repair.

\$5⁰⁰ OFF

Offer expires 02/28/12. Cannot be combined with other offers.

Receive A Free Car Wash With ANY Service



Spokane Mercedes-Benz
Conveniently Located in Liberty Lake
[509] 455-9100

OR SHOP ONLINE AT SPOKANEMERCEDES.COM

*Price Plus sales tax, title and license. A documentary service fee up to \$150 may be added. The documentary service fee is a negotiable fee. All financing on approved credit. VIN numbers available at dealership. Expires 01/18/12



Mercedes-Benz